

Consultant Admiral Nurse service – Sport and Dementia

Information for families

Dementia UK is the specialist dementia nursing charity. Our nurses, known as Admiral Nurses, offer expert, compassionate support to families affected by all forms of dementia.

What is the Consultant Admiral Nurse service for Sport and Dementia?

The Consultant Admiral Nurse service for Sport and Dementia provides specialist support tailored to the needs of people with dementia who participate/have participated in sport, and their families and carers, using a range of approaches and clinical skills. It is led by Joe Costello, Consultant Admiral Nurse for Sport and Dementia, Dementia UK.

The service offers support including:

- clinical assessment
- advice on symptoms, behaviours, care and treatment
- support with managing roles and relationships
- emotional support
- support with transitions of care, eg hospital to home; home to care home
- signposting to other support services

Referral criteria

- The person has a confirmed, probable or suspected diagnosis of dementia
- The person participates or has participated in any form of sport – professionally, as an amateur or for leisure – during periods of their adult life
- The person and their family are experiencing complex needs eg changes in behaviour; changes in roles or relationships; challenges relating to the diagnosis or caring responsibilities; hallucinations; delusions; or personality changes
- There is no access to a local Admiral Nurse service

Appointments are offered by phone or video call.

“I found Joe so very understanding. He immediately grasped the fact I was grieving for a husband who wasn’t there anymore. He helped me understand some of the things my husband did, which to me were very hurtful and upsetting. He also made me feel that I counted too – I wasn’t ‘just a carer’, I was a person in my own right.”
– Family carer

Right: Joe Costello, Consultant Admiral Nurse for Sport and Dementia



How to access the Consultant Admiral Nurse service for Sport and Dementia

To find out whether you or the person you care for can be referred to this service, please contact Dementia UK's Helpline or book a phone or video appointment.



Contact the Helpline

Call: **0800 888 6678** (Monday-Friday 9am-9pm, Saturday and Sunday 9am-5pm, open every day except 25th December)
Email: helpline@dementiauk.org



Book a phone or video appointment

Visit: dementiauk.org/book



DementiaUK

Helping families face dementia



dementiauk.org

info@dementiauk.org

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