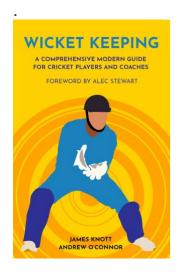
Whether a player or a coach, this is the ultimate guide to developing the skills required to make it as a top-level wicketkeeper



WICKET KEEPING

A Comprehensive Guide for Cricket Players and Coaches

By James Knott and Andrew O'Connor

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FORWARD BY ALEC STEWART

In the most comprehensive book on wicketkeeping on the market, James Knott and Andrew O'Connor provide detailed and easy-to-understand insights into all aspects of wicket keeping, whether you are a player or coach, and no matter your level.

With contributions from some of the game's great players and coaches, including Alan Knott, Jack Russell, Peter Moores and David Ripley, this invaluable guide includes over 65 training drills, a unique 'training on your own' section, and provides clear guidance for coaches who aren't wicketkeepers themselves.

Clear, insightful and easy to follow, this is an essential guide for improving your game or your coaching methods.

ABOUT THE AUTHORS

James Knott played professional cricket for eight years between 1994 - 2001 and is an ECB Level 3 coach. He is Head of Cricket and Assistant Director of Sport at Stowe School who have finished top of the schools cricket league twice and won the Schools Arch Trophy and National T20 semi-finalists twice since his appointment.

Andrew O'Connor is an ECB Level 3 coach and member of the Northamptonshire ECB Coach Education team. At Northants he has coached boys and girls in most age groups and is currently coach of the new U18s boy's squad, having coached the u17s Boys team during their ECB Championship three-day and one-day cup winning seasons of 2017 and 2019.



If you are interested in interviewing the authors or featuring the book please contact: Helen Mockridge, Freelance PR helenmockridgepr@gmail.com 07753 834 229 @ifottersread

FNDORSEMENTS for WICKET KEEPING

'This book will take you through step by step everything you require to be a top wicket keeper and coach in the amazing world of wicketkeeping'

- Kevin Innes, Academy Director, Northants CCC

'An excellent guide for wicketkeepers and coaches alike – full of key details across all aspects of a keeper's role and very easy to read'

- Richard Hudson, Managing Director, Buckinghamshire Cricket Board

'A proper insight into the life of the modern-day wicketkeeper. The mix of experienced review and coaching drills offers the reader a real opportunity to realise his/her potential in a number of ways'

- Jonny Cater, Oxfordshire CCC Captain

'Excellent . . . covers every aspect of wicketkeeping clearly and accurately'

- Callum Morin, wicketkeeper at Hadleigh Cricket Club

'A fantastically detailed & clear look into the art of wicketkeeping'

- Phil Arnold, Stowe 1st XI Cricket Coach