

BEYOND THE BOUNDARIES

.....
Issue no.18

JACK BANNISTER

Jack of all trades,
master of the lot



THE MAGAZINE
FOR PLAYERS
PAST & PRESENT

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GREENE KING



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FROM THE EDITOR

Welcome to a new season and the 18th issue of Beyond the Boundaries.

The winter has not been kind to the PCA with the death of Jack Bannister, one of the most influential figures in the history of the Association and the tragic losses of two of our younger

members, Matt Hobden and Tom Allin.

Jack served the PCA as Secretary, Chairman and President, and was one of the founder members of what was then known as the Cricketers' Association in 1967.

We interviewed Jack in 2011 when he was awarded a PCA Special Merit Award and the footage, which is available to view on the 'About Us' section of the PCA website, gives a fascinating insight into how different the organisation we have now is from the those early days when movement of players was restricted and some counties viewed the formation of a players' union with suspicion.

It is clear that every player who has played county cricket over the past 49 years owes Jack Bannister a huge debt of gratitude for his tireless efforts to improve pay and conditions, for helping to broker a peace between the cricketing establishment and World Series Cricket and much more which we will recount from his transcripts on the website over the coming months.

We will have the opportunity to acknowledge the work of Jack and his fellow visionaries during our 50th anniversary celebrations next year which will feature Big Bike Ride 3, in conjunction with the Tom Maynard Trust, and a full year of fund-raising.

We are asking all members to donate something to the PCA that can be auctioned during the year to raise money for the PCA Benevolent Fund.

That could be an item of memorabilia, providing a service that has a monetary value, agreeing to participate in one of our fund-raising events or simply something that belongs or relates to you individually. We're aiming to raise £250,000, so if we can raise £100 per member, we'll get there!

The deaths of Matt Hobden, the Sussex pace bowler shortly before he was due to embark on an England Performance Programme trip to South Africa, and Tom Allin, the former Warwickshire seam bowler, were particularly distressing given their youth.

They are among more than 20 members who have passed away since Beyond the Boundaries 17 was published and whose details can be found in the Obituaries section.

Our request for help in tracing members whose contact details we did not have reaped rich

dividends and we're now in contact with 500 more people, two of whom, are featured in this magazine.

Justin Bates, the former Sussex off-spinner, whose talent in visual effects has produced work that many of you will be familiar with on Sky Sports promotions and Reuben Herbert, the former Essex all-rounder, is now in contact after an absence of 35 years and he has recalled what life was like as a county cricketer in the 1970s.

Mental health and well-being education remains an important part of the PCA's work and this year we have commissioned a play written by James Graham-Brown, the former Kent and Derbyshire all-rounder, on the sad demise of Colin Milburn.

'When the Eye Has Gone' will be performed at county cricket clubs around the country in the autumn and we would encourage all PCA members to attend a performance to support the initiative, which has funding from the Arts Council and the PCA Benevolent Fund.

The Personal Development and Welfare section, again includes lots of practical information and suggestions, highlights current players pro active progression with personal development plans, and planning for life after cricket and features our six new Personal Development Scholarship Award winners.

Congratulations to Andrew Gale, Steven Crook, Richard Jones, Jonathon Webb, Amjad Khan and Shaaiq Choudhry on their success.

Tony Frost, the Warwickshire Second XI and batting coach, features in our Coaches' Corner, Richard Kettleborough talks about life as the world's top umpire and we have a fascinating insight into the work that our friends at the Rugby Players' Association do.

Finally, we are delighted to welcome David Leatherdale, the former Worcestershire all-rounder as our new Chief Executive and Andrew Flintoff as our new President.

David has been a PCA Member for 30 years and he is proud and honoured to be leading the Association as successor to Angus Porter, going into our Golden Jubilee year.

'Freddie' succeeds David Lloyd, who we thank for his commitment and becomes only the seventh President in our history.

The magazine just keeps getting bigger and we'd like that to continue, so please keep suggestions coming and we hope you have an enjoyable read. All the best for a good summer and look forward to seeing many of you around the country or at Cheltenham in July for our annual past players' day.

All the best

Jason

MEMBERS NEWS

WOOD WADES IN TO SUPPORT FLOOD APPEAL



PCA Personal Development manager Matthew Wood put on his wellies to help flood-stricken Lancashire club.

Matthew Wood, one of the PCA's team of Personal Development and Welfare Managers joined Lancashire players and staff including new captain Steven Croft, director of cricket Ashley Giles and former England wicketkeeper Warren Hegg in helping the Ramsbottom club recover from severe flooding on Boxing Day.

Ramsbottom's ground was submerged under several feet of water during the flood but Wood and the Lancashire contingent were among a

team of volunteers who gave up their time to help remove mud from the outfield and square of the Lancashire League club's ground.

Lancashire had already set up the Red Rose Flood Appeal to help other stricken clubs which quickly reached its target of £10,000.

"The lads jumped at the chance to do it, we all wanted to help. We have all come through clubs like this - and it beats a bit of running in pre-season training," Croft said.

NUTRIENT-RICH

Grant Hodnett, the former Gloucestershire batsman, has launched his own nutrition company.

Hodnett, who is now based in Manchester, qualified as a personal trainer with financial support from the PCA and made such an impression that one of his clients suggested that he should pass on his expertise by running his own company.

Grant Hodnett Nutrition has now been formed with James Taylor, Lauren Winfield and Lancashire's Arron Lilley already enlisted as brand ambassadors for a range of fitness supplements.

Hodnett's double garage has now been turned into a warehouse for the tubs and bottles that contain the supplements and is rightly proud at having established the business himself.

"You need to find a really clean and certified manufacturer for the supplements. Mine is based down in Cardiff they have 28 years of experience in terms of formulation and they do a lot of high end products that are available not just for professional sports people but those who want to use the gym," Hodnett said. "The powders start in liquid form and it's amazing to watch the process which turns it into powder."

"Packaging is very important, I have spent a lot of time making sure the products properly protected by having tubs which have a double safety seal."

"It's important to get the right information across in the image of the product and style of your labelling because there are a lot of products on the market that are over-loaded with information."

"Apart from help in setting up my website I have done everything myself. It can be daunting at first but, with my background in cricket, it has helped to open doors for me away from the game."

Hodnett, 33, continued his first-class career back in his native South Africa for Kwa-Zulu Natal but he now plays as a professional for Oldham-based Moorside in the Pennine League as well as working as personal trainer and running his expanding business which he hopes will soon include protein bars and pre-exercise shots.



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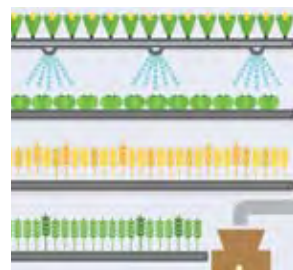
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STEPS TO RECOVERY

Andrew Roseberry, the former Leicestershire and Glamorgan batsman, has taken his first steps since he underwent surgery to remove a lesion from his spine thanks to the support of the PCA Benevolent Fund.

Roseberry, 44, was told that he might not walk again before he had a nine hour operation in December 2014 but after 13 weeks in hospital and a year of recuperation he is now able to walk short distances with the aid of two sticks.

The PCA Benevolent Fund, sponsored by Royal London, has funded additional physiotherapy to help Roseberry's recovery.

Roseberry is the latest former cricketer to receive support from the Benevolent Fund which assists players and their dependants who might be in need of a helping hand with medical advice, a much-needed operation or those who require specialist advice, care or assistance.

"The Benevolent Fund have been absolutely fantastic. One of the major helps has been the extra physiotherapy they have provided," Roseberry said.

"I go up to Sunderland twice a week through the NHS but the Benevolent Fund have helped out for extra physio and I am seeing a neurology specialist at Newcastle who has been fantastic. I see him once a week and he has seen massive improvements each time I have been.

"He works with the physios at the hospital and he teaches them so they are working together on my progress which is brilliant.

"It's nice to know that, in the Benevolent Fund, you have got someone there just a phone call away that will pretty much do anything for you."

Roseberry was initially treated for a knee problem when he suffered discomfort working as manager of the family-owned events centre in Durham and he underwent surgery to remove cartilage and ligament.

But the problem persisted and he twice collapsed at home while Alison, his partner for 10 years, was out at work.

He returned to hospital for further tests including a brain scan but was told that nothing untoward had been discovered. It was only when



Roseberry had an MRI scan on his back that the lesion, which impinged on his spine and affected his nerve endings, was discovered.

"The surgeon said it was like a compression. The problem was that usually in these cases they would have realised it was a lesion after a week or two but in my case they hadn't so it could have been there for months and months. That was the major concern," Roseberry said.

"When they said it was a lesion my first thought was: cancer. Everything goes through your mind and it took a few days for everything to sink in.

"Before I had the operation the surgeon said that it wasn't guaranteed that I would ever be able to walk. I had to sign a form at the hospital before the operation to cover that."

The operation was performed through the front of Roseberry's neck and he was then encased in a body cast to stabilise the spine before the long road to recovery began.

Roseberry initially required visits from carers three times a day for two months after he left hospital and still relies on Alison to help him to perform basic tasks around the house.

"She has been brilliant. Without her I wouldn't have been able to cope," Roseberry said. "I can make a coffee or a sandwich but I can't carry it to the table so I always need someone here.

"Being housebound has been really hard. When you are used to getting up early going to work, playing cricket or having an active lifestyle it is difficult to adjust. It has got me down at times but I have tried to battle through it."

"I have spoken to a number of people who have had problems with their spinal cord and a lot of them are in wheelchairs," he said.

"I've still got some way to go but the physiotherapy is helping me and having the support of the PCA Benevolent Fund has been brilliant."

SMITH'S PIRATE ADVENTURE

Greg Smith, the former Derbyshire and Essex all-rounder, has announced his retirement from first-class cricket to take up a new role as Director of Cricket Development and Head Coach of Cornish club Penzance.

Smith, 32, had hoped to extend his county career after he was released by Essex at the end of last season, but he has instead opted to retire to help Penzance develop an academy and strengthen their community links.

"I was still looking at finding another county but when this job came up I had a long chat with my family and it was something I couldn't turn down," Smith said.

"Penzance are a very ambitious club and this is an exciting opportunity for me. I hope that I can help them to unearth and develop young players and to work closely with the local community."

Smith paid tribute to the help he received from David Townsend, one of the PCA's six-strong team of Personal Development and Welfare Managers, in securing the Penzance job despite competition from 34 other credible candidates.

"Dave has been brilliant. He was looking at other things for me away from cricket including some business options in London which might have been interesting," Smith said.

When the Penzance job came up he told me it was a good package and encouraged me to apply. If it hadn't have been for Dave I probably wouldn't have been aware of the opportunity.

SCANDINAVIAN STYLE

Paul Hutchison, the former Yorkshire, Sussex and Middlesex left arm seamer, has been appointed Sweden's new head coach.

Hutchison, 38, has been working as a coaching consultant with Sweden for the past three years but has now taken responsibility for the national side in a part-time role which he will combine with his main job as managing director of kit manufacturer Romwear.

"My involvement with Sweden started when I did their clothing three years ago and it worked out cheaper for me to fly out with the stuff than to have it couriered there. When I got to Sweden they asked if I would help out with a bit of coaching," Hutchison said.

"They invited me back a few times and then asked if I would be interested in becoming head coach. It will involve me going out there around 10 to 12 times between now and an ICC tournament in Stockholm in August."

Cricket in Sweden is played mostly by expatriates but the Swedish Cricket Federation has around 2,500 players and 40 clubs.

There are a lot of players from Bangladesh, Pakistan and Afghanistan so there is a lot of potential. My job is to make them less unpredictable by improving the subtlety of their shot selection and consistency of their bowling.

"I don't think there is a single turf pitch in Sweden at the moment so, moving forwards, I'd like to see if there is funding available to get some turf pitches installed."



CLARKE PLANS FOR LIFE AFTER CRICKET

Warwickshire all-rounder **Rikki Clarke** has started planning for life after cricket having enjoyed two weeks of work experience with a land investment company in Dubai..

The 34 year-old former England international worked for Herald Land, where his father Bob is managing director, in the heart of Dubai's business district which gave Clarke a valuable insight into a potential future career.

"It was enjoyable but a bit of an eye-opener," Clarke said. "I was out of my comfort zone a hell of a lot, putting on a suit and tie and going into an office every day.

"All I have ever known from a young age is cricket, but it's about planning for the future. I have a wife and two kids. I have two years left on my contract and, if my fitness and performance hold up, I might be able to get another two years after that.

"But I will be 36 at the end of my current contract so I still have almost 30 years of my working life ahead of me.

"During the two weeks with Herald Land I shadowed departments, shadowed Dad, sat in a few meetings with clients and training sessions with some of the new guys just to get a general gist of things are and how they work.

"I guess the plan would be to go out for a bit longer

next winter and, as time goes on I will stay out longer and longer and hopefully to go out there and work full time and live out there when I have finished playing."

Clarke began planning for life after cricket after a session organised by the Professional Cricketers' Association's Personal Development and Welfare team with recruitment agency Add-Victor.

"I really started looking at personal development after Add-Victor came in to see us," Clarke said.

"I thought it was quite scary. Some cricketers have been to university and got degrees and done this done that. But all I had ever known was cricket. I was adamant when I was a youngster that I was going to play cricket and I was going to give everything to that.

"I didn't neglect the education side of things but it was a bit of an afterthought. So when Add-Victor came in said: if you want to go into this job you would need these qualifications and it would take about three years at university to get them, I wondered how on earth am I going to fit this in with my cricket?"

PCA TO STAGE PLAY ON COLIN MILBURN'S LIFE

The tragic decline of former England and Northamptonshire batsman Colin Milburn is to be turned into a play to help current players appreciate the importance of planning for life after cricket.

'When the Eye Has Gone' is a one man show that is being written by James Graham-Brown, the former Kent and Derbyshire all-rounder turned playwright, and being produced by Live Wire Theatre in association with the PCA.

"This is the next innovative step in our education and awareness of personal development and welfare, in particular mental health and wellbeing," said Jason Ratcliffe, Assistant Chief Executive of the PCA.

"It builds on a number of initiatives, notably the Mind Matters series, in recent years and builds on the Personal Development and Welfare Programme across the 18 first-class counties and MCC Young Cricketers.

"There have been too many tragic instances of ex-professional cricketers losing their way when their playing days are over. We hope that seeing 'When the Eye Has Gone' will help everyone involved in the game understand the issues behind these tragedies and focus attention on how to prevent them."

Graham-Brown, who writes under the name Dougie Blaxland, has written 32 plays, 13 of which have been published by New Theatre Publications, and 14 have been produced in professional theatre. But this is his first play about cricket and tells how Milburn struggled to cope with life without cricket

after his glittering career was ended when he lost his left eye in a car crash.

Milburn died in the obscurity of a pub car park in his native Durham aged 48 after he drifted into chronic alcoholism.

"I have written two plays about sport, one about football and the other called 'Hands

Up for Jonny Wilkinson's Right Boot' for the Rugby World Cup but someone asked why I hadn't written a play about cricket," Graham-Brown said.

"It got me thinking about what I would want to write about. As a member of the PCA and reading the book about depression that was sent to members and being aware of what has happened to some younger players, I thought there was a really big story to be told about the importance of preparing yourself both psychologically and in terms of resources for what happens when you no longer play cricket.

"Colin Milburn's story was a very public one, the loss of an eye, his comeback and then the decline when he finished playing.

"He fell apart, he had nothing behind him at all. He was 27 but the point is that in professional sport you don't have to drive off a road and lose an eye for your career to end. You can do your knee or do your back, so many players finish because of physical injuries, that's the nature of professional sport.

"A relatively high proportion just think it's not going to happen to them. For 'Ollie' Milburn the irony of his loss of an eye

was it happened just a few weeks as he had established himself as one of the most exciting players in the world.

"He had just scored 139 against Pakistan in incredible heat in Karachi when the rest of the side were falling apart.

"He had also taken Australia by storm playing for Western Australia, scored 243 against Queensland which Don Bradman described as the greatest innings played by an Englishman in Australia."

Graham-Brown's play, which will include commentary from the highlights of Milburn's playing career, will be set in a bar on the last day of Milburn's life.

All county cricket clubs have agreed to host a performance of 'When the Eye Has Gone' in their pavilion bar in the autumn – dates will appear on the website in April.

'When the Eye Has Gone' is the PCA's 2016 initiative to promote mental health and wellbeing and is part of the Mind Matters series. Further details at: <http://www.thepca.co.uk/health-and-wellbeing.html>



RECRUITMENT TASTER FOR COUNTY PLAYERS

Middlesex players James Harris and Ollie Rayner, Essex seamer Tom Moore and Sussex wicketkeeper Callum Jackson attended a successful PCA Taster Day in Recruitment in London designed to give professional cricketers a valuable insight into a possible future career in the industry.

The event was organised by David Townsend, the PCA Personal Development Manager for the South East, and Nick Makin, a former professional rugby player with the Newcastle Falcons and Cornish Pirates, who also played county Second XI cricket for Hampshire.

"Having an interest in an industry and actually getting a chance to work out if it is for you is a situation that most cricketers find themselves in during the off-season,"

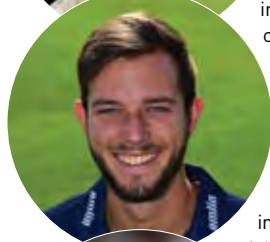
Townsend said. "For some the idea of work experience can sound enticing until the realities of a week spent photocopying or cleaning up a tired excel spread sheet become a reality.

"Nick moved into recruitment after he had experienced the highs of a career as a professional rugby union player. Like most players it was filled with a sense of trepidation, as he started off in an industry that he knew little about. He soon realised that the skills he had brought from sport would be crucial, however, as he found that the industry was like his previous career: the more effort you put in, the greater the rewards."

Makin was joined by colleagues, all of whom have an interest in sport, for the taster day which gave the county players a fascinating insight into the highs and lows of the recruitment industry and the attributes required to succeed in the corporate world.

"The exercise as a whole was very educational," said Rayner. "I'm still at the stage where I am looking at what options there might be after cricket and I knew very little about what working in recruitment

involved. One of the things that stood out was that you didn't necessarily need a specific qualification to work in this field. Many of the stories we heard involved people coming into the industry with little knowledge, but a strong work ethic, and this was the thing that had made them successful."



SUTTONS SHOW THEIR SUPPORT

Luke Sutton, the former Derbyshire and Lancashire wicketkeeper, and his wife Jude are organising a celebrity charity cricket match to raise money for the Juvenile Diabetes Research Foundation.

The Suttons' seven year-old twin daughters Amelie and Alvie both have type one diabetes and both wear permanent insulin pumps.

Jude, who used to work for Sky, now works as a fund-raiser for the JD RF in the North West and the cricket match between a JD RF XI and the Royal Household Cricket Club at Windsor Great Park on July 8 will support the charity.

Luke, who retired from playing in 2011, now runs Activate Management and hopes that some of his clients, who include James Anderson, James Taylor and Matt Prior, might be available to play in the charity match.

For sponsorship and hospitality details about the JD RF Charity Cricket Match email Jude Sutton at jsutton@jdrf.org.uk



BOON'S SRI LANKA KIT BAG

Tim Boon, the former Leicestershire batsman and coach, has been helping charities in Sri Lanka by delivering cricket kit and clothing collected from his local village in Leicestershire.



Tim Boon, now an England Development Programme coach based at Loughborough, has an association with Sri Lanka that goes back to 1982 when he had a spell playing club cricket on the island.

Boon has many friends in Sri Lanka and decided to organise the kit and clothing collection to help reciprocate the help and support he has received during more than 30 years of visiting the country.

"I have incredible memories that have helped shape who I am and 35 years later I have remained connected with friends in Sri Lanka," Boon said.

"The Sri Lanka people have such a good nature. They have very little financial wealth,

but a wealth of generosity and contentment.

"I wanted to help in some way so I contacted a couple of charities out there and then with the support of people in and around my local village in Leicestershire, we organised collection of kit and clothing which I took out to Sri Lanka.

"I chose the Temple at Waskadua and the area of Kalutera to make a very small difference in people's lives. Whether it be a container of goods or a game of cricket on the beach or in the schools with local kids.

"Ten minutes of inspiration can be the catalyst for dreams to be formed and a pathway to follow if we can find the time and make that connection."

PLANNING AHEAD

Adam Hollioake, the former England One Day and Surrey captain, has advised current players to make use of the PCA's Personal and Development Programme to plan for life outside of cricket.

Adam Hollioake, the former England One Day and Surrey captain, has advised current players to make use of the PCA's Personal and Development Programme to plan for life outside of cricket.

Adam Hollioake led Surrey to three County Championships and captained England to the Sharjah Cup in 1997.

When he retired from playing in 2004 Hollioake had built up a property portfolio which continued to grow.

But the business collapsed during the global property crash of the late noughties and Hollioake was declared bankrupt in Australia in 2010.

With no other income he took up professional boxing and cage fighting to pay the bills.

"All of a sudden from having all the money I needed and the accolades of being an England captain and everyone doing everything for me, there I was 40 years old, trying to look after my kids and not knowing how I was going to be able to pay my rent or

any bills that came in," Hollioake said.

Fighting made Hollioake appreciate how bad his situation had become but he is now working for a technology company and as a PCA Ambassador, using his experiences to help educate current players.

"Stepping into a cage and fighting another man is nothing compared to the fear of not being able to look after your family. For me that is the scariest thing I have ever been through," he said.

"It's been one hell of a ride and it's been pretty scary. I'd advise players to take advantage of the facilities and things which the PCA can offer you. Make sure you look after your pension. That saved my life and my sanity just about.

"I don't want people to come down my path. I don't want them to have to go and do what I have had to do. Hopefully I can help some people out and give them some advice to stay on top of their affairs."

View the full interview at <http://www.thepca.co.uk/7550.html>



DENLY GOES DRY FOR BENEVOLENT FUND

Joe Denly, the Kent and former England international batsman, is going dry this year to help raise money for the PCA Benevolent Fund and Cancer Research UK.

Denly is following the example of Durham seamer Chris Rushworth, who gave up alcohol for the whole of 2014, by not drinking for a year with the aim of raising a total of £3,000 which will be divided between the two charities.

"Chris did it a couple of years ago. He gave me the idea and I thought why not?" Denly said.

"I enjoy a challenge and this is going to be quite a challenge. But compared to what other people go through, in the big scheme of things, it's not that big a challenge."

There will certainly be challenges ahead for Denly as he celebrated his 30th birthday in



with our first child which is due in June so I have chosen a good year to do it, Denly said.

Denly chose Cancer Research UK as one of his charities as his mother, sister and an auntie have all suffered some form of cancer recently but all have recovered. To support, please go to www.justgiving.com/joe-denly1

March and is due to become a father for the first time in June, but he has so far stuck to his no-alcohol policy.

"I have got my 30th birthday coming up and my wife is pregnant

FIRST-CLASS GOODMAN

James Goodman, who played five first-class and three one day matches for Kent, has graduated from the London School of Economics with a first-class degree in Economic History.

Goodman, 25, received educational funding from the PCA which helped him with the costs of the course and he is now working in the City for Schroders Investment Management.

"The PCA were very helpful both in helping me with the application process when I finished with Kent and also with helping fund my course," Goodman said.

"The PCA funding help to pay for the travel from my parents' home in Sevenoaks into London and also for books in my second and third years.

"I did an internship with Schroders two years ago which went well and I they took me on when I finished at the LSE."



LEWIS AND JONES ON FORM

Former England all-rounder **Chris Lewis** emphasised the importance of young cricketers planning for the future when he spoke to first year professionals at the sixth annual PCA Rookie Camp at Edgbaston.

Lewis was one of the guest speakers at the day which was attended by 19 young players from across the country and he used his own experiences of being jailed for 13 years for smuggling liquid cocaine into England from St Lucia to get over a powerful message.

“It’s not the kind of story that you forget very easily. If it helps the young players here to think they need to plan otherwise they will end up like Chris Lewis then it’s job done,” Lewis said.

Lewis has committed to helping the PCA educate players about the importance for planning for life after cricket. His appearance at Rookie Camp was his first official cricket engagement since he was released from prison last June having served six years of his sentence.

“It has been a long time since I have been around cricket, a lot has happened since I last walked out of the door of a cricket ground so I suppose I wasn’t sure about the reaction I

would get,” Lewis said.

“There was a little bit of apprehension about talking about the subject matter which is quite emotive for a lot of people. “But I feel good about the day. I hope the young guys got a little bit from it. I have spoken to one or two of them and it seems to be something that will perhaps stick in their memory.”

Mervyn Westfield, the former Essex fast bowler who was jailed for his involvement in spot-fixing, also attended his third Rookie Camp as part of his commitment to educate players about anti-corruption.

Simon Jones, the former England paceman, took part in a question-and-answer session in which he also reinforced Lewis’ message of the importance of personal development for players.

Although Jones was an Ashes winner in 2005 his career was ended by injury and he left the game with no clear career plan. He is now doing some summarising for Sky television, working as a PCA Ambassador and is talking his Level Three coaching award.

“You can always find time for Personal Development, I just wish I had done it more,” Jones said. “Even if you are just networking and rubbing shoulders with business people who love the game, you are making those relationships already early on.”

Jones also praised the support he

had received from the PCA in handling the transition from playing to life outside of cricket.

“These lads now are wanting for nothing. The PCA are just an outstanding Association. They help you with advice on anything you need really. They are always at the end of a phone which is fantastic. They are leagues apart from where they are now to when I started,” he said.

“I think the reassuring thing is they are always at the end of a phone. These lads in the game today are not on their own there is always somebody there to help them.”

The PCA Rookie Camp also included sessions on contract negotiations and gambling awareness and was attended by Mike Fatkin and Matt Maynard of the Tom Maynard Trust, the sponsors of the event.

Players who attended PCA Rookie Camp were: **Matt Critchley**, **Will Davis**, **Harry White**, **Rob Hemmings** (Derbyshire), **Jack Burnham**, **Adam Hickey** (Durham), **Aaron Beard** (Essex), **Hugh Bernard** (Kent), **Toby Lester** (Lancashire), **Rob Sayer** (Leicestershire), **Nathan Sowter** (Middlesex), **Saif Zaib**, **Ben Sanderson** (Northamptonshire), **Matt Carter** (Nottinghamshire), **Adam Hose** (Somerset), **Stuart Whittingham** (Sussex), **Alex Mellor** (Warwickshire), **Ben Twohig**, **Josh Tongue** (Worcestershire).

CATCH UP WITH: JUSTIN BATES

Millions will have admired Sky's spectacular visual effects but few will know that one of the creative talents behind them is former Sussex off-spinner Justin Bates.

Bates, who played 21 first-class matches and eight one day between 1997 and 2000, has progressed from a freelance designer to Creative Director of Visual Effects at Sky. As Head of the Visual Effects department,

Bates now leads a large specialised team of artists and has been responsible for creating many of the high end visuals and designs for Sky's branding, entertainment, movies and sports channels.

Amongst an impressive CV of work that Bates has generated in a 14 year association with Sky are eye-catching graphics to promote their coverage of Premier League football, Ashes cricket, F1, and rugby.

Bates' success story begins with his decision to be released from contract by Sussex at the end of the 2000 season despite taking four five wicket hauls including nine in the match at Northampton in 1998.

"I went straight into cricket as most of us do. I didn't go to university, I went straight from doing A Levels to signing for Sussex," Bates said.

"I did computer science and fine art at A Levels and I had always done some graphic design work in my off seasons, print stuff and brochures mainly.

"When I finished with Sussex I didn't decide to try anywhere else. I love cricket but I was a bit disillusioned with it all at that time. Instead I went straight back to doing graphics by going freelance. I didn't have any clients though so I had to start from scratch."

Bates worked on a few projects for his



"THE FINAL RESULTS WERE FANTASTIC, THE CHAMPIONS LEAGUE SET WAS USED IN PRODUCTION FOR MANY YEARS AND IT WILL ALWAYS BE CLOSE TO ME, AS THAT IS WHERE IT ALL STARTED"

father's office furniture company and taught himself Computer Generated Imagery (CGI) which provided him with experience that was to prove crucial for the future.

"I used one of the CG software programmes that was around at the time, read the manual front to back and taught myself how to use it," he said.

"I then started doing architectural stuff for brochures. My dad was in the partitioning and office furniture business so I started trying to recreate full CG rooms so they didn't have to go and photograph them. That's how I taught myself to do 3D. It went from there really."

A contact put him in touch with Sky but he lacked a diverse portfolio of work to impress at his first interview. But Bates went away, produced a showreel and used that to get his foot in the door.

"Coming from a cricket background I'm pretty determined so I went home and created a mock-up of a NatWest cricket sponsorship sequence. Looking back, the animation would have been pretty basic but I wanted to prove that I could create and design motion graphics that would have been relevant to Sky Sports. I phoned Sky up and said: 'I have got some new work, can I come back in and show you?'" he said

"I went in showed them all the new animations plus my architectural images and they asked me to come in and do some work.

"They placed me in set design team because of the architectural work. That is where I started. I got my foot in the door working for Sky Sports on the set designs for their programmes.

"The first thing I designed at Sky was for one of their flagship football shows the Champions League. I built the set in 3D and showed them all the camera moves they could potentially achieve in the studio.

"It was the first time they had really seen a set designed and visualised in 3D so they could actually see what they were going to get. The final results were fantastic, that particular set was used in production for many years and it will always be close to me as that is where it all started for me in the broadcast industry."

Bates spent 10 years as a freelancer, during which time he designed and crafted the opening titles sequences for Sky Sports flagship Premier League football coverage. He has now been on the staff based at their Isleworth headquarters for almost four years.

View Justin Bates' Showreel at
<https://vimeo.com/35885062>

SAXELBY WOULD SWAP INSURANCE PAYMENT FOR LONGER CAREER

Former Gloucestershire seamer Ian Saxelby would happily swap the £60,000 lump sum payment insurance he has just received for the early end to his cricket career for another 10 years in the game.

Saxelby was forced to retire at the age of 25 in June 2014 by a knee injury that he sustained playing against Surrey two months earlier and he is now working for Lockton, a leading firm of insurance brokers, in their Chepstow office.

Saxelby was wise enough to ensure that he had covered himself for the eventuality of a career-ending injury by taking out a permanent disablement insurance policy through the PCA and his claim has just been settled by the insurers.

A cheque for £60,000, the highest amount that can be paid for a 25 year old player under the policy, has just been paid to Saxelby.

The payment will make life a little more comfortable for Saxelby and his wife Gemma as they settle into a new house and prepare for the birth of a child in two months' time but will not

adequately compensate

Saxelby for the loss of his cricket career.

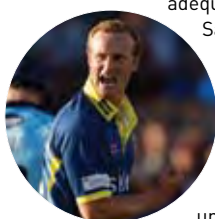
"I know other players who have put in for this claim and been unsuccessful so in

that respect I see myself as being relatively lucky," Saxelby said.

"On the same hand, I have been extremely unlucky with the injuries I sustained throughout my career. If I was able to give it all back and be able to play again I would jump at the chance to be able to play until I am 35.

"I don't see the lump sum as a replacement for the game. It's just there and it allows me to build a future going forward."

Details of PCA insurance cover can be found at: <http://www.thepca.co.uk/insurance-pca.htm>



PROUD AMISS HONoured BY THE SECOND CITY

Dennis Amiss' outstanding contribution to cricket for more than half a century has been recognised with a place in Birmingham's Walk of Stars.

The Walk of Stars on the pavement of Broad Street in Amiss' home city honours people from the world of entertainment, sport, business and literature who have made a recognisable impact in their specialist category and be either from Birmingham or the Midlands or have prominent links with the area.

Amiss was born and bred in Birmingham, made his second team debut for Warwickshire in 1958, his first team debut two years later and went on to score more than 43,000 runs, including 102 centuries, in 658 first-class matches before he retired in 1987.

He played in 50 Tests and 18 One Day Internationals for England between 1966 and 1977 and later served as an England selector.

After he retired from playing, Amiss joined Warwickshire's committee and continued to

serve the club as chief executive from 1994 until he retired in 2005. He was then elected deputy chairman of the England and Wales Cricket Board until he retired in 2014.

Amiss has joined the Walk of Stars along with Ann Haydon Jones, the Birmingham-based Wimbledon tennis champion of 1969.

Their stars are alongside those of other notable Brummies including Ozzy Osbourne, Jasper Carrott, Noddy Holder, Murray Walker, Julie Walters, Frank Skinner, Lenny Henry, Joan Armatrading, Chris Tarrant. Roy Wood, Trevor Francis, Ian Lavender and The Archers radio soap.

"I'm a proud Brummie. We love the city. Whenever we have moved house we have not moved very far. We have lived around Edgbaston most of our lives and we are still very close to the cricket ground," Amiss said.

DAVID LEATHERDALE



A New Hope

THE PCA'S NEW CHIEF EXECUTIVE **DAVID LEATHERDALE** TALKS ABOUT HIS NEW ROLE. PAUL BOLTON ASKS THE QUESTIONS.

Q. CONGRATULATIONS ON YOUR APPOINTMENT. HOW DID IT COME ABOUT?

It goes back to last September when Angus Porter announced he would be retiring. I wasn't actually looking to leave Worcestershire but to have the chance to work for and support an organisation that is very much in my blood and which supported me for 20 years as a player was not something I could turn down.

I played for Worcestershire for 20 years and worked for the club in a non-cricket capacity for a further 10 years. This is an opportunity to work for the whole game. Hopefully some of my expertise and cricket knowledge and the skills that I have developed over the last ten years at commercial level will stand me in good stead.

The interview process began in November which meant trips to London, three interviews, presentations and a very thorough recruitment process.

I was offered the job the week before Christmas and telling Steve Taylor,

the chairman at Worcestershire, on Christmas Eve that I would be leaving wasn't the most pleasant thing I have had to do.

But Worcestershire were very supportive and there have been some very nice comments from board members and other people at the club about the progress that has been made over the last 10 years. Hopefully I can bring some of that expertise into the PCA.

Q. THESE ARE EARLY DAYS BUT WHAT ARE YOUR FIRST IMPRESSIONS OF THE PCA?

My first PCA event was the Rookie Camp at Edgbaston which I thought was exceptional. There was nothing like that when I joined Worcestershire 30 years ago and I think it's a fantastic move forward.

The first year professionals had the opportunity to listen and learn from Mervyn Westfield and Chris Lewis about the mistakes they made but the session with Paul Buck, a compulsive gambler who also went to prison, was engrossing.

Issues such as match fixing and gambling were not on the radar when I started my county career.

Q. WHAT WAS THE PCA LIKE WHEN YOU FIRST BECAME A MEMBER?

We used to have an AGM which was usually at Edgbaston and everyone attended because it was planned around a lunch or a dinner.

There were a couple of events which revolved around Hawkestone Park Golf Club in Shropshire which is where the PCA offices were in those days.

But did we have a pension scheme? No we didn't. The clubs had a pension set-up but it was a non-contributory scheme so it was very much down to the individual county as to whether they made any contributions or not.

Was there anti-corruption education? Was there anything to help and support players with gambling? No, all those things have progressed over the last ten years, but particularly over the last five years.

There was a Benevolent Fund but the numbers were far less than they are now. Players' salaries were much lower in the late 1980s – I remember my first salary was £3,000 and half of that went on rent – and we were on six month contracts so we had to find other work in the winter months, something that probably helped me recognise that while playing cricket as a living was great, there was a life outside that as well.

Players are now on year-round contracts and the PCA, through the team of Personal Development and Welfare Managers, does an outstanding job in helping players to plan for life after cricket.



DAVID LEATHERDALE

So the Association has moved on enormously since I first became a member and that is through the hard work and dedication of the staff, some of whom have worked for the organisation for a long time.

Q. WHAT JOBS DID YOU DO DURING THE WINTER MONTHS WHEN YOU WERE PLAYING?

I did many different things. Like many youngsters I had a couple of winters playing abroad when I first joined the staff.

After that I worked in a metalwork yard, for the city council, before working in Worcestershire's commercial department after the club advertised a role for a player, seven players applied and I got the job.

I worked for Radio Wyvern on their charity Snowball appeal which raised £36,000 in the first year and just short of £100,000 in the second year.

I did some work for Goodform, a CRM company that the PCA still use, worked as commercial manager for Crusader Sport and Leisure, who were kit suppliers for five counties at one stage, and for an accountancy firm in Halesowen for a year.

I was never going to be an accountant because there were 21 year-olds there who were getting three months off to study while I was combining the job with cricket. It would have probably taken me 10 years to get qualified. But going out and doing audits gave me an understanding of the numbers and figures which came in useful when I worked for Crusader and then went into the commercial department at Worcestershire and has been vital in my role as CEO at New Road.

It's important that players put themselves out there and do other things. They might not always find the job that they want to do in 20 or 30 years' time but they will probably find out things that they don't want to do and also find out a great deal about themselves. It also makes you appreciate how lucky you are to be a professional cricketer no matter how long you are one for.

Q. IF YOU HADN'T BEEN A CRICKETER WHAT WOULD YOU HAVE DONE?

I got offered a place at Newcastle University to study geography and geology. Cricket was not fully on the radar at that time and we had spent a lot of time on holiday in the



Lake District where we used to go caravanning and walking. I had this vision that after university I would go and work for the Forestry Commission in the Lake District.

But I played cricket for Yorkshire Schools and was batsman of the Festival at Oxford when I was 17. Yorkshire then asked me to sign registration forms but they wouldn't commit to offering me a couple of second team matches.

At that time Steve Rhodes and Richard Illingworth, who were from Bradford, had joined Worcestershire and it was Richard's dad, Keith, who suggested that I write to them for a trial.

I played one second team match for them in 1985 against Leicestershire at Ombersley and I played half of the 1986 season while I was finishing my A Levels before I was offered my first contract. I used to catch the 6am train from Leeds on a Monday morning, got into Worcester at about 9am and was then picked up and driven to wherever we were playing. On Friday evening I would catch the train back to Leeds and play in the Bradford League on a Saturday.

Q. YOU SAY THE PCA HAS CHANGED SIGNIFICANTLY SINCE YOU SIGNED YOUR FIRST CONTRACT, WHAT SHAPE DO YOU THINK IT IS IN?

I think it is in pretty good nick. Angus came in five years ago at a difficult time, a similar base to where I was at Worcester. The club was going through quite a transition and the PCA



NEW ROAD WAS LEATHERDALE'S HOME GROUND FOR 30 YEARS, 20 OF THEM AS A PLAYER


was going through a transitional period.

Financially it's in a sound place. The feeling is it's in a very good position, the question is how does it go from good to the next level?

We also have to be aware of the big items that are going to be drop on our doorstep and there is no doubt that domestic structure is a major issue but there are many other issues facing today's new group of young cricketers as well as many of our past cricketers too who are a major part of the work the PCA does.

Q. WHAT ARE THE CHALLENGES WITH DOMESTIC STRUCTURE?

The game across the world is changing very quickly. When you see 81,000 people watching a domestic game at the MCG it's difficult to argue with that.

A photograph of David Leatherdale, a middle-aged man with grey hair, wearing a dark suit jacket over a light blue button-down shirt. He is standing and gesturing with his hands while speaking. The background is slightly blurred, showing an indoor setting.

In England it's a different set up and a different structure but there is a great deal of talk with regards change for the 2017 season and beyond.

It's important that the voice of the players is heard when it comes to decisions that might affect players, not just next year but in the next five to 10 years.

It's important that the PCA interacts with players across all age groups. Naturally, senior players may have stronger views because they have been involved in the game longer. Younger players who are new to professional cricket might not feel they have that knowledge so the role of the PCA is to make sure they are fully aware of all matters that affect their future.

Q. IS THE FACT THAT YOU ALREADY SIT ON THE ECB CRICKET COMMITTEE AN ADVANTAGE?

I hope so. I have been on the cricket committee for more than four years and I have been part of the new helmet safety protocols and many rules and regulation changes.

I know Colin Graves and Tom Harrison, who I played Second XI cricket with at Worcestershire and he was ECB commercial manager when I was Worcestershire's commercial manager.

Hopefully I can make those relationships work and make sure that we are at the right table when decisions are made and that players are very much part of that process and any decisions made are for the good of the game as a whole.

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OBITUARIES

IAN PHILLIPS

Ian Phillips, who played for Northamptonshire between 1938 and 1939 and was their last surviving pre-Second World War player, has died at the age of 95.

He had little success during his short county career as a middle or lower order batsman, but did appear against Somerset in Northamptonshire's final match before the outbreak of war.

He played wartime matches while studying at Oxford University - including an appearance for a Northamptonshire XI against Leicestershire - and when active service took him to India he made his final first-class appearance for the Europeans against the Parsees.

PETER WIGHT

The former Somerset batsman and long-serving umpire, has died aged 85. Wight, whose brother Leslie played one Test for the West Indies, appeared in one match for his native British Guiana in the 1950-51 season.

He travelled to England by cargo boat in 1951 to study engineering but impressed playing for Burnley, and then on trial with Somerset.

He made his Somerset debut against the Australians in 1953 and followed a first innings duck with a second innings century that secured his first contract.

The following summer Wight passed 1,000 first-class runs for the first of 10 consecutive seasons, including his maiden County Championship century against Worcestershire. He passed 2,000 runs in 1960 and 1962.

By the time he was released at the end of the 1965 season, he had scored 16,965 runs for Somerset, a figure bettered only by Harold Gimblett. His first-class career yielded 17,773 runs with 28 centuries, the highest being 222 against Kent at Taunton in 1959.

After retiring he ran a cricket school in Bath, built with money from his benefit year. He joined the first-class umpires list in 1966 and stood in more than 500 first-class matches - and no one since World War Two took part in more first-class matches as a player or umpire.

TOM ALLIN

The former Warwickshire seamer has died suddenly in his native Devon aged 28. The son of former Glamorgan slow left-armers Tony Allin, he spent six seasons on the staff at Edgbaston, initially while studying at university in Cardiff.

He made his senior debut in a one-day match against Surrey in 2011 and his first-class debut in a Championship match against Middlesex two years later.

Released by Warwickshire at the end of the 2013 season, he returned to Devon where he played for North Devon club at Instow.

ROBIN BILBIE

The former Nottinghamshire middle-order batsman, who made 14 first-class appearances between 1960 and 1963, has died in York aged 73.

He topped and tailed his career with a highest score of 39 against Hampshire in his maiden innings and one of 37 against Oxford University in his last one, but reached 30 only twice more in his 27 innings.

Bilbie was released by Nottinghamshire at the end of the 1963 season having struggled to translate some useful innings in second team cricket into consistent performances at first-class level.

FREDDIE GOODWIN

The former Lancashire seamer, better known as a footballer and manager, has died at his home in America aged 82.

Goodwin played 11 matches for Lancashire between 1955 and 1956 in which he took 27 wickets, including a five-wicket haul against Middlesex at Lord's.

His availability was limited by his football commitments. As a Busby Babe he helped Manchester United win the League in 1956 and 1957 and appeared in the 1958 FA Cup Final. He managed Scunthorpe, Brighton and Birmingham.

MATT HOBDEN

The Sussex pace bowler, who was tipped for a very bright future in the game, has died suddenly at the age of 22.

A former Eastbourne College student, he was due to travel to South Africa early in the New Year as a member of the Potential England Performance Squad.

Hobden first made his mark for Cardiff MCCU, for whom he took both of his five-wicket hauls in first-class cricket - including a best of 5-62 against Warwickshire at Edgbaston in April 2012.

Hobden's victims in only his second first-class appearance included Ian Westwood, Darren Maddy, Tim Ambrose and Rikki Clarke in Warwickshire's first innings.

He made his one-day debut for Sussex in 2013 against Nottinghamshire at Trent Bridge and his County Championship debut a year later, also against Nottinghamshire, at Hove.

Hobden became more of a regular in Sussex's first-team in 2015, playing in 10 of their County Championship matches in which he took 23 wickets with a best of 4-48 in the victory over Warwickshire at Hove in May.

Hobden took 48 wickets in 18 first-class matches during his career and one in his three one-day appearances for Sussex. He made one Twenty20 appearance in 2014.



GRAHAM ATKINSON

The former Somerset and Lancashire opening batsman, has died aged 77. Born and raised in Yorkshire, he was recommended to Somerset by Johnny Lawrence and made his first-class debut for them against Pakistan in 1954. His County Championship debut came a few days later.

He made his maiden century for Combined Services, 164 against Warwickshire at Taunton in 1958, while doing his national service in the RAF, and prospered when he re-joined Somerset in 1958, making five centuries the following year. In 1961 he became the youngest Somerset batsman to score 2,000 runs in a County Championship season.

He also topped 2,000 in 1962 - and 1,000 runs in each of the next five seasons - but left Somerset in 1966 after he was overlooked for the captaincy and offered only a one-year contract. He played three more seasons with Lancashire.

In his 271 matches for Somerset, Atkinson scored almost 14,500 runs at an average of 32.08 and was highly regarded for his fine technique on uncovered pitches. In all he played in 347 first-class matches and scored 17,654 runs, including 27 centuries.

He returned to Somerset in his later years and lived near Bath. He was a regular attendee at Somerset former player functions.

COLIN HILTON

The former Lancashire and Essex fast-bowler has died, aged 78 after a short illness. Born and raised in Atherton, his performances in the league attracted Lancashire's attention and he made his debut for them against Cambridge University in 1957.

Hilton took 94 wickets in 1962, and also topped 50 wickets in 1961 and 1964, the latter being his only season with Essex. In total he took 321 wickets in 115 first-class matches - including eight five-wicket hauls.



TOM GRAVENEY

Tom Graveney, the former England, Gloucestershire and Worcestershire player who was one of the most elegant batsmen of his era and has a place in the ICC's Hall of Fame, has died aged 88.

Tom Graveney's death came just nine days after that of his elder brother Ken, who was also a former Gloucestershire captain.

Tom, who was born in Northumberland but raised in Bristol, scored 11 centuries in 79 Tests and captained his country against Australia at Headingley in 1968. He served as President of the MCC and Worcestershire and worked as a television commentator after retiring as a player.

Graveney made his debut for Gloucestershire in 1948 and captained them in 1959 and 1960 before moving to Worcestershire, where he had to complete a qualification period before playing his new county.

He made his Test debut against South Africa in 1951 and toured Australia three times, topping England's batting averages in the 1954-55 Ashes series.

His highest first-class score of 258 - one of seven double centuries - came against the West Indies at Trent Bridge in 1958.

His Test career ended suddenly and controversially. He had committed himself to appearing in one of his benefit matches on the rest day of the first Test against the West Indies in 1969 and faced two balls at the start of the match. That was enough to bring disciplinary action. Graveney was suspended for three Tests but was not selected by England again.

He continued to score heavily in domestic cricket for Worcestershire and made his 100th first-class century for them in 1964.

Graveney, whose nephew David also captained Gloucestershire, retired from county cricket in 1970 but continued to play in Australia for Queensland where he also coached. His last first-class appearance came for Queensland in 1971. In all, he scored 47,793 runs, including 122 centuries, in 732 first-class matches. He scored a further 1,147 runs in 45 one-day matches.

He captained Worcestershire from 1968 to 1970 and was awarded a benefit in 1969. His services to cricket were recognised with the award of an OBE in 1968.

OBITUARIES



KEN GRAVENEY

The former captain, chairman and president of Gloucestershire has died in Texas aged 90.

Graveney played 111 first-class matches between 1947 and 1964 as a lower order left-handed batsman and an effective right-arm out swing bowler.

He played three matches in 1947, only one in 1948 but made his breakthrough in 1949 when he took 59 wickets – his best return – and played 21 matches. Graveney took four of his six five-wicket hauls in 1949 including all 10 against Derbyshire at a cost of just 66, the second-best figures in Gloucestershire's history.

He retired from first-class cricket at the end of the 1951 season because of a back problem. However, he played a few second team matches in 1962 and was appointed Gloucestershire captain in 1963 following the resignation of Tom Pugh.

He retired for the second time after the 1964 season but continued to serve Gloucestershire as a committee member, chairman and then president.

Graveney's younger brother Tom and son David both played for and captained Gloucestershire. It was on Ken's recommendation that Gloucestershire signed Tom, who went on to become one of England's most stylish batsmen of the 1950s and 1960s.

FRED LUCAS

The former Kent middle-order batsman, better known as a professional footballer with Charlton Athletic, has died in Woolwich aged 81.

Lucas made 185 appearances as a wing half for Charlton between 1955 and 1964 before moving to Crystal Palace.

Although awarded his Second XI cap by Kent in 1951, his only first-class appearances came three years later. He made 38 in his debut against Essex at Ilford and he also figured in a defeat by Derbyshire at Chesterfield a month later.

ERIC MARTIN

The former Nottinghamshire top-order batsman, who scored 4,086 runs between 1949 and 1959, has died aged 90.

He made 24 half-centuries and three centuries with a best of 133 against Leicestershire at Trent Bridge in 1959.

Martin's most successful season was 1954, when he made 977 runs and was awarded his county cap. He was a first-team regular until 1956 but played only 17 more first-class matches in his last three seasons.

JIM PLEASS

The last surviving member of Glamorgan's 1948 County Championship-winning side has died aged 92. He played in 15 matches that summer, including the victory over Hampshire that secured their first title.

An effective middle-order batsman and athletic fielder he scored 4,293 runs in 253 innings and became the first Glamorgan batsman to make a century on Yorkshire soil in 1955. After retiring he remained involved as a committee member and was a key figure in the formation of Glamorgan Former Players' Association.



MARTIN CROWE

Martin Crowe, the former New Zealand and Somerset batsman, has died in Auckland aged 53 after a long battle against lymphoma.

Crowe, one of the finest batsmen produced by New Zealand, made almost 5,500 runs in 77 Test appearances between 1981 and 1996.

Crowe came from a cricketing family. His father Dave played domestic first-class cricket in New Zealand and his elder brother Jeff played alongside him in the New Zealand team.

Crowe impressed on New Zealand's tour to England in 1983 and was signed by Somerset for the following season as a replacement for Viv Richards who was touring with the West Indies.

Crowe scored almost 4,000 runs in 48 first-class matches for Somerset between 1984 and 1988 with the highest of his 14 centuries for them, 206 not out, coming against Warwickshire at Edgbaston in 1987.

He scored heavily for New Zealand – 17 Test centuries and four more in one day internationals – and in domestic cricket and ended his career with 71 first-class centuries in 247 matches and 11 more in one day cricket.

MEL RYAN

The former Yorkshire fast-bowler, who often shared the new ball with Fred Trueman, has died aged 82.

Ryan made 150 first-class appearances for Yorkshire between 1954 and 1965 and was a hard-working bowler who helped them to win the County Championship four times during his career.

Huddersfield-born, he took 413 wickets during his career including two 10-wicket match hauls and five wickets in an innings on 12 occasions with a best return for 7-45 against Warwickshire at Edgbaston in 1958.

BRIAN TURNER

The former Yorkshire seam-bowler has died aged 77.

He had match figures of 3-17 from 20 overs in his first-class debut against the South Africans in 1960 and his second and final first-class appearance came against Gloucestershire the following summer.

Turner worked as senior lecturer and head of mechanical science at Rotherham Technical College but continued to play as a professional in the leagues and took more than 1,100 wickets for Golcar in the Huddersfield League.

FRANK TYSON

Frank Tyson, the former Northamptonshire and England fast-bowler, has died in Australia aged 85.

He played only 17 Tests in a five-year England career but took 76 wickets - including 28 in the 1954-55 Ashes series.

His figures of 7- 27 in the second innings at Melbourne have only been bettered by England bowlers in Ashes Tests by Jim Laker and Stuart Broad.

Born and raised in Lancashire, Tyson was educated at Durham University. He played for the Army while on National Service then followed another Lancastrian, Keith Andrew, to Northamptonshire and made his debut for his adopted county against the Indians in 1952.

He bowled with the pace that was to earn him the nickname 'Typhoon Tyson' in the tour match against the 1953 Australians, and made his Test debut in a defeat by Pakistan at The Oval the following summer.

Tyson spearheaded England's attack in Australia the following winter where he took 10 wickets in the match in the second Test in Sydney, after he had been struck on the head by a Ray Lindwall delivery while batting.

Tyson's Test-best figures followed at Melbourne and England won the Ashes at Adelaide. He played only 11 more Tests after that series, just four of them in England.

He retired from first-class cricket in 1960 at the age of just 30 and after a season playing for Todmorden in the Lancashire League, emigrated to Australia. He taught at a school in Melbourne, did television commentary and coached.

Tyson played 161 County Championship matches for Northamptonshire and took 509 wickets at an average of a shade over 20. The best of his 34 five-wicket hauls was eight for 60 against Surrey in 1957, a season in which he took 101 wickets.



TOM PUGH

The Eton-educated former Gloucestershire batsman, who succeeded Tom Graveney as captain, has died aged 79.

He made 80 first-class appearances, and scored 2,469 runs, 1,011 of them coming in the 1960 season which included his only century, 137 against Derbyshire when he shared a second wicket stand of 256 with Graveney.

Pugh's first season as captain was restricted to 14 appearances as he broke his jaw ducking into a delivery from Northamptonshire's David Larter and was given out lbw.

ROY RALPH

The former Essex swing bowler, a mainstay of their attack during the 1950s, has died a month short of his 95th birthday.

He was 33 when he made his first-class debut, but certainly made up for lost time, taking 460 wickets in 174 first-class matches between 1953 and 1961.

He was also a handy lower-order batsman, scoring more than 3,700 runs in his career with nine half centuries.

At the time of his death, Ralph was Essex's oldest surviving capped player.

YAWAR SAEED

The former Somerset seamer has died in his native Pakistan aged 80. Born in Lahore before the partition of India, he was the son of Mian Mohammad Saeed, who captained Pakistan in their first unofficial Tests.

Saeed played 59 first-class matches between 1953 and 1959, all but nine of them for Somerset. He made his debut in 1953 and took 76 wickets over the next two seasons.

Saeed later became a cricket administrator in Pakistan, serving as a Test selector and also as team manager of the national side.

VIJAY SARATHY

The former Warwickshire off-spinner, who had a season on the Edgbaston staff in the early Sixties and played for their Second XI from 1959-68, has died after a short illness.

Sarathy lived in the shadows of Edgbaston and led opposition to the erection of floodlights and the more recent £32 million pavilion development. He did, however, retain links by attending Warwickshire Old County Cricketers' Association functions.



JACK BANNISTER WAS PRESENTED WITH THE PCA SPECIAL MERIT AWARD AT HOME IN WALES IN 2011

JACK BANNISTER

Jack Bannister, whose outstanding service to the PCA earned him a Special Merit Award in 2011, died recently at the age of 85.

The former Warwickshire seam-bowler attended the inaugural PCA meeting at the Cricketers' Club in London in 1967 and went on to serve the Association as secretary for 20 years, then as chairman and president.

After retiring as a player he became a bookmaker, a business that was taken over by his daughter when his broadcasting career blossomed.

As well as being cricket correspondent of the Birmingham Post for many years he commentated for BBC radio and television, worked as a broadcaster in South Africa where he had coached, and more recently worked for Talksport.

Jason Ratcliffe, Assistant Chief Executive of the PCA said that every cricketer owed Bannister a huge debt of gratitude because he was one of the pioneers responsible for laying the foundations for the PCA as it is today.

Although born in Wolverhampton he was raised in Birmingham, living close to Edgbaston and attending King Edward VI, Five Ways School. He played Second XI cricket in 1949 and made his first-team debut against Glamorgan at Swansea in August 1950.

Bannister was part of the County Championship-winning squad of 1951, although he did not play until the title had already been won.

He went on to appear in 374 first-class matches, taking 1,198 wickets with 53 five-wicket hauls.

His best figures of 10-41 were taken against the Combined Services and he took 9-35 against Yorkshire at Bramall Lane in 1955 where only the wicket of Brian Close, bowled by Roly Thompson, eluded him.

Bannister played in two Gillette Cup finals, a defeat by Sussex in 1964 and a victory over Worcestershire two years later, and made his final first-team appearance against Sussex in the first season of the Sunday League in 1969.



est.1967

The countdown has begun to a year of celebrations and fund-raising for the Professional Cricketers' Association. Next year will mark the 50th anniversary of the Association which was developed from humble beginnings by a group of visionaries which included the late Jack Bannister to an organisation that has led the way in Personal Development and Welfare, mental health awareness, setting up a confidential helpline and extensive education programmes for anti-corruption and gambling addiction in sport.

To mark the PCA's Golden Jubilee we will be embarking on two major fund-raising initiatives to raise money for the PCA Benevolent Fund.

We will again partner the Tom Maynard Trust in Big Bike Ride 3 which will be another epic journey during October, this time covering the Midlands and north, central and south Wales.

"We will be asking each member to pledge one thing to us. It could be a precious piece of memorabilia, a commitment to give up time to play in a golf tournament, or event, or a service

50 YEARS OF PLAYER SUPPORT

that we can auction online throughout the year,” said Jason Ratcliffe, the PCA Assistant Chief Executive.

“We have a lot of past players who have established successful businesses but there are also current players who are developing new skills away from cricket – barbering, plumbing and plastering courses for example – through our Personal Development programme who can offer services that would be attractive to bidders.

“We have set ourselves a goal of raising £250,000 from our 50th anniversary year to support the outstanding work that the Benevolent Fund does in supporting PCA members and their families in their hour of need.

“The auction is something that all PCA Members can be involved in and it crosses the generations from the pioneers who established the PCA in 1967 to first year rookies on county staffs.”

Although the online auction will not go live until 1 January 2017, we are already collecting items of memorabilia and pledges. If you have items or services that you would like to donate to support the PCA Benevolent Fund please contact Ali Prosser at aprosser@thepca.co.uk

We will also be compiling an online history of the PCA to complete the work that Jack Bannister started before his death earlier this year.

Jack was one of the driving forces behind the formation of the PCA when he was still playing for Warwickshire and he served the Association as Chairman, Secretary and President during almost 30 years of distinguished service.

Bannister was actually elected as the PCA first Treasurer but he stepped up to Chairman before the start of the 1968 season after Northamptonshire objected to their captain Roger Prideaux, who has been elected as Chairman, being involved in the new union.

Fred Rumsey, the former Somerset, Worcestershire and Derbyshire pace bowler, convened the first meeting of the PCA which was held in the Daily Express offices in Fleet Street and was attended by Jimmy Hill and Cliff Lloyd of the Professional



JIMMY HILL AND CLIFF LLOYD MEET THE PCA FOUNDING FATHERS

Footballers' Association.

In those days the main concerns for the PCA were restraint of trade – players who were contested registrations had to complete a two year qualification period before they could play competitive cricket for another county – and the minimum wage.

The PCA played a leading role in brokering peace between the cricket establishment and Kerry Packer's World Series Cricket in the late 1970s, a dispute that had split cricket in two.

It was during Richard Bevan's time as Chief Executive during the late 1990s and early 2000s that the PCA was transformed into the organisation it is today with the

creation of PCA Management Ltd in 1997, the launch of Team England Player Partnerships in 1999 and a key role in the formation of FICA – the representative body for international cricketers.

“Slowly and slowly it developed into something which, when I left the PCA it in the late eighties, was still on the brink of something. Richard Bevan then came and joined and from then on it just exploded until now. It's terrific,” Bannister said.

The growth in revenues has allowed the PCA to fund a team of six Personal Development and Welfare Managers, three of whom recently completed ten years' of service, across the country and to invest more money into the

50 YEARS OF PLAYER SUPPORT



PCA Benevolent Fund.

“The PCA Benevolent Fund is one of the biggest differences between my time in the PCA and now,” Bannister said.

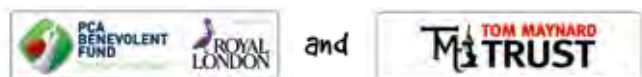
“The more money it can raise from various functions the better. There are a lot of players in many sports who once they finish things tend to go sideways because they don’t realise at the time that they have had a fairly sheltered existence in their twenties and thirties. So the bigger the Benevolent Fund can get, the better.”

The PCA has come a long way since the days of Bannister and Rumsey, but there is still much work to be done but we cannot do it without the support of our members.



LEFT FRED RUMSEY WAS RESPONSIBLE TO ORGANISING THE VERY FIRST PCA MEETING IN 1968; RICHARD BEVAN WAS AN INFLUENTIAL FIGURE DURING HIS TIME AS THE ASSOCIATION’S CHIEF EXECUTIVE

FUNDRAISING



WE'RE BACK ON THE ROAD 6-10 OCTOBER 2017

Big Bike Ride 1 was conceived in 2013 with 80 cyclists riding a mere 450 miles from Durham to London, culminating in a grand entrance to Lord's Cricket Ground. It was supported by many current or past players in the saddle, including Jos Buttler, Andrew Flintoff and Darren Gough. They took on the 25,000 feet of climbing alongside corporate our guests.

In 2015, due to BBR1's, huge success, we did it again, this time from Truro to the Kia Oval, home of Surrey CCC. We traversed a similar distance and climb, engaging with many local communities along the way via local clubs for our drinks and food stop offs. Again we took 80 intrepid corporates, general members of the public, high profile professional county and international cricketers and the odd celebrity.

All in all, we've now raised over £350,000 for our good causes, but we don't want to stop here.

In October 2017 we're going to do it all again as part of the PCA's 50th Birthday celebrations and as what is likely to be the TMT's last major fund-raiser, cycling from Edgbaston, Birmingham and into Snowdonia before finishing in Cardiff for a Gala Dinner on 10th October.

We know we'll have the support of similar folk and many have already pledged their support, to take up the challenge again and now we're looking for riders and sponsors to share the experience and to make it a bumper third ride in every way!

BBR3 will be a real challenge but full of camaraderie and fun so if you are interested in taking part in the ride or becoming a sponsorship partner please contact Ali Prosser aprosser@thepca.co.uk



THE OVAL TO TURN BLUE AGAIN FOR CRICKET UNITED

The PCA Benevolent Fund will once again join forces with the Lord's Taverners and Chance to Shine to host Cricket United, the biggest cricket charity day in the UK in 2016.

August 13 is the day when the Kia Oval will turn blue for the third day of the fourth Investec Test between England and Pakistan as thousands of pounds will be raised for the Benevolent Fund.

The annual event is proving to be a significant day in the cricketing calendar, especially for awareness of the three charities as the UK's media supports the concept to help spread the word and raise funds.

Cricket United is set to enter its fourth year on the back of a record breaking campaign where £170,000

was raised between the Lord's Taverners, Chance to Shine and PCA Benevolent Fund which takes the total income to over £270,000 in the opening three years.

Fundraising through Cricket United now happens all year round with various initiatives and we can confirm player portraits will be back this summer.

Over £21,000 was raised through the drawings last year as the 2015 Ashes squad were tasked with drawing the 2005 team and vice versa. The sketches provided a great talking point amongst media and supporters which was headlined by Andrew Flintoff's doodle of Joe Root which sold for an incredible £8,000 on eBay. The 2016 theme is celebrities so keep your eyes peeled for news on them



THE NO.1 PLAYERS DETECTIVE AGENCY!

Thanks to some clever detective work by members the PCA's contacts list of past and current players has increased by almost 500.

The last issue of *Beyond the Boundaries* included a list of members whose details we were keen to trace and thanks to all who helped us make contact with a large number of those.

Among the former players we are back in touch with is Reuben Herbert, an all-rounder who played for Essex from 1975 to 1981, who is now running a sports clothing business in Rotherham.

"John Lever got in contact with me via someone we both know and told me that the PCA were trying to contact me and he asked if I could send off my details to Alison Prosser, the Member Services Manager at the Edgbaston office," Herbert said.

"She contacted me in return and then I joined up on the Facebook group and I am now in regular communication with the PCA.

"When I played I hardly knew that the PCA existed. Now it's much more hands-on and I would imagine that most current players are aware of the organisation and the excellent support it offers them through its various services.

"I am keen to help the PCA in any way that I can and if I can offer some practical advice to any of the current players who are thinking of starting up a business then I am more than happy to do so."

Other members we have renewed contact with include Justin Bates, the former Sussex off-spinner, whose successful post-cricket career in visual effects is featured elsewhere in this magazine.

"We have been delighted with the response to our plea for help in tracking down members

whose contact details we did not have," said Jason Ratcliffe, PCA Assistant Chief Executive.

"Many thanks to all those members who have helped us to reduce the list that was distributed with the last *Beyond The Boundaries*.

"There is still a sizeable list of members we would like to trace ahead of our 50th anniversary next year and any help with their contact details would be appreciated.

"Could we also remind members to keep us updated of any change of postal or email address or telephone number, so that we can continue to keep you informed of member services, events and benefits."

The annual PCA Past Players' Day will be held at Cheltenham College on July 14 during the Gloucestershire v Essex County Championship match and is an ideal opportunity for former players from across the generations to catch up and share memories in a relaxed environment.

Bookings for the PCA Past Players' Day and notification of changes to contact details should be made to Alison Prosser at aprosser@thepca.co.uk



PCA ASSISTANT CHIEF EXECUTIVE JASON RATCLIFFE LEADS THE SEARCH FROM THE EDGBASTON OFFICE; OLD FRIENDS RE-UNITE AT CHELTENHAM



Flintoff heads PCA as new President

ANDREW FLINTOFF, THE FORMER ENGLAND CAPTAIN
AND LANCASHIRE ALL-ROUNDER, HAS BEEN ELECTED
THE NEW PRESIDENT OF THE PCA.

PCA PRESIDENT

STAR PERFORMER

**ANDREW FLINTOFF PLAYED
IN TWO ASHES-WINNING
SERIES, WAS WISDEN
CRICKETER OF THE YEAR IN
2005 AND ICC PLAYER OF THE
YEAR IN 2006, AND BBC
SPORTS PERSONALITY
OF THE YEAR
IN 2005**



PCA PRESIDENT

Andrew Flintoff was elected at the PCA's annual general meeting, held at Edgbaston Golf Club in Birmingham, and succeeds his fellow Lancastrian David Lloyd in becoming only the seventh President in the Association's history.

His presidency will include the PCA's 50th anniversary celebrations next year which will include a number of high profile events.

"This is a huge honour, especially as it will be the Golden Jubilee of the PCA in 2017," Flintoff said.

"I have been a PCA member for more than 20 years now and it is an organisation that I am proud to be involved in.

"The Association has carried out pioneering work on mental health and wellbeing for past and present players through the Mind Matters series and the PCA Benevolent Fund does outstanding work in looking after players, past and current, and their dependants who fall on hard times.

"We have a small but dedicated team of professional staff who I look forward to working closely with during my time as President."

Jason Ratcliffe, PCA Assistant Chief Executive, said: "Fred has always offered his help freely down the years, so it's fantastic that he will take up this prestigious honorary role. He has transcended cricket since finishing, and as the last terrestrial cricketer hero, he has earned respect and universal popularity. We're all looking forward to having him on-board especially over our 50th anniversary"

Flintoff joins a very exclusive club as only John Arlott, Jack Bannister, Mike Gatting, Sir Ian Botham, Chris Broad and Lloyd have previously held the PCA's highest office.

Arlott served as President for the first 23 years of the PCA's existence but the term of office for the Presidency is now two years.

Flintoff has already become one of the PCA's Mental Health Ambassadors, continuing his commitment to raising awareness of mental health in sport which began in a 2009 documentary 'Freddie and Depression'.

The PCA used aspects of the programme, in the formation of its own core, online mental health awareness programme, 'Mind Matters' and in 2012 Flintoff addressed the PCA's third annual Rookie camp.

"This subject isn't a new subject for me, and

**"I'M
DELIGHTED TO
HAND OVER THE
REINS TO FREDDIE
WHO I KNOW WILL BE
AS THRILLED AS I
WAS TO BECOME
PCA PRESIDENT"**

DAVID LLOYD

again, I'm delighted to offer my support to the PCA's push to help educate and raise awareness in this area," Flintoff said.

"I feel they are really leading the way on this subject, probably since Marcus Trescothick opened to his difficulties in 2006.

I want to help carry on this momentum and ensure that we help as many people as possible,"

Flintoff, 38, played 79 Tests, 141 One Day Internationals and seven T20 Internationals between 1998 and 2009, playing in two Ashes-winning series in 2005 and 2009.

He was Wisden Cricketer of the Year in 2005 and ICC Player of the year in 2006, and BBC Sports Personality of The year in 2005.

Since retiring from playing, Flintoff's broadcasting career has taken off both in the UK and Australia. Working as a television commentator and presenter on Channel Ten in Australia for The Big Bash and The Project.

Now in its eleventh series Freddie is captain of the BAFTA winning 'A League Of Their Own' along with authoring and presenting numerous documentaries for Sky One and BBC.



OUTGOING PRESIDENT
DAVID LLOYD, ALL IN
IN BLUE FOR CRICKET
UNITED DAY 2015





IAN THOMAS

Clubs:
**Glamorgan,
Gloucestershire,
Somerset**
07920 575 578
ithomas@thepca.co.uk

It is a privilege and honour to be able to support player's development and welfare as a regional PDM. Helping cricketers plan their futures will always come down to individual motivation and timings. Research from past and present players as well as coaches, shows planning for your future whilst playing, brings holistic and performance benefits. Making better people and players with individual development plans is down to players coming with an open mind-set as well as myself bringing challenge, mentoring and direction. I'm extremely grateful to the clubs in my region, who have all helped create healthy development cultures for their players.



LYNSEY WILLIAMS

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Worcestershire**
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lwilliams@thepca.co.uk

It is a pleasure working with talented individuals, and a real privilege to guide and support players to develop wider life interests, gain new skills and experiences and develop themselves as people alongside their cricket. Having interests and a focus away from cricket can aid performance and is often invaluable when the time comes to forge a new career. Transitioning through and beyond cricket we know can be challenging and so supporting individuals through difficult periods and helping them to realise their full potential on and off the field is key and something I am very passionate about.

IAN THOMAS

THE SEASON NEVER TAKES LONG TO COME BACK AROUND DOES IT?

Around the counties it seems that once one season is over another is ready to begin and with preparations for 2016 beginning for most as early as November the anticipation of getting under away has no doubt been building all winter.

Every player who pulls on the whites this month will do so having ticked all their physical, technical and mental boxes to ensure that they give themselves the best possible chance of achieving their on field goals.

But it's also been fantastic to see so many players turning an eye to their off field ambitions through the winter months as well. Our Personal Development Managers have been delighted by the amount of players pro-actively looking to develop themselves away from the game and the numerous and varied workshops we have run around the country have been well received with players benefiting from sessions including: Drink Awareness, Cookery, DIY, Pension Advice, Media Training, Property Investment, Gambling Awareness, Public Speaking and Finance.

The take up has covered the full age range of players on the circuit while for those entering the professional ranks our fifth Rookie Camp was again a successful day filled with invaluable lessons and thought provoking topics.

Chris Lewis and Graeme Fowler have spoken candidly around the counties at pre-season meetings about their experiences of the perils and pitfalls that can beset players when they leave the game and the need for preparation and self awareness.

It's been a good winter that will no doubt lead to an even better summer. I hope everyone has a good one!

lan



MATT WOOD

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Yorkshire**
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mwood@thepca.co.uk

The PDW programme is designed to ensure that professional cricketers get the support and opportunity to maximise both their playing careers and life after sport. It is important that whilst developing skills to become an elite sports person, you develop a plan for the future and gain a healthy perspective on life. Professional sport is challenging and there is a collective responsibility to look out for the people who play it. The players know we are there to help.



CHARLIE MULRAIRIE

Clubs:
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Leicestershire,
Northamptonshire**
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cmulrairie@thepca.co.uk

Deciding on the right time to invest in your personal development is an individual choice. Arguably starting sooner rather than later does allow time to build up a range of skills and experiences that can be valuable whilst playing and beyond. The opportunities for players to do this are considerable: courses and contacts via the PDWs, club sponsors as well as local colleges and distance learning. It is great to see coaches encouraging their squads to act on this and integrating a broad range of workshops into their winter programmes.



NICK DENNING

Clubs:
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MCC YCs, Surrey,
Sussex**
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ndenning@thepca.co.uk

Life as a cricketer can be great. Following the sun around the world and being paid to play a game we love is an enviable task. However life as an ex-cricketer can be a lonely and challenging place without the right planning and thought. I am passionate about helping players discover what it is that will get them out of bed in the morning once their playing days are over. Personal development is key to a happy life after cricket and I would encourage everyone to use the PDW program to its fullest.



DAVID TOWNSEND

Clubs:
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Kent,
Middlesex**
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dtownsend@thepca.co.uk

For me the personal development side of a cricketer's career is important in terms of giving them peace of mind off the field. Even though it is crucial to have a strong focus on your cricket, there will be times throughout the year when you can start piecing together a plan that will equip you with the skills and contacts to make an easier transition from the game into the working world. The earlier you start this process, the better options you will have.

TRYING YOUR HAND

SIX PLAYERS UPDATE US ON WHAT THEY HAVE BEEN DOING DURING A BUSY WINTER OF PERSONAL DEVELOPMENT ACTIVITY.



FREDDIE COLEMAN

Warwickshire CCC

A first winter in four years at Warwickshire has enabled me to complete a degree in English Literature and media/culture at Oxford Brookes University where I achieved a 2:1. In conjunction with both training and studying I developed my network and interest in stockbroking/wealth management.

Earlier in the year I spent an informative day with Rathbones, one of the UK's leading providers of investment management services for individuals, charities and professional advisers. In order to further my own understanding and commence a qualification process I am starting an online Investment Management Certificate course this spring.



TIM GROENEWALD

Somerset CCC

I'm currently half way through the final year of a honours degree in business studies with Derby University online, it's been challenging with a young family and currently training abroad but equally rewarding each time a module is ticked off knowing I'm that step closer to a qualification, it also gives me something to focus on away from cricket which at times can be quite refreshing (I do wish I hadn't left it this late but better late than never)! This will give me a good grounding for going in to business after cricket or teaching/lecturing in business.

I've also completed my level 3 cricket coaching certificate, I'd love to get into coaching and felt this was a must whilst I'm still playing.

I've had a lot of brilliant help and advice from my NPDM who I've used more of later in my career and funding from the PCA towards these courses which is a massive help!



ALEX LEES

Yorkshire CCC

When I realised that I was going to be spending the winter at home I decided I was going to make it count and start creating opportunities that will help me over the coming years. I chose to go and work shadow local businesses and as a result was invited to do some speaking engagements on the topic of elite sport and leadership, this took me out of my comfort zone and I found I enjoyed doing it. I am also interested in property development and added to my buy to let portfolio which I am keen to grow and learn more trade skills in the future. I would also like to work in business in the future and maybe run my own company. As a result I have started an online HND in Business Management after Christmas with the intention of improving my knowledge and allowing me to gain a deeper understanding in this field.

WHAT I DID THIS WINTER



DAVID MURPHY

Northamptonshire CCC

Following some varied work experience in the winter of 2014/15, at the beginning of July I decided to pursue a career as a solicitor and began applying for training contracts. Following some interviews I was fortunate enough to get an offer from a firm called Howes Percival.

This meant the 2015/16 winter has been one like no other! In January I begun a part-time Graduate Diploma in Law at BPP University Waterloo, so next winter I will be continuing that (if I manage to pass four exams in August!) It will involve, from late October, one day a week of four tutorials in Criminal, Equity and Trusts, EU, and Land Law. Alongside this I will be expected to listen to online lectures in each every week, as well as plenty of reading and work before the tutorial. At times it's been fairly difficult to fit in, but I feel quite driven to achieve my goals after cricket, and this has certainly made me more motivated than during previous studies.



OLLIE RAYNER

Middlesex CCC

During the winter months, in and amongst the games of golf, end of season dinners and winter training, we have had plenty of down time. For many this is a welcome break after a long and gruelling season... It is, however, a good time to make the most of non-cricket related opportunities and the PCA encourage cricketers to try and expand their horizons and think about life if "God forbid" cricket was no longer an option.

This winter I've been making the most of Dave Townsend and the PCA's resources in looking at potential jobs and financial security for the afterlife!

Firstly I attended a special ECB Level 2 coaching course for the pros which was condensed into a week. The course was a great chance to work with guys from other counties, including Chris Woakes and Monty Panesar.

Along with this we had opportunities to go into the city, and through Dave's contacts we managed to line up a day in four different areas of recruitment. Much of this seemed to be a lifestyle I could get used to, but parts were pretty ruthless and I'm not sure my wife would appreciate the hours and me rolling in from the 'business' lunches too much!



AJMAL SHAHZAD

Sussex CCC

Around a year ago I decided that I wanted to have another focus/goal whilst still playing cricket. Accountancy became that focus and since early 2015 I feel I have 'successfully' balanced both professional sporting commitments and studies.

I enrolled onto an Accountancy course with Kaplan Home Learning. This progression of courses would allow me to complete the AAT Accountancy programmes to Level 4 and the more complex ICAEW Accountancy examinations which in around 3-5 years will make me a fully qualified Chartered Accountant.

In November I was asked to speak at an open evening with accountancy firm KPMG for potential candidates who are making the transition from college/school and looking for options out in the 'real world' once they have finished university. This was a great eye opener for me and I shared my experiences within sport and professional organisations. Through doing this, I have been able to arrange work experience and speak to individuals at the top of their profession and ask them about their journey.

Throughout my 12 years in sport at the highest level, I have gained invaluable experiences within professional organisations and gathered skills that at first I thought I did not have. It is these skills that give you a head-start when forging a pathway for future careers.

WORLD'S BEST

WHAT DOES IT TAKE TO BECOME THE WORLD'S BEST UMPIRE? FORMER YORKSHIRE AND MIDDLESEX BATSMAN **RICHARD KETTLEBOROUGH** CHARTS HIS RISE TO THE TOP.

My career in umpiring goes back to a chat I had with John Hampshire back in October 1999. I had just finished with Middlesex and although I was in discussions with another county I wasn't sure whether to continue playing or look at something else.

It was John who sowed the seed about umpiring so I did my ACU&S exams - two written papers and an oral exam - that winter.

I owe a lot to Bernie Jarvis, who was an instructor in the Bassettlaw & District, for helping me. I used to go round to his house a couple of hours a week and we would go through the laws which helped me pass my exams.

As a player you have very little idea about the laws of cricket so studying them was a real eye opener and it made me realise how much I needed to learn if I was going to make a career in umpiring.

At that stage I hadn't umpired any cricket but Yorkshire and Steve Oldham were very good in allowing me to stand in a lot of their academy and second team matches in 2000 and 2001.

I played league cricket for Sheffield Collegiate as a pro at weekends but I got important experience umpiring in

those Yorkshire matches midweek and at the end of 2001 I applied to go on the ECB reserve list and I got on the following season.

I had four years on the reserve list because there were no retirements for three years then Richard Illingworth, Rob Bailey, Neil Bainton and myself all got on the full list at the end of 2005.

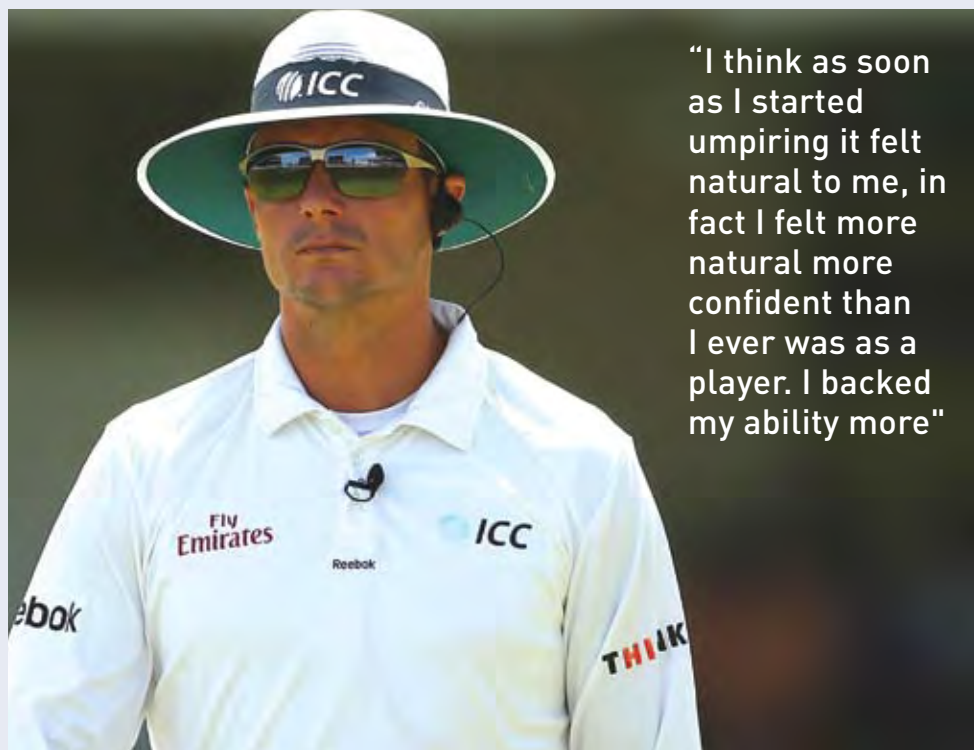
When you are on the reserve list there is no job security. There is no contract, you are appointed on a year-by-year basis and you are under pressure to perform every day, just as you are on the full list.

But those four years on the reserve list gave me a fantastic grounding. Apart from standing in county second team matches where you are the senior umpire you also umpire in tourist and university matches where you stand with umpires on the full panel.

People like David Shepherd, Merv Kitchen, John Holder, John Hampshire, Alan Whitehead and Barrie Leadbeater were very supportive and helped me to understand what was required to be a first-class umpire.

I think as soon as I started umpiring it felt natural to me, in fact I felt more natural more confident than I ever was as a player. I backed my ability more.

The biggest challenge I found in my first two years on the full list was coping with the schedule. The county season is a hard grind both mentally and physically. Not only do you have to adapt from four day to one day or T20 cricket, but there is a lot of driving across the country.



"I think as soon as I started umpiring it felt natural to me, in fact I felt more natural more confident than I ever was as a player. I backed my ability more"



In those first couple of years I found I was mentally tired by the end of July or early August which are the months at the business end of the season.

The higher you go as an umpire, the more scrutiny there is but the most pressure I feel is what I put on myself to perform day in and day out. That hasn't changed from when I first started on the reserve list

Obviously, from time to time you will get a decision wrong, but that is just the nature of the job. Thankfully over time my stats since I joined the ICC elite panel suggest that I have a very high percentage of correct decisions.

Umpiring in county cricket is excellent preparation for international cricket because the volume of cricket played here means that we get plenty of experience and practice.

Even though I was relatively young when I was appointed to the elite panel in 2011 I had a lot of experience behind me - well over 100 first-class games, more than 100 List A games and a big number of T20 games as well.

Getting on the elite panel is an eye opener and it presents a number of challenges. You are umpiring at the top level, the world is watching, the DRS system is in place and there are 40-odd television cameras at every match.

But the biggest challenge is being away from the family for long periods. I have two children, Millie aged seven and Jack who is five and I have probably only been around for half of their lives.

I'm fortunate that my wife, Lucy, is very supportive but having to leave the family for a month or so at a time is the toughest part of the job.

But I would recommend umpiring to any player who is thinking about going into it. As John Hampshire told me almost 17 years ago, it keeps you involved in cricket and the financial rewards have got better since I first came on to the list.

Quite rightly so because the lads on the list work damned hard. It's harder than people who haven't umpired might imagine but, as David Constant told me when I started out, if are not mentally tired at the end of a day then you are not doing the job properly.

ECB UMPIRES' MANAGER CHRIS KELLY DISCUSSES ROOTS PLAYERS CAN FOLLOW INTO AN UMPIRING CAREER.



WHAT IT TAKES TO BECOME AN UMPIRE

During the 2015 domestic cricket season all 2486 days of cricket were officiated by a panel of 25 Full List and a Reserve List of eight umpires. The matches range from pre-season friendlies to Test matches and from County U15 Finals to One Day International matches. With a volume of playing conditions to accompany them and the observation and awareness skills akin to a hawk the demands on them makes it one of the most challenging officiating roles in any professional sport. It is not surprising that sense of achievement on the completion of a successful day's work is the most satisfying feeling other than playing itself.

All Full List umpires are employed by ECB on full employment contracts with a basic salary in the region of 50K and the benefits associated with most private sector employees.

With the experience that can be gained with the volume, intensity and high standard of cricket available to them in the summer there exist opportunities for them to be able to progress to officiate the major domestic matches and beyond. Among the current ranks of the ECB Full List umpires there are four members on the ICC Elite Panel of Umpires - Richard Kettleborough, Richard Illingworth, Nigel Llong and Ian Gould and they have all been supported by our members of the International Panel - Tim Robinson, Rob Bailey and Michael Gough.

All of the above named officials regularly stand in Test matches and One Day Internationals and Richard Kettleborough has been voted ICC Umpire of the Year for the last three years (2013 - 2015). The progress that these officials have made over the last few years illustrates the opportunities that exist for officials and that further >

CAREER FOCUS



Umpiring as a professional requires a strong sense of fairness, developed powers of concentration and the ability to manage people effectively in a highly competitive environment.

honours are available within the game beyond playing.

The Reserve and Full List umpires are supported by ECB with annual fitness and health screening and continual professional development programmes. It is my role as Umpires' Manager to provide them with relevant information and tools to allow the development of the umpires to maintain pace with a continually evolving game.

It doesn't go unnoticed that the Full List of umpires looks like a roll call of former first class players to the extent that the impression is created that it is a prerequisite. It would be true to say that no one will become a good umpire as a result of playing but having played does enhance the opportunity to be a successful

umpire. The knowledge of the game and being comfortable within the first class environment does provide distinct advantages in the role. It is no coincidence that the following former players David Shepherd, David Constant, John Hampshire, Peter Willey and Neil Mallender have all been able to convert their successful playing careers into equally successful umpiring careers. If anybody is considering umpiring as an option it would be worth discussing it with any of the current officials for more detailed information on the role.

Umpiring at the top level, just like playing elite cricket, is highly competitive and with a finite number of positions available at any one time new umpires with the skills and aspirations to get to the top may need to be patient. They may also need to find employment/ income from other work to financially support themselves alongside their training, qualifications and match experience as earnings below the Full List are dependent on how many games you umpire and at what level e.g. 2nd XI umpires earn £75 a day and Reserve List umpires earn around £200 a day.

Over the last couple of winters

ECB has arranged for some education programmes for any former players. Anyone with ambitions to umpire will need to attend a programme and attain a qualification demonstrating a good understanding of the Laws of the game and the application of them from an official's perspective. This can be achieved at any time and some current players look to complete this stage while still playing which keeps their options open when the time comes to stop playing. Before being invited to be part of the Reserve List all umpires will be required to have a reasonable number of matches under their belt of the appropriate standard and their progression will be led by the level of their performances.

Umpiring as a profession requires a strong sense of fairness, developed powers of concentration and the ability to manage people effectively in a highly competitive environment. The challenges are huge but this is balanced by the sense of achievement once those challenges have been met.

For further information on Umpiring contact the ECB Umpires' Manager Chris Kelly on 0207432 1170 or email chris.kelly@ecb.co.uk

1 MY FIRST STEPS NAPIER SET TO BOW OUT

It is often said that a sportsman's career rarely has a fairytale ending. For most this is true. Injury or a loss of contract can often be the harsh reality for those hoping for the thrill of lifting a cup at Lord's or scorching a century in their final match. A player's exit into the real world of jobs and a mortgage can be equally as traumatic. Finishing their cricketing journey at the peak of their playing and earning power, is usually replaced by a stark dose of reality as their life journey begins at a much lower level in the corporate world or searching for an income.

Graham Napier has had all of these thoughts. The Essex all-rounder who made his first-class debut in 1997, and has been part of the county scene for close to 20 years, has decided to move on from the game at the end of the 2016 season, to focus on a career in cricket coaching at the Royal Hospital School in Ipswich.

The decision wasn't easy: "I had been thinking about this for a while, but had been waiting for the right opportunity to arise. With the commitment required to play at your best these days and the standards demanded through fitness and training, I realised the time was right and that made the decision easier", Napier said "I consulted with a few people who had retired and moved on and got their thoughts. That part was crucial in terms of helping me make the decision".

In a career that has spanned over 400 First Class wickets and 5000 runs, Napier made a conscious decision five years ago to start taking control of his future: "At that stage I started approaching companies and sponsors I had met, with a view towards getting some experience with them and finding out a bit about the real world! The thing about leaving the game is working out what you have a passion for. The hardest bit is finding out what you don't want to do. You have probably got to have a go at ten different things that you don't like to find the thing

that's right for you."

Initially Napier thought that he wanted to move away from cricket and shunned the idea of coaching. It was only when he took part in the ECB Level 3 Course that he suddenly realised that his outlook had changed: "In many ways I wish that I had done the Level 3 sooner. It really changed my outlook on the game and I think that what I learned would have helped me as a player. I was so focussed on cricket in my peak years that I didn't think of anything else. It's important that you are focussed, but a distraction away from the game would definitely help."

Napier started to do a little bit of coaching at school level and found it rewarding. The fun in seeing the smiles on the kids' faces made him think that this could be the career for him after all. The Royal Hospital School also saw something that they liked and approached him about taking on the Director of Cricket role at the school. It was an easy decision: "Don Topley (former Essex player and father of Reece), has done a brilliant job at the school over the past 23 years and has laid some great groundwork which I will look to build on. It has been tough over the last three to four years worrying about what the future holds, but now I'm settled and looking forward to moving on to the next phase of my life."

And any advice for cricketers starting out in the game? "The PCA have always been there in the background reminding you that cricket doesn't last forever and have been a great support, but at the end of the day you have to help yourself. Personal Development Managers can offer you support and help create contacts but you must do it for yourself. That is the key."

As he enters his final year on the circuit, Graham Napier has a chance to say goodbye to the game that has been so good to him for nearly two decades. He will be a man with his mind at peace.



I think that what I learned would have helped me as a player. I was so focussed on cricket in my peak years that I didn't think of anything else. It's important that you are focussed, but a distraction away from the game would definitely help"



KEEP YOUR EYE ON THE BALL

ALCOHOL AWARENESS WORKSHOP

THE LONG-TERM EFFECTS OF ALCOHOL ARE OFTEN CITED IN THE PRESS AND FOR GOOD REASON, ALCOHOL IS CAPABLE OF DAMAGING NEARLY EVERY ORGAN AND SYSTEM IN THE BODY.

The list of illnesses associated with alcohol consumption are wide ranging from liver disease, to the increased risk of numerous cancers and heart disease. A recent reduction in the Government intake guidelines has to been seen to reflect the growing evidence about the link between alcohol and health harms.

As professional cricketers' general awareness of issues such as alcohol consumption is likely to be above the norm and stats seen may be simply dismissed as not relevant to the sporting population. Hence, when I was approached by Charlie Mulraine, PCA Development Manager, to deliver an alcohol awareness session to the counties, I knew I needed to ensure the messages were relevant, practical and appropriate. As a Nutrition and Performance Coach, alcohol is

a topic I discuss daily in so many different contexts, it's important that these multi-faceted health issues are understood but more importantly conveyed in an entertaining, inspiring and creative way.

Keep your eye on the ball, is a two-hour interactive workshop designed specifically for the PCA and has so far been successfully delivered in three counties (Leicestershire, Derbyshire and Glamorgan) with some great feedback from players and coaching staff. The objective is to increase awareness about how alcohol may effect sports performance, our health and to highlight some of the lesser understood and more immediate effects of alcohol, such as anxiety, reduced metabolism, diminished muscle building, impaired recovery, disrupted sleep and low immunity. Not to mention

SOME GREAT APPS FOR IOS AND ANDROID:

www.Drinkaware.com
general awareness, facts and unit calculator.
www.morning-after.org.uk
it calculates how long it takes for alcohol to pass through the body.

the fact it is making us fat - did you know that a single pint of cider contained almost as much sugar as the World Health Organisation (WHO) recommends should be an average person's daily limit. In addition to debunk some of the myths about drinking too!

The session is action based, including activities such as pouring drinks to understand different units, beer goggles, a quiz and reflection on how this awareness can influence our actions. Even for the non-drinkers the session has proved a hit, enabling the players to be more mindful when out with others drinking alcohol and increasing awareness within their own family and friend groups.

It definitely isn't a lecture to say do NOT drink alcohol, but instead as role models and ambitious young men - the intention is to equip you with the awareness and the facts so you can make a more informed choice!

Want to know more get in touch Colette@optimumliving.co.uk and ensure you attend the session at your club coming soon.

INSPIRATION AT YOUR FINGERTIPS

PDM CHARLIE MULRAINE
INVESTIGATES THE ALLURE
OF THE TED TALKS.

When you need a bit of inspiration where do you turn for it? Your Twitter feed? Your WhatsApp Group? Heaven forbid, your PDM? Next time why not give TED a try.

No, not a foul-mouthed talking teddy bear but TED the global community committed to spreading ideas. TED (Technology, Education and Design) is a non-profit Foundation responsible for delivering conferences aimed at inspiring and educating listeners around the globe. Using the slogan "Ideas worth spreading", speakers are given 18 to 20 minutes to deliver powerful talks that promote debate on current topics from science to business to world issues. These videos are hosted on their ted.com website and can be accessed for free.

The kind people at TED have also made it easy to find talks of interest to you by compiling playlists. Here is a flavour of what you can find there...

1

Amy Cuddy Your body language shapes who you are

Body language affects how others see us, but it may also change how we see ourselves. Social psychologist Amy Cuddy shows how "power posing" - standing in a posture of confidence, even when we don't feel confident - can affect testosterone and cortisol levels in the brain, and might even have an impact on our chances for success.

2

Simon Sinek How great leaders inspire action

Simon Sinek has a simple but powerful model for inspirational leadership - starting with a golden circle and the question "Why?" His examples include Apple, Martin Luther King, and the Wright brothers.

3

Brené Brown The power of vulnerability

Brené Brown studies human connection - our ability to empathize, belong, love. In a poignant, funny talk, she shares a deep insight from her research, one that sent her on a personal quest to know herself as well as to understand humanity. A talk to share.

4

Tony Robbins Why we do what we do

Tony Robbins discusses the "invisible forces" that motivate everyone's actions - and high-fives Al Gore in the front row.

5

Dan Pink The puzzle of motivation

Career analyst Dan Pink examines the puzzle of motivation, starting with a fact that social scientists know but most managers don't: Traditional rewards aren't always as effective as we think. Listen for illuminating stories - and maybe, a way forward.



TOOLS OF THE TRADE

STASH, GEAR... WHATEVER YOU WANT TO CALL IT, CRICKETERS ARE ALWAYS GOING TO TAKE A KEEN INTEREST IN THE TOOLS OF THE TRADE. THIS ARTICLE TAKES A LOOK INTO THE DYING ART OF BAT MAKING. THIS TYPE OF COTTAGE INDUSTRY IS ALWAYS GOING TO RELY ON PEOPLE WHO LOVE THE GAME AND ARE REASONABLY KNOWLEDGEABLE ABOUT IT. THIS ARTICLE WILL SERVE TO PROVIDE ADVICE TO THOSE WHO ARE INTERESTED IN GETTING INTO THE BAT MAKING WORLD AND HOPEFULLY GIVE YOU A FEW PEARLS OF WISDOM ALONG THE WAY.

THE SMALL COMPANY REAPER CRICKET

Based in Berkshire, this company is run out of a garden shed by two brothers, Tom and Jeff Sheldon. Set up in 2014, this year is Reaper's second full season. From the start, Tom and Jeff were determined, "to be a batmaker, not a brand". A carpenter by trade, Tom has been repairing and making bats for almost five years whilst Jeff as a brand consultant handles the marketing side of the business. They source their willow from independent producers and have recently planted their first 20 trees to ensure a future supply.

When they first started out, they needed to bring in part shaped clefts in order to have enough to supply those people who were willing to support them on their new venture. The best thing about this was that they needed only a few tools to start with as all they needed to do was finish off the bats. As they grew and had sourced suppliers to supply them with their clefts, they realised they

needed to invest in a press - their biggest financial outlay in the region of £3,000.

The brothers have tried to grow the company organically, starting with local club cricketers, both adults and juniors to the point now where they are looking to sponsor a professional player in order to test the water at professional level.

It is clear that this kind of industry is well suited to people who like manual work. An interest or background in carpentry or joinery is clearly an advantage as it helps with the knowledge of how to tool wood, its characteristics and a confidence with the tools and techniques used to shape wood. Along with this learned skill, the next most important thing needed is a desire to learn and not assume you know everything just because you are calling yourself a bat maker.

Research is really important. Former Derbyshire cricketer, Paul Aldred has a brilliant video on YouTube (Behind the Bench with Paul Aldred for Cricket Insight 2014), talking about his own experiences of being a traditional bat maker.



Along with this learned skill, the next most important thing needed is a desire to learn and not assume you know everything just because you are calling yourself a bat maker.

Here is Tom and Jeff's advice for any aspiring bat makers:

- Research your providers - find out which providers are best for you, this is about relationship building, but also talk to other bat makers to find out who to avoid. As with any industry, there are companies who 'play' at what they do and don't always deliver. At the same time, you will find out who is happy to help you get started and treat these people as allies, not competitors.
- Learn your own method - just like playing cricket, making bats is about what works for you. There is no one way to make a bat certain methods and shapes of bats will suit your style better than others.
- Be honest about what you do - if you are a genuine bat maker make sure people know what you do, but if you are a bat importer who puts stickers on the bats you buy, then be honest about it. This is about customer service - the people who spend hundreds of pounds on your bats will want to know exactly what they are buying.
- Be prepared to fail - just like any line of work, you learn the most by getting things wrong and learning about how to do better the next time.
- Decide where you want to position yourself in the market - if you are hand making your bats, how much are you prepared to sell your craft for, are you trying to compete price-wise with the big boys or are you supplying affordable luxury? Once you've decided, stick to it. Your customers won't appreciate

THE BIG COMPANY GRAY-NICOLLS

Everyone knows about Gray-Nicolls. They are one of the market leaders in cricket kit production and design with a brand recognised globally not only in cricket, but also in hockey and in rugby and netball under the Gilbert brand.

Chris King, bat maker for Gray-Nicolls shared some words of advice on how to get into bat making:

'The best way to learn how to make bats really is to learn from another maker, which would mean taking up an apprenticeship, which are very hard to find.' There are very few formal bat making courses in the UK, but Chris did make us aware of a company in Victoria that trains people to make and repair bats totally by hand

www.willowblue.com.au/info-bat-course

This could potentially dovetail nicely for anyone who wants to spend a winter away playing in Victoria and also do some meaningful personal development at the same time.

Once you have decided to >

CAREER FOCUS

The best way to learn how to make bats really is to learn from another maker, which would mean taking up an apprenticeship, which are very hard to find.

take the plunge and start making your own bats, it is important to source your willow. Chris warns that this may not be the easiest thing to do: 'I'm lucky because Gray Nicolls grows its own willow. There are suppliers out there but quality willow is in high demand and if you are starting out its very hard and only buying small amounts of wood you will find it difficult as suppliers will always look after their biggest customers first.' It is important at this point to recall the words from Tom and Jeff at Reaper, which is to do your research. Find out who is happy to help and ask as many questions as you can to find the right supplier.

Following on from the wood, you then need the tools and as we have already heard, these are individual to each bat maker, but there are few essentials: 'At Gray Nicolls we make all our bats by hand, many other makers use large CNC (Computer Numerical Control) machines. Making by hand you don't need many tools: draw knives, wood planes, spoke shave and sand paper covers it. A good bench saw and band saw would be a good idea. The most important piece of equipment is a bat press, these are very specialist pieces of equipment and very hard to find.

All the hand tools can be picked up for a couple of hundred pounds, the bench saw can be found on ebay for around £500. The easiest way to get a bat press would be to buy one from India and have it shipped over, they cost around £2000 plus shipping. If you decide to invest in a CNC machine they start at about £250,000.'

When it comes to actually making



the bat, what do you actually need to know? Is there a best style, a one size fits all? Or is it down to the individual maker to do something that suits their own individual style? Chris has a pearl of wisdom for us on this: 'Bat shapes are all very similar, much like modern cars they are designed to perform as well as possible and this defines many shapes. Really the style of the bat depends on your customer requirements, much like any production item.' And the one last bit of advice that Chris has to offer on

making bats is 'use the best materials you can, and learn to press the blade properly. These two elements are the most important part of making international level bats.'

So in summary, bat making suits those who enjoy manual work, have a flair for design and want to produce an end product that will put a smile on someone's face. Starting out doesn't need to be a huge expense, but it is important to do your research and work out which suppliers are likely to give you the best service.



IAN THOMAS TALKS THROUGH HIS 10 YEARS WORKING AS PERSONAL DEVELOPMENT MANAGER AND NOW LEADING THE PROGRAMME.

10 YEARS AS A PDM

It's crazy to think that I've been doing this job for 10 years. When I started off my journey in professional cricket as a player at Glamorgan back in 1998 if you asked me what I'd be up to nearly 20 years later I'd probably have given you a prediction of Test Match Caps, Benefit Years and a glorious retirement on the grandest stage.

But things didn't quite work out that way. When my career ended at the age of 26 I thought my association with the game I'd loved since childhood would end with it but little was I to know that I would be fortunate enough to embark on a second career which has turned out to be far more fulfilling than anything I ever thought possible outside hitting a little red ball around a field.

The game has moved on so much since my playing days, but for all the innovation, athleticism and razz-mataz on the field nowadays the progress being made by cricketers off the field of play has grown at an even greater pace over the last decade.

When I first started in my role as a Personal Development Manager the boundaries and scope for off-field development for players had never really been stretched. Many players stumbled out of the game and into the working world on a bit of a wing and a prayer without really giving any prior consideration to exactly what they wanted to do.

Slowly the program has built up with support being offered in all manner of areas and for a great range of ideas and ambitions. We've had all



sorts of plans being mapped out by players wanting to become soldiers, lawyers, bankers, lorry drivers, in fact almost any job you can think of has been across my desk from a player at some stage or another.

And that's been the great thing for me. It's not the PCA or the Personal Development Team that have built up this program that I'm now extremely proud to lead... it's the players. Without their buy in there wouldn't be a program at all and the culture of personal development, ownership and self awareness that has grown pace around the country is testament to the desire of those players who are proactively taking control and responsibility for their current and future lives. This role for me has always been about helping people help themselves and if I've given a helpful nudge in the right direction along the way then that's good enough for me. 82% of players now have a Personal Development Plan in place, I'm not sure I'd have envisioned

that ten years ago!

Can we do more? Of course we can and that's what gets me - albeit slowly nowadays - out of bed in the mornings. For me sport has always been about the people. While the game is what's important at the time it's the relationships you develop along the way that truly stick in the memory. I've been lucky to have some lasting relationships from my playing days and the unifying bond of the 'cricket family' has undoubtedly played a major role in helping me to strive to be the best PDM I can possibly be.

I couldn't have asked for a better organisation to work for or a better environment to be able to go out and express my desire to help and develop people than the one I've been in over the past decade. I owe a debt of thanks to a lot of people, to all the players I've worked with, to the coaches and other support staff who I won't name here but I'm sure they know who they are.

Keep up the good work. Better People make better players.

KERVEZEE HUMBLED BY ACORNS EXPERIENCE

Giving somebody your time is a great gift and as a volunteer at Acorns Children's Hospice, Alexei Kervezee may well have opened the door to an exciting new world to run alongside his professional cricket career. Kervezee has invested his time in personal development as a volunteer and now reflects on some of the priceless rewards.

Established in 1988, Acorns Children's Hospice Trust is a registered charity offering a network of care for life limited and life threatened babies, children and young people and their families, across the heart of England.

"I've done my training days and induction as a volunteer for Acorns. I'll be doing as much volunteering for them as I can from September onwards and I hope to go into the hydro therapy department with them.

Befriending children, making their days as fun and enjoyable as possible, this could involve anything from reading a book to them to playing video games with them, to taking them into a sensory room or soft play room, hydro therapy, whatever the child enjoys and would like to do. It also involves helping the nurses when required.

I have aspirations of potentially going into the hydro therapy department from September onwards and I'd like to think that looking after children who need it the most in the future is something I'd like to do.

I've been fortunate enough to be all over the world with the Holland cricket team and I saw the best and

the worst of a lot of those places and I always thought that I would possibly want to go into looking after children.

My fiancée works for Regency High School and Malvern Special Families. Through talking to her and what she does, it's given me a nudge towards this line of work and it's something that appeals to me.

You need the time to give, the enthusiasm, an understanding of the care support, boundaries and safeguarding through the charities training package, a smile, patience, strong character and empathy.

It gives you the opportunity to work with some amazing children and families who have been dealt an unfair card in life. The idea of putting a smile on a face or happy reaction within a child is the most enjoyable aspect to it. Be it either in a big or a small fashion, I will play a part in a young person's life.

As a hospice, Acorns have been brilliant in accommodating me and my time restraints. They're happy for me to come in whenever I can and are happy to work around not just myself, but other volunteers and they accommodate everyone in what they can and cannot do.

I can't speak highly enough of the work and employees of Acorns and what they do for the children who have life threatening illnesses and their families.

It is a great cause and volunteering for them is one of the best decisions I've made. It's an eye opener and humbling experience."





MICKLEBURGH DOWN UNDER

Playing a season in Australia is often the watershed moment for an English cricketer. Most you speak to will say it 'hardened' them up and gave them the opportunity to reach their potential. It is also a defining time for a player's personal development. Grade cricket is no place for the weak. Reputations mean nothing to hard-nosed Aussies who have been waiting all week to step on to the field. A county contract is irrelevant when you walk through that white picket gate and as soon as an English accent is detected then it is every man for himself!

Jaik Mickelburgh, is one who has taken this path and immersed himself in the might of the Sydney grade cricket competition: one that is seen by many as the hardest domestic club league in the world. Mickelburgh is in his second season with the North Sydney Cricket Club. This famous team has the picturesque North Sydney Oval as its home ground and is within throwing distance of the iconic Sydney Harbour Bridge. Mickelburgh knows only too well how stepping out for a new club in Australia is tough for a youngster on his first trip: "My first trip away was as a 17-year-old," he says. "I was very excited about the opportunity but also apprehensive, it being the first time I had spent any period of time away from home. There was an element of the unknown being picked up in Melbourne by someone who I had never met in person. After a while of being homesick, I realised that it was the best decision I had ever made

to go away and play cricket," says Mickelburgh. "The experience definitely toughened me up and has made me a stronger person and player."

Mickelburgh follows a long line that have plied their trade with varying success in the Sydney grade system. Andrew Strauss, Nasser Hussain and Nick Knight are but a few examples of players that have come out to improve their game with Hussain joining the famous Petersham Marrickville club in the Inner West of the city. The future England captain found the going tough, despite having already played for England against the West Indies, but came back a better player and was soon scoring runs at International level. It has been a familiar theme: a less than stellar season down under followed up by a great year back in County cricket. It is possible to bat only twice in a month in grade cricket so you need to make the most of it! Mickelburgh sums it up well: "You hear about Australian sledging and the first trip was a bit of an eye-opener," he says "There was never anything too bad but it was something I hadn't experienced much before as a 17-year-old. You just get used to it and it helps toughen you up. You have to focus on the ball and ignore all the other stuff."

For a young man on his own for the first time the trip will be invaluable in terms

**"THE
EXPERIENCE
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PLAYER"**

of his personal development. Mickelburgh acknowledges how the six months away can speed up your growth as a person tenfold: "Australians are traditionally a tough, no-nonsense people, and young players, whether

shipped over from England or not, are expected to get on with whatever comes their way. Playing in another country poses many challenges, but I think the most important is being accepted by new team-mates as a good bloke by getting your head down and working hard through it all, even when you're not in the first grade."

It is also the first time for many that they have been away from team-mates that they have known for years. Finding your feet in an environment where nobody knows if you can play, or what you are like as a person, can be daunting. Those who have succeeded have thrown themselves into every aspect of the club and have done so without complaint. This is what will make or break your time there.

For those that can take everything the country has to throw at them and survive, it will be a life changing experience.



AMJAD KHAN



JONATHON WEBB



RICHARD JONES

PCA Personal Development Scholarships

A TRAINEE LAWYER, A COUNTY CHAMPIONSHIP-WINNING CAPTAIN, A GRAPHIC DESIGNER AND A PART-TIME STUDENT WERE AMONG THIS YEAR'S WINNERS OF THE COVETED AWARDS.

Yorkshire's County Championship-winning captain Andrew Gale, Northamptonshire all-rounder Steven Crook, Warwickshire pair Richard Jones and Jonathon Webb, former England pace bowler Amjad Khan and former Worcestershire slow left armer Shaaq Choudhry are the winners of this year's PCA Personal Development Scholarships.

The scholarships were introduced by the PCA in 2013 to find and reward the most proactive members, past and present, on or off the pitch, in the area of Personal Development.

Gale and Crook were the winners in the Current Players category, Jones and Webb took the prizes in the Newcomers category and Khan and Choudhry won the Past Player Progression Personal Development Awards.

All six received £1,000 towards Personal Development course funding, resources of their choice or to reimburse costs already incurred.

Webb also received a further £1,000



STEVEN CROOK



ANDREW GALE



SHAAIQ CHOUDHRY

"PERSONAL DEVELOPMENT IS MASSIVE. YOU CAN SEE THE BENEFITS WHILE YOU ARE PLAYING BECAUSE IT GIVES YOU CONFIDENCE"

ANDREW GALE

after his presentation was highly commended by the judging panel of PCA Chief Executive Angus Porter, PCA Assistant Chief Executive Jason Ratcliffe, PCA National Personal Development Manager Ian Thomas and Charlie Mulraine, one of the PCA's six-strong team of Personal Development and Welfare Managers. Webb's presentation included the idea of an online communication tool that could be used by PCA members.

As well as leading Yorkshire to back-to-back County Championships Gale has found time to develop and expand his business Pro Coach which now coaches more than 3,000 youngsters across the country with a turnover of £360,000.

"Personal Development is massive. You can see the benefits while you are playing because it gives you confidence. There is a big bad world out there, you have a fantastic job as a cricketer so you should enjoy it and make the most of it," Gale said.

"But if cricket comes to an end through injury or loss of your contract, having something else in place helps to give you

confidence that you can fill that gap."

Crook had a year out of cricket in 2010 so has already experienced

life outside the game and has thrown himself into personal development since he returned to cricket five years ago.

He now sits on the board of Northants Recreational Cricket and is director of Mau Media whose clients include Cricket United, Hyundai, Seat and Northants Cricket.

"Personal Development is very important. It's something that all players should be doing. Having something going on outside the game takes my mind off cricket," he said.

Jones is in the second year of a part-time distance learning degree in Sports and Exercise Science at Manchester Metropolitan University and is also working as a strength and conditioning intern at Warwickshire.

Webb already has a degree in graphic design from Leeds University and has put

it to good use by helping kit manufacturer Woodworm redesign their label and for Class Creative, who have helped Warwickshire on their Birmingham Bears brand.

"Since I have been engaging with a personal development plan it has helped me to relax a bit and trust that if cricket doesn't work out there are always other avenues to go down," Webb said.

Khan, who played for Kent and Sussex before he retired in 2014, is still involved in cricket in his native Denmark where he is now in the second year of law degree at the Southern University of Denmark.

"I hope my story can inspire some of the other players because life after cricket can be very tough," Khan said.

Choudhry started planning for life after cricket before he was released by Worcestershire at the end of last season and has now set up business with a friend in Rotherham producing the Brothers Circle fashion range.

"Without Personal Development I would not be where I am today. All the skills I have built up while playing cricket have come into use now," Choudhry said.

WHY PUT MONEY IN A PENSION?

It may not have escaped your notice that there is a lot going on in the world of pensions at the moment. As we write, the Chancellor is preparing a Budget (due to be delivered on 16th March) which may well now have changed the landscape yet again. But whatever we end up with, the need to save for retirement is as strong as ever.

As professional sportspeople, your need is amongst the greatest. Your careers are short, and the best earning years of your life could be now. The phrase 'making hay whilst the sun shines' is definitely relevant.

We have highlighted in previous articles that today's pensioners' main message to younger generations is to save for the future. When asked what was the most important piece of financial advice they would give, the overwhelming majority said 'start saving early'.

Earlier articles have also focused on the benefits of 'compound interest', and studies have proven that saving for the first 10 years of your career can have a more beneficial impact on your retirement savings than saving for the last 30 years! So thinking about what you can do now almost certainly seems like a good idea.

SO WHAT CAN YOU DO?

ECB Pension Scheme: If you are current players, you are almost certainly members of the ECB Pension Scheme.

This is because the government has imposed a statutory duty on all employers to 'auto enrol' their employees into a qualifying pension scheme. For those with a FCC contract of more than three months, this will apply from the first day of employment with any particular first-class County and will then continue until you leave. There are two exceptions:

Opting-Out - you have the right within your first month of employment to opt-out of auto enrolment, which can be achieved

by contacting Ascot Lloyd Benefit Solutions, the PCA pensions adviser. However, if you opt-out and you remain with that County, they have a duty to repeat the process three years later. If you move Counties, you will be treated as a new employee and immediately auto-enrolled.

Lifetime Allowance - if you have built up substantial pension funds (£1m by April 2016) it is perhaps likely that your Adviser will recommend that you cease making pension contributions. The ECB, PCA and Ascot Lloyd have agreed a particular process in this eventuality and you should ask your Adviser to contact - Ascot Lloyd in the first instance.

The ECB Group Self Invested Personal Pension (ECB GSIPP) is the qualifying scheme for auto enrolment purposes for all professional cricketers and a large number of staff at cricketing organisations. Our Advisers ensure that as you move Counties, your benefits automatically move with you. Ascot Lloyd provides a lot of generic information as do the insurance company that run the scheme, Legal & General. There is no commission payable from the policy, with the ECB being responsible for professional fees.

You can access generic information on the ECB GSIPP via Legal and General's microsite: www.legalandgeneral.com/ecb

FURTHER ISSUES TO CONSIDER

Contributions - as mentioned above, membership is now compulsory and you are required to pay 5% of your basic salary, on which you receive tax relief (under the current legislation at the time of writing this will be at your highest rate of income tax). Your employer will then pay an amount equal to a further 10% of your basic salary to give a total of 15%. Employees who are subject to higher-rate tax will need to reclaim the difference between 20% and 40% in

their self-assessment tax return.

From April 2016, if you earn over £150,000 from all sources of income and including any pension contributions the ECB makes on your behalf, then the rules around relief and the amount that you can contribute change and you should seek professional advice to understand your personal circumstances.

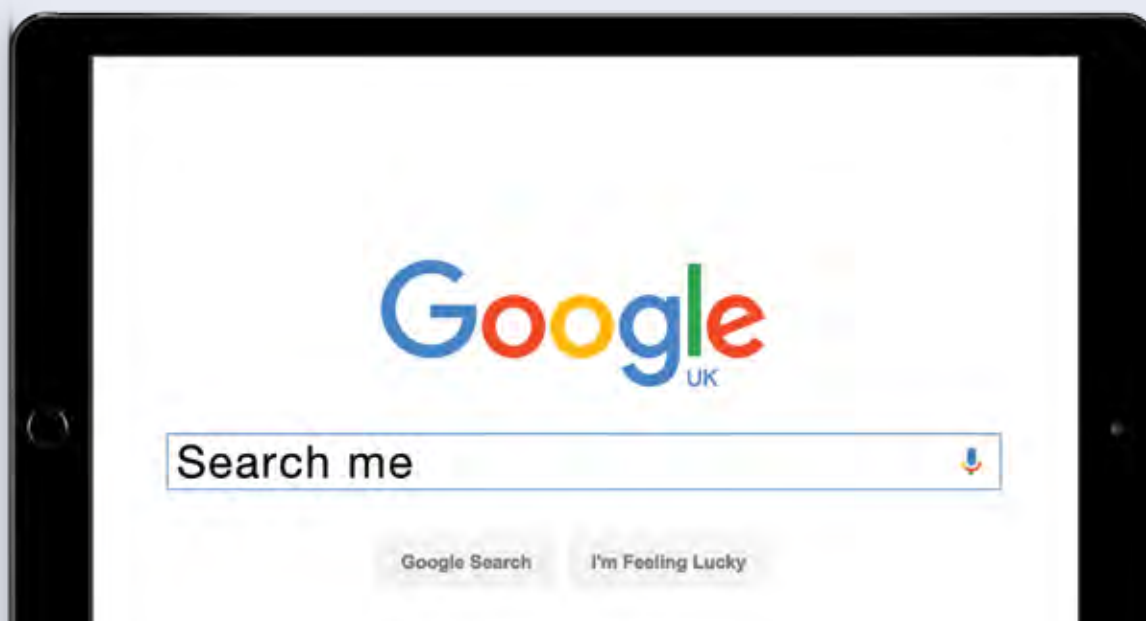
Retirement Age - most players who were members prior to 1st April 2006 have a protected retirement age of 40, but the Government has changed this for all new players since then to an earliest retirement age of 55. Consultations are ongoing on whether to increase this age further, perhaps to 57.

Benefits on retirement - when you elect to retire, you will have various options for drawing income from your pension following the introduction of 'pension freedoms' in April 2015. All the options have tax implications and this should always be discussed with an Adviser, as what is suitable for one person may not be suitable for you and your circumstances.

The advisers for the ECB pension scheme are Ascot Lloyd, and they should be your first point of contact with pension queries if you do not already have a Financial Adviser. If you have significant pension benefits already saved or are a higher earner, then we do suggest you seek some personal advice soon given the complexity in the current tax rules.

As noted at the beginning of the article, substantial changes may have already been announced to pensions in the Budget, but they are likely to remain the most tax efficient way of saving for retirement. The fact that you cannot touch the funds until your fifties and beyond sets a good framework for ensuring you will have something to live on in retirement.

FF&P
FLEMING FAMILY AND PARTNERS



WHEN WAS THE LAST TIME YOU SEARCHED FOR YOUR NAME ON GOOGLE?
DID YOU LIKE WHAT YOU FOUND? WHAT WERE THE FIRST RESULTS?

Research suggests that the key results on Google are the first four, with users only clicking on result five or lower on less than 5% of occasions. Those are the results which a person doing some standard desktop research will read, view and use to establish their understanding of you as an individual.

Typically, for a professional cricket player or ex player, the first few results will include something like this: a Wikipedia page, a social media account (typically Twitter), a player profile on a club website and/or Cricinfo and media stories (good or bad) in some of the most influential online newspapers (such as the Daily Mail, the Guardian and the BBC).

Google is essentially a library, sorting publications in order of popularity and relevance. It is possible to positively influence how those Google shelves are stacked by ensuring that good quality material is available and is put in the best possible position. Here are our four tips on making the most of your own Google results:

CREATE CONTENT

Because content ranks highly on Google when it is relevant it is sensible to have a website or blog which features your name in the URL (i.e. the web address), in the headline and the initial introduction.

If you are leaving the game to focus on other pursuits then there is no shame in advertising this online on a company website, your own website or blog.

IT'S GOOD TO TALK

The websites of newspapers and magazines often rank highly on Google because they are frequently used by the public and therefore influential websites. If you have a story to tell, whether it is about the game or some other aspect of your life, then tell it. It might feel draining when the club's media officer asks you to sit down with a journalist but the benefit of a positive article in the press may be felt well after publication.

BE SOCIAL

Social media accounts almost always rank highly on Google. This is because they are some of the most used websites in the world. With billions of people on Twitter it is unsurprising that a well-updated account in your name will appear in the top four Google results for your name.

If you are pursuing projects outside of the game then LinkedIn is a sensible forum to do so. Not only can you use the website itself to connect with people, if you use your profile well then it is likely to rank relatively high on Google.

WIKI IT

Wikipedia is not a self-promotion tool. So you are not entitled to simply input information and projects which you want the world to see. That said, where articles appear online about you which are relevant to the online encyclopaedia's summary of you and your career, then links to that content can properly be placed on Wikipedia to tell the full story. In turn, those links are likely to increase in popularity on Google because they appear on Wikipedia.

FROST IS PERFECT ROLE MODEL

WARWICKSHIRE PLAYERS COULD NOT HAVE A BETTER ROLE MODEL FOR PERSONAL DEVELOPMENT THAN TONY FROST, THE COUNTY'S BATTING AND SECOND XI COACH.



Frost recently started a Masters degree in Applied Sports Psychology at Cardiff Met University, a three year part-time course which he will combine with his coaching duties at Edgbaston.

The former wicketkeeper/batsman hopes that the course will benefit Warwickshire as he will be able to apply new skills from the course in his coaching role but they might also lead to Frost becoming a registered Sports Psychologist in the future.

"It's something that I discussed with Lynsey Williams, our PCA Personal Development and Welfare Manager, during the summer," Frost said.

"I had already developed an interest in sports psychology towards the end of my career when Mark Greatbatch was our coach and he gave me the book 'Golf is a Game of Confidence' by Bob Rotella.

"That really kick-started my interest and doing my Level Four coaching took that interest further.

"I spoke about various options with Lynsey and we decided to go for the course at Cardiff Met. I got in touch with Dr Owen Thomas and he suggested I went down for an informal chat.

"I applied and the rest is history. I guess being part of first-class cricket for 21 years and having the PG Dip with Level (Post Graduate Diploma) from doing the Level Four coaching also helped.

"My main reason for doing this is to help here. Hopefully it will make me a better coach and give me a better understanding of sports psychology to help these lads improve.

"We have talked about the whole process of becoming a registered sports psychologist but the main motivation is to help me become a better coach."

Frost has just completed his first 10 week module which meant trips to Cardiff on Mondays before Christmas. Frost hopes to complete three more modules during the current academic year, three more next year and a dissertation in his third.

"It has massively put me out of my comfort zone. The Level Four did anyway as it helped me to understand myself and to mature a lot more. But this is another step up," Frost said.

When Frost first joined Warwickshire in

"IT WILL MAKE ME A BETTER COACH AND GIVE ME A BETTER UNDERSTANDING OF SPORTS PSYCHOLOGY TO HELP THESE LADS IMPROVE"

1994 he was studying for a BTEC in business and finance at a college in his native Stoke but he gave that up to fulfil his dream of becoming a professional cricketer.

"I was not really thinking about education then. It was just cricket, cricket, cricket that is all I wanted to do and I have been lucky enough to be involved for 21 years," Frost said.

"Looking back now, quitting college wasn't the most sensible thing to do. Ironically I have now got the opportunity to do this and cricket has given me that opportunity. I can't complain but I wouldn't advise doing it this way."

Frost initially trained as a groundsman and spent a year working on the ground staff at Edgbaston under head groundsman Steve Rouse. But he was lured out of retirement by Warwickshire's then director of cricket Ashley Giles when wicketkeeper Tim Ambrose was selected by England.

Frost enjoyed a successful season but then retired for a second time and moved smoothly into coaching. He is now well-placed to ensure that current and future Warwickshire players appreciate the importance of having a personal development plan in place to prepare for life after cricket.

"It is important. My experience at Warwickshire is that coaches have always encouraged players to have or find interests outside of the game and to develop themselves as people as well as cricketers," Frost said.

"Personally I try to encourage the players I work with to have a focus away from their cricket.

"In general my observation is that players who have hobbies and interests going on outside of the sport and players with ideas and things in place to pursue beyond cricket seem to be happier and to put less pressure on themselves.

"It's crucial to have something behind you because, as we all know, a career in professional sport can end quite quickly.

"We are lucky at Warwickshire that the club are very supportive and Lynsey Williams talks to the players a lot about the importance of making sure that they have something behind them.

"You can't make anybody do anything but you can try to push them in the right direction. It's important to have a rounded lifestyle and to learn at an early age the things that you like and dislike."



ASHES WINNER TREMLETT OPENING DOORS IN NEW CAREER

Being an Ashes winner has opened doors for Chris Tremlett since he retired from playing last season.

The 34 year old former Surrey and Hampshire paceman, a key member of England's 2010/11 Ashes winning squad in Australia, announced his retirement in August and has since gone into business with his former Surrey team-mate Tom Jewell.

Tremlett initially worked for The Home Cloud estate agency, which Jewell launched last year, but he is now heading up Source Investments, a Reading-based property investment company.

Tremlett works in a very different environment to that he was used to during 15 years of professional cricket, but the profile he gained from playing cricket is helping to establish him in his new chosen career.

"Having a profile from playing cricket has helped a little bit. Hopefully we will build a bit of reputation within cricket. That's our goal to try and offer our services to some of the cricket guys and those surrounding cricket who have got interests in property," Tremlett said.

"Hopefully we can use our reputations a bit to build our business. I've met a couple of clients who have asked me what I am doing in

this job because they are used to watching me bowling cricket balls.

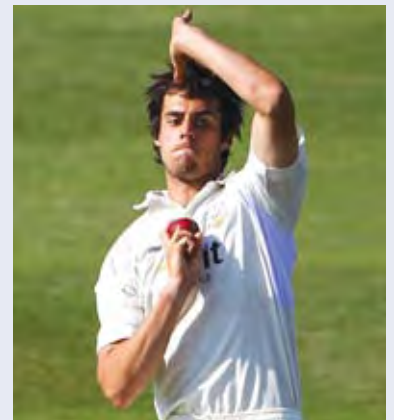
"It's early days and I still find it a little bit strange doing something completely different. People still associate me with playing cricket but it can only be a positive rather than a negative having a profile.

"At the same time it's equally difficult to prove that I am not a cricketer anymore and I am trying to prove myself in a different field."

Tremlett's international commitments and a series of injuries which required winter operations meant that he did not start thinking about life after cricket until late in his career but conversations with Nick Denning, one of the PCA's six-strong team of Personal Development and Welfare Managers, focussed his thoughts.

"For me, it was about getting the brain ticking about what I wanted to do after cricket. Before 2013 I hadn't really thought about it. I thought I would play cricket until I was 36 or 37 if I could stay fit," he said.

"My mind just suddenly changed in the middle of last year. I felt as fit as I had ever been but I had a couple of injuries and I couldn't stay on the park. I thought enough is enough and it's time to do something else."



TOM JEWELL AND CHRIS TREMLETT WERE TEAM MATES AT SURREY NOW THEY WORK ALONGSIDE EACH OTHER IN THE PROPERTY WORLD

**For more details about the business
email Chris at chris@source.investments
www.source.investments**

CAREERS OF THE FUTURE

PCA PERSONAL DEVELOPMENT MANAGER, LYNSEY WILLIAMS, EXPLORES WHAT EXPERTS THINK THE WORLD OF WORK WILL LOOK LIKE IN YEARS TO COME.

Do you fancy a job as a 'Climate Controller' or 'Memory Augmentation Surgeon'? I suspect you are scratching your head wondering exactly what these two jobs would entail... sadly I can't really help you with the detail since these jobs don't actually exist yet! They are at present just an idea, a prediction of sorts that is based on observations of trends in society and the world as a whole.

WHO PREDICTS JOBS OF THE FUTURE AND WHY?

Predicting jobs of the future is the role of a 'Futurologist'. A futurologist is a person who envisages the future in order to help people understand, anticipate, prepare for and gain advantage from coming changes. It is not the goal of a futurologist to predict what will happen in the future. The futurologist considers what is possible, probable, and preferable and through research uses foresight to describe what could happen in the future and, in some cases, what should happen in the future (<http://profuturists.org/futurists>).

Speak to any futurologist and they will tell you that in 10 to 20 years' time the chances are that our jobs, and the way we work, will be very different. In fact recently in The Economist, Bill Gates is reported as saying that many jobs will be taken over by robots and automation in the next two decades, and these jobs cover both high-paying and low-skilled workers. Some of the positions he mentioned were commercial pilots, legal work, technical writing, telemarketers, accountants, retail workers and real estate sales agents. Other

futurologists have predicted that by 2030 over two billion jobs will have disappeared and new jobs will need to be created to meet the new needs of an evolving world.

WHAT TYPE OF JOBS MAY WE SEE IN THE FUTURE?

In a recent article from the Telegraph, Jessica Winch compiles a list of potential jobs for the future...

- Digital architect - designs a selection of virtual buildings for advertisers and retailers to market their products
- Home carer - helps care for elderly people in their own homes
- Elderly well-being consultant - specialises in holistic and personalised care for the elderly
- Body part maker - creates living body parts for athletes and soldiers
- Nano-medic - creates very small implants for health monitoring and self-medication
- Vertical farmer - farms crops upwards rather than across flat fields to save space
- Waste data handler - disposes of your data waste in a responsible way
- Climate controller - manages and modifies weather patterns
- Avatar manager - designs and manages holograms of virtual people
- Memory augmentation surgeon - helps preserve and improve memory in an ageing population
- Time broker - handles time banked by customers in lieu of money for goods or services
- Personal branding manager - develops and manages your personal brand

- Child designer - designs offspring that fit parental requirements
- Omnipotence delimiter - reins in our belief that anything is possible and we are all-powerful
- Personal medical apothecary - provides a bespoke range alternative therapies. <http://www.telegraph.co.uk/finance/personalfinance/9892011/10-well-paid-jobs-of-the-future.html>

Futurist, Thomas Frey, predicts growth in specific areas of innovation moving forward, including new transport via personal rapid transit systems, the commercial drone industry, big data, crypto currencies & alternative financial systems, contour crafted houses and driverless everything. A few other examples of growing sectors:

3D PRINTING

recently named by Goldman Sachs as one of eight technologies destined to creatively destroy how we do business. Former Wired Magazine editor Chris Anderson is famously quoted as saying, "3D printing will be bigger than the Internet." Next 4D printing...

INTERNET OF THINGS

eventy-five billion is the number of devices that Morgan Stanley has calculated will be connected to the Internet of Things by 2020.

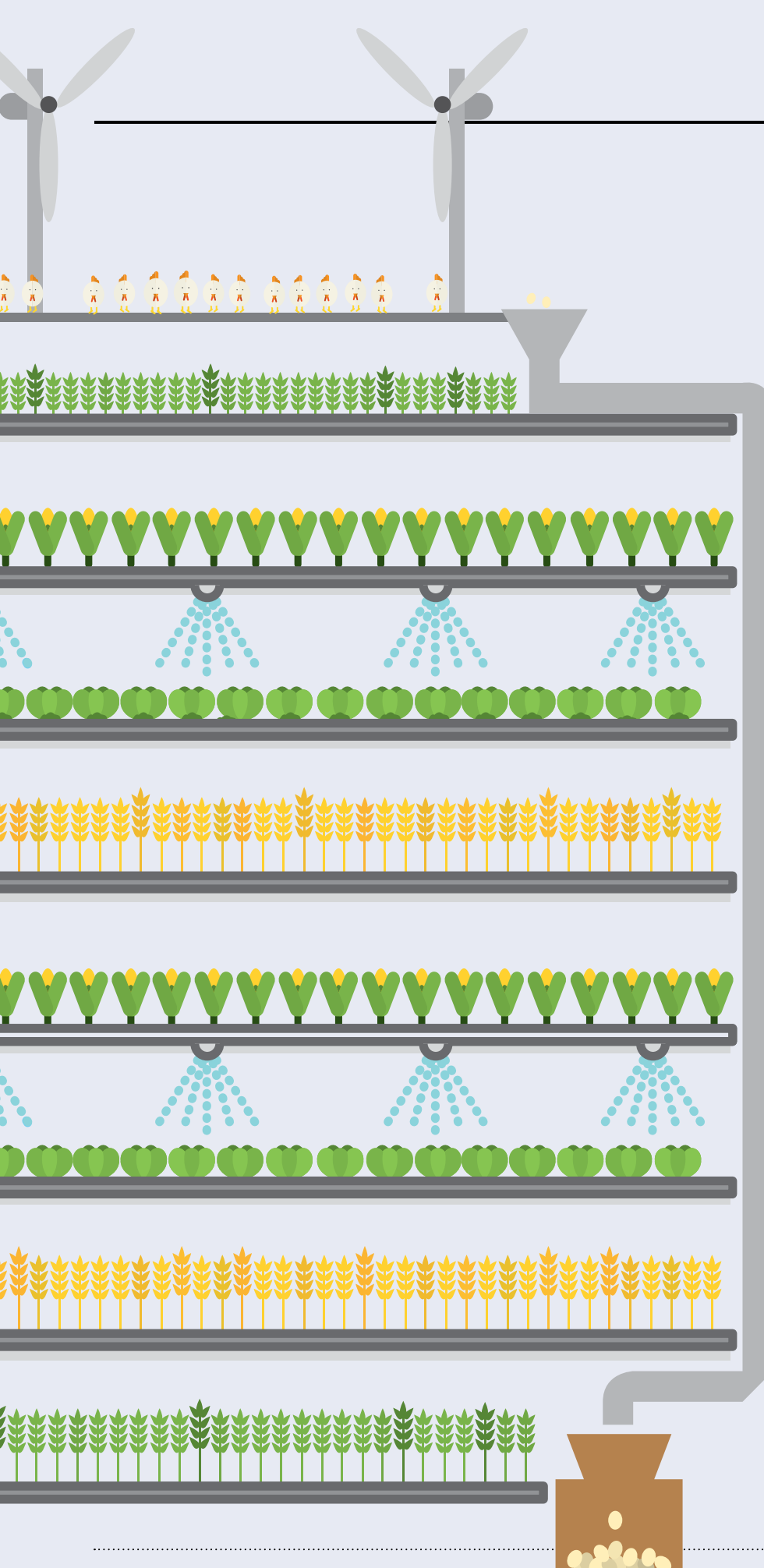
FUTURE AGRICULTURE

when people think of farming, they typically conjure up images of a tractor cresting a hill billowing large plumes of exhaust into the air. This image will become a distant memory as automated machines, drones, and swarmbots enter the pictures.

THE DISMANTLERS

over the coming years will see a number of industries dismantled, and this will require a skilled workforce of talented people who can perform this task in the least disruptive way.

An extensive list of possible jobs can be found on his website: www.futuristspeaker.com/2014/03/162-future-jobs-preparing-for-jobs-that-dont-yet-exist/



CAREER FOCUS

THOUGHTS ABOUT THE FUTURE...

In Winch's article, Karen Moloney, a futurologist and business psychologist, boldly states that, "the world will divide into those who understand technology and those who don't." She goes further saying, "those who can program will create the world we live in, so I would say get yourself into that field. If you can't, find yourself something to do that is hyper-human, which computers can't do, such as entertainment, sport, caring and personal services industries." Indeed, as technology improves, many people will need to focus more on finding work that requires human skills such as leadership, motivation and compassion to survive in the workplace.

Interestingly, although a good education will continue to be important in the future to secure the top jobs, futurologists stress that education should be more about 'how' you learn, rather than for knowledge itself, as it is very likely that people will need to be able to re-skill themselves on a regular basis to keep up to date with technological advancements.

Whatever professions emerge in the future, economists, recruitment specialists and futurologists all agree that the way we work and our lifestyle around work will change considerably. The challenge is to notice and embrace this change.

WHAT DOES THIS MEAN TO THE CRICKETER?

In many ways cricketers it would seem have an advantage in the future workplace over other populations for several reasons. Firstly, elite cricketers are used to being at the cutting edge of technology and innovation, the dynamic and competitive nature of this environment encourages coaches and players to be open to and seek out new ideas and ways of performing better. Secondly, the very nature of professional sport requires that players learn quickly how to adapt to changing circumstances, regularly learning new things and as such they develop the important knowledge of 'how' to learn. Finally, cricket unlike many other careers is time limited and requires players to transition into a new career once cricket has finished. Managing this challenging and inevitable transition develops their skills ability to cope with significant change which will equip them well for the similarly fast paced and dynamic work place of the future and enable them to play their part in what sounds like a very exciting future.



FULLY NETWORKED

The club has put in place a new policy this year where the players are being pushed to interact more with supporters and sponsors. This season those of us not in the team are going to be sent around the hospitality matches on match-days and we've already had to attend several business themed events this winter. While I can really see the benefits of interacting with different people and the potential benefits from a contacts perspective down the line I've found the events really awkward experiences.

"I'm never quite sure how to strike up a conversation and am worried about coming across as boring or stupid if I run out of things to say. I can't even remember peoples names half of the time and I end up spending most of night just hanging around talking to the other players that are there. Is there anything I can do to feel more comfortable?"

PDM RESPONSE

Firstly, feeling uncomfortable in these situations is entirely normal but the good thing to hear is that you are aware of the benefits to be gained by what is commonly referred to now as 'networking'. The old saying that, 'who you know can be as important as what you know', certainly rings true and as a cricketer you are in a great position to develop contacts across a variety of networks.

Striking up conversations can be a lot easier than you think and often it is overcoming that initial fear of walking up to someone you don't know that can be the most daunting. Try and do a little bit of homework on the environment you're going into, if it's into a hospitality box find out who's hiring the box (it will often be written on the door as you go in) and think if you might already know somebody connected to that field. Mutual friendships can often be a great talking point and based on the theory of the 6 degrees of separation the likelihood of you already having a link to somebody there will be quite high.

If you're unsure attack it with a partner get a teammate to approach people with

you. Be clear and confident with your introduction, always shake hands and make sure to make eye contact:

'Hi, I'm Jo Bloggs from Hampshire, nice to meet you'.

From there the easiest way to get a conversation going when you're not sure what to say is to get them speaking. Ask them a question, 'what field are you in?' Listen to the answer and you'll be amazed at how quickly the conversation starts to flow. And don't worry about being boring or sounding stupid, you won't! Being a professional sportsman is a seriously interesting profession to be in and you can be guaranteed that, whether they like the game or not, whoever you are talking to will be intrigued by what you do.

As for remembering names, some people are good at it and some people aren't. Try repeating the name back out loud when you first meet somebody.

'Hi, I'm Susan.'

'Nice to meet you Susan'

Or maybe linking the name to something else, a footballer or famous celebrity for example. But if all else fails you can always

The easiest way to get a conversation going when you're not sure what to say is to get them speaking. Ask them a question, listen to the answer and you'll be amazed at how quickly the conversation starts to flow.

ask if they have a business card at the end of your conversation or ask a friend to confirm the persons' name later on. Don't guess!

Networking can be a really enjoyable and rewarding thing to do. Interacting with people from different fields can be mentally stimulating and provide a welcome break and perspective on life away from cricket. It may even open up a few doors for you in the future.



IN FASHION

COUNTY CAPS FOR SNAPBACKS

Saj Mahmood, the former England, Lancashire and Essex fast bowler, and former Warwickshire and Worcestershire slow left-armers Shaaq Choudhry have swapped county caps for snapbacks after launching new careers in the fashion industry.

Mahmood and Choudhry have both helped to set up rival lines with snapbacks – fashionable baseball caps – helping to establish them in the marketplace.

Mahmood is now marketing director of Baulla, a fashion label created by a friend who had worked in the industry for more than 30 years.

Choudhry joined partners with a friend in his native Rotherham to form Brothers Circle and his early success in the business helped him to win one of the PCA Personal Development Scholarship Awards.

Although these are early days in their new careers, both Mahmood and Choudhry are enjoying life in the fashion industry making their mark with their new brands.

"We started in December and got the word out on social media. We weren't sure what sort of response we would get but people seem to love the logo and the name," Mahmood said.

"We got a little bit of stock in in December but that sold out in two weeks so we had to re-order everything.

"Thanks to cricket I am pretty well connected. Playing for England almost 40 times opens a lot of doors for you. I am in a privileged position where I have made lots of good contacts through cricket and hopefully I can utilise them in this business."

Choudhry may not have enjoyed Mahmood's profile during his playing career but former team-mates, as well as stars of television reality shows, have helped him to promote the Brothers Circle brand.

"A number of reality television stars and sports people are wearing our gear. We've had guys from Geordie Shore, Ex On The Beach and Love Island who have taken a liking to our stuff. That has helped us a lot. They have posted on their social media platforms as well so that has brought in a

bigger audience for us. Some of these guys have got 100,000 followers and so that has raised our profile," he said

Choudhry began planning for life after cricket before he was released by Worcestershire last season and had worked closely with Lynsey Williams, one of the PCA's six-strong team of Personal Development and Welfare Managers on enrolling for a degree in graphic design with the Interactive Design Institute.

Mahmood also discussed his plans with another PCA PDM Matthew Wood, the former Yorkshire and Glamorgan batsman, before he joined Baulla.

www.baulla.com | www.brotherscircle.co.uk

- Baulla offer a 20 per cent discount to PCA members – just enter the code PCA20.
- Brothers Circle offer a 15 per cent discount.

WHERE ARE THEY NOW?

Alleyne's Double heroes

IN THIS ISSUE WE HAVE A NEW FEATURE SHOWING WHERE A WINNING SIDE TRANSITIONED TO... STARTING WITH THE **1999 DOUBLE WINNING GLOUCESTERSHIRE TEAM;** SO WHERE DID THEY GO? BEYOND THE BOUNDARIES' SLEUTH IAN THOMAS UNCOVERS MORE.



JEREMY SNAPE
HOSTING THE PCA
BUSINESS SEMINAR

JEREMY SNAPE is a respected sports psychologist. He has worked with a number of high profile teams as well as running his own company Sporting Edge.

JON LEWIS left the game in 2014 and completed his ECB level 4 coaching qualifications; he has since forged a career in coaching and is now the Sussex bowling coach.

MIKE CAWDRON went on to become a mathematics teacher and is also the master in charge of rackets at Haileybury School.

DOMINIC HEWSON suffered some ill health after leaving the game and was supported by the PCA to overcome this. He has since run Float Seating, a company, specialising in selling large beanbags.

MATT WINDOWS was always a player that used his winters to good effect, he successfully went on to become an investment manager and private banker at Barclays Wealth.

MIKE SMITH is now a solicitor, specialising in employment law with

WHERE ARE THEY NOW?



Bevan Brittan in Bristol. He has been a huge help to PCA in this area for a number of years.

KIM BARNETT had a long career as a professional cricketer and since leaving has worked for luxury car hire firm as well as coaching Staffordshire CCC.

MARK ALLEYNE represented England and Gloucestershire and has also been the club's head coach. He has been head coach of the MCC Young Cricketers until he recently became cricket professional at Marlborough College.

TIM HANCOCK is the Gloucestershire cricket board's head of age group performance after a successful time at Filton College. He completed a sports science degree whilst playing and is now studying for his ECB level 4 qualifications.

JACK RUSSELL is a world recognised and successful artist with his own gallery, and is commissioned regularly. He has since retiring, also helped to coach the young keepers at Gloucestershire.



JACK RUSSELL GETS DOWN TO WORK!

MARTYN BALL the former PCA chairman retired in 2006 and became a director of B4 Developments. He has also been an active member of Lord's Taverners.

IAN HARVEY is now the assistant coach of Gloucestershire CCC. He was appointed in 2015 and works under another former player, Richard Dawson.

ROBERT CUNLIFFE is now the master in charge of cricket at Dean Close School in Gloucestershire.

LATEST NEWS FROM HMRC

We know that you may be receiving unscrupulous financial advice about how to reduce the tax you pay on your earnings. People may be trying to sell you schemes that they say will save you lots of money and are completely legal and legitimate, but in reality, these schemes don't work and could land you with big tax bills in the future. We've been working with HMRC to get the right information to

you to help you understand the risks of avoidance and how to spot it so that you can avoid getting tangled up in these sorts of schemes.

HOW TO RECOGNISE A TAX AVOIDANCE SCHEME

There are many legitimate ways to reduce your tax bill such as saving money in a tax-free ISA, paying into a pension scheme, making donations to charity through Gift Aid, and claiming

capital allowances on assets used in your business.

But, there's a big difference between using tax reliefs and allowances in the way in which they were intended, and investing in schemes that explicitly try to bend the rules to avoid paying tax.

Here are some warning signs you can look for to help you decide whether you're receiving sound advice on your financial affairs or being sold a tax avoidance scheme...

UNREALISTIC CLAIMS

If it sounds too good to be true, it probably is. Some schemes promise to get rid of your tax liability for little or no real cost, and without you having to do much more than pay the promoter and sign some papers.

HUGE BENEFITS

The benefits of the scheme being offered are out of proportion to any real economic activity, expense or investment risk.

OVER-COMPLICATED

It involves arrangements that seem very complex given what you want to do.

ROUND IN CIRCLES

The scheme involves artificial arrangements, or money going around in a circle back to where it started.

START-UP MONEY

The scheme promoter either provides the money to make the scheme work or arranges for it to be made available by someone else.

BANKING SECRECY

Offshore companies or trusts are involved for no sound commercial reason, or a tax haven or banking secrecy country is involved.

EXIT STRATEGY

The scheme contains exit arrangements designed to sidestep tax consequences.

CONFIDENTIALITY

There are secrecy or confidentiality agreements, upfront fees are payable or the arrangement is on a no-win/no-fee basis.

SO, ARE YOU GETTING RELIABLE TAX ADVICE?

The claim:

"The scheme is HMRC-approved because it has been allocated a Scheme Reference Number (SRN) by HMRC under the Disclosure of Tax Avoidance Schemes (DOTAS) regime."

The truth:

HMRC never approves schemes, it issues these numbers when a scheme has signs of being designed to avoid tax. If a promoter is claiming that their scheme doesn't need to be disclosed then HMRC are probably challenging that.

The claim:

"It is only tax planning, or that avoidance is legal."

The truth:

If the scheme doesn't work you'll have made an incorrect tax return which is not in accordance with the law. You are legally obliged to pay the tax due and you may suffer penalties.

The claim:

"It's OK because it was vetted by a lawyer."

The truth:

This is often not true. Promoters will say they have legal advice which states that the scheme works. But have you read and understood that advice? Are you certain that the legal advice is based on the arrangements the promoter is advising you to implement?

STAR QUALITY

PETER TREGO THE ENTERTAINER SET FOR NEW ROLE AS TV PRESENTER

Peter Trego has been one of the great entertainers of county cricket for the past 15 years so it should not come as a surprise that the Somerset all-rounder is in demand as a presenter and narrator for a new television channel.

Trego has already been hired by Insight, an ultra HD factual entertainment channel and is booked in for acting lessons and media training to prepare him for in-front-of-camera presenting work in the future.

"They have given me the opportunity to train with them over the next year to present their shows in front of the camera," Trego said.

"Throughout the cricket season, in and around fixtures and training, I will be going to acting classes and media training and other things they feel I need to touch up on.

"It's a really exciting challenge for me. They are going to link me up with a chap who works in London, who is one of the top guys in his field, for acting training.

"It's an environment that is very alien to me although a lot of the guys I have played cricket against will say that acting isn't anything I need to work on and that I do that pretty well.

"I've always had that feeling that I really want to entertain whether it be with my cricket or the nature I play the game. Now I have got a huge opportunity to do that in the second phase of my working life. It has come as a bit of a surprise but I am really ready to grab that opportunity."

Trego had already impressed as Somerset's 'Man on the Mic' during NatWest T20 Blast matches last summer and by interviewing Chris Gayle to help promote the competition. But photos taken at a photoshoot caught the eye of new channel and convinced them to sign up the Somerset star.

"I did a photoshoot last year and they saw the images of the shoot and really liked them from a visual point of view," Trego said.

"They didn't know anything about me as a person but my agent had a



load of content to give to them from Sky Sports and from the ECB website where I did that playful interview with Chris Gayle at a driving range for the NatWest T20 Blast.

"They saw me doing a bit interacting with commentators on the mic, one on particular talking with Paul Allott about a big fat pigeon which was standing at silly mid-off chewing up the seed and almost got ginged by the ball 15 times.

"We had a bit of fun with that. It shows the other side to your nature. They really liked that so when that slim opportunity came my agent was able to show them a lot of things I had done media-wise. Putting the belt and mic on can be a bit of a pain but I'm really pleased I did those little jobs now."

Although Trego has a potential career to go into when he retires from playing he insists that cricket remains his immediate priority.

"You have to be switched on to what you are going to do after you have finished playing, but that's not a negative thing," he said.

"I still back what I'm doing. I'm 34, I'm fit and playing well but there will be a natural end to my career. In sport you never know exactly when that

date will be so preparation is crucial. To have something that gets my juices flowing is potentially a great position to be in.

"Although cricket will be getting my full attention, on my days off I will be stood in front of a mirror, hairbrush in my hand as a microphone, pretending to present. It's going to be like being 13 again.

"Whenever the time comes to retire I will rest the bat against the wall and hang my boots up with a lot of pride about what I have done on the cricket field. But I am certainly not done yet.

"I have noticed in my practice and training that because I have got this other venture it has relaxed me a little bit. Those tensions about what I was going to do after my career were starting to creep in.

"But having a multi-million pound company seeing some positives in what I do has given me a huge amount of confidence moving forward that things will be all right after cricket.

"I'm not going to rest on my laurels. I will be working hard to make sure I score my runs and get my wickets but also want to upskill in the requirements of presenting as much as I can in the next 12 months."



CROSS-CODE SUPPORT

WASPS RUGBY PLAYER
JAMES CANNON
DISCUSSES WHAT HELP
AND SUPPORT HE GETS
FROM OUR FRIENDS AT
THE RUGBY PLAYERS'
ASSOCIATION

Q: DO THE RPA HAVE A PERSONAL DEVELOPMENT PROGRAMME?

There is a team of eight Personal Development Managers who work across the 12 clubs in the Aviva Premiership, the England Sevens, England Women as well as the alumni network of pst players.

HOW MUCH CONTACT TIME DO YOU GET WITH YOUR PDM?

My PDM, Ben McGregor, comes to the club once, maybe twice a week. It's quite an informal arrangement. He will appear at the club over lunchtimes or breaks in training when he is available to meet people on a drop-in basis. But you can also arrange to meet him away from the club, either at home or at a coffee shop.

DO THE PDMS ORGANISE WORKSHOPS AND COURSES FOR CURRENT PLAYERS?

Some of the important work they do with workshops is targeted at the younger academy players, guys who have come straight out of school at 18 into a professional set-up. Organising things like cookery classes and other life skills help to prepare them for day-to-day life and living away from home for the first time.

For older players courses tend to be tailored towards what you are interested in or a group of players at a club are interested in. There are courses to help players get their coaching badges and first aid courses. We recently did a wine-tasting course and we even had a butchery course at Wasps which was run by one of our sponsors.

DO YOU HAVE YOUR OWN PERSONAL DEVELOPMENT PLAN?

When I first left school eight or nine years ago there wasn't an awful lot of support and encouragement available. I wanted to go to university, which is what I did, but that was very much done off my own back.

Over the last five or six years the RPA has really developed and grown as an organisation. Things have changed dramatically for the better and now the PDMS really push younger guys to think about education and courses that they might want to do.

For people like myself who are still looking to play for a few more years but who have half an eye on the future after rugby they do arrange regular networking events across the country where they invite players along to meet companies from different areas of business in a very informal setting.

It gives you the chance to chat to them about the work they do, how they got into it and, hopefully, you can strike up a relationship that can help you find a career post-rugby.

WITH ONLY ONE MATCH A WEEK THROUGHOUT THE SEASON DO RUGBY PLAYERS HAVE PLENTY OF FREE TIME FOR PERSONAL DEVELOPMENT WORK.

One of the big things is you have got to be proactive yourself. The RPA can open doors but they can't make you walk through them. You have got to get off your backside and make it happen yourself.

There is a lot of downtime so players do have an opportunity to think about what they are going to do. I must say an awful lot of players do bits and pieces of Personal Development work on a regular basis which helps them transition into the working world.

DO THE RPA HAVE THE EQUIVALENT OF THE PCA BENEVOLENT FUND TO LOOK AFTER PLAYERS WHO NEED ASSISTANCE?

We have the Restart charity, which used to be the Benevolent Fund, which looks after ex-players who may have fallen on hard times.

But Restart also helps younger players who have come into professional rugby but who may not have made the grade and who might need a little bit of help – whether it's financial or just some advice – to adjust to not being a professional rugby player.

The PDMS are also very good at staying in touch with players after they leave the game to ensure that if they do need any help from Restart they can get it.

CROSS-SPORT





CCGS – BACK ON COURSE

County cricketers past and present have the chance to play golf at some of the top courses in the country as members of the County Cricketers' Golf Society.

The Society was formed in 1935 with the objective of providing "opportunities for occasional meetings on the golf course between County Cricketers and so revive friendships commenced on the cricket field."

The Society also provides competitive golf for its members with 28 fixtures scheduled for this year including matches at Rye, Walton Heath, Woburn, Royal Mid-Surrey, Formby, Royal Porthcawl, Royal St Georges, Worplesdon, West Hill, The Berkshire, Hollinwell and Royal Worlington.

The annual membership costs just £25 and is open to anyone who has played a first-class county match.

Each fixture includes 36 holes of golf and a lunch. As guests of the host clubs CCGS members do not pay green fees, the only cost is for lunch.

The Society's 'home' is the Worplesdon club in Surrey where two meetings are held each year.

The Society pays a block subscription to WGC and this currently entitles CCGS members to play on weekdays at any time of the year and introduce guests on payments of a green fee of £40 per person.

Further details about the County Cricketers' Golf Society can be obtained from Richard Baker, the secretary, at: ccgshonsec@gmail.com

County Cricketers' Golf Society Fixtures 2016

April 8: SPRING MEETING (Worplesdon).

Richard Baker 01442-871166/ 07710-213130
marathonman97@hotmail.com/ccgshonsec@gmail.com

April 9: The Berkshire. Bryan Richardson 07836-205811
bryanarichardson@hotmail.co.uk

April 17: Woburn. George Sharp 01604-505438/ 07771-344747
george.sharp4@btinternet.com

April 22: Crowborough Beacon. Min Patel 07768-722260
min_spin@hotmail.com

April 24: Royal Mid-Surrey. Ted Clark 020-8892-5974/ 07986-182859
tedaz4@yahoo.com

May 15/16: Cold Ashby. George Sharp 01604-505438/ 07771-344747
george.sharp4@btinternet.com

May 25: MCCGS at The Berkshire.
Andy Needham 01923-222453/07860-501538
andy138@btconnect.com

June 7: Formby. Bryan Richardson 07836-205811
bryanarichardson@hotmail.co.uk

Aug 26: Farnham. Keith Wheatley 01420-525262/ 07776-253877
keithwheatley@aol.com

Sept 4: Ipswich. Richard Baker 01442-871166/ 07710-213130
marathonman97@hotmail.com/ccgshonsec@gmail.com

Sept 17: Royal Worlington. Iain Fletcher 01449-678982/ 07798-837814
hertsfletch@gmail.com

Sept 24: Worplesdon. Stuart Waterton 07801- 979322
stuartwaterton@live.co.uk

Sept 26/27: Royal Porthcawl.
Bryan Richardson 07836-205811 bryanarichardson@hotmail.co.uk

Sept 29: West Sussex Ladies (Pulborough).
Graham Cottrell 01280-822624/ 07885-089790
cottrellgraham@gmail.com

Sept 30: Brookmans Park. Frank Collyer 01702-582158
fecollyer@icloud.com

Oct 1: Denham. Angus Fraser 020-8866-0778/ 07768-558071
angusfraser@aol.com

Oct 2: Stoneham. Mike Taylor 023-8026-9763
carolmiketaylor@hotmail.co.uk

Oct 4: Edgbaston. Dennis Amiss 0121-472-5860/ 07831-096100/
dennisamiss@talktalk.net

Oct 8: West Hill. Neil Sargeant 0208-866-3314/ 07866-361123
bilkol1108@gmail.com

Oct 9: Ashridge. Richard Baker 01442-871166/ 07710-213130/
marathonman97@hotmail.com/ccgshonsec@gmail.com

Oct 12: Hollinwell.
Trevor Tunnicliffe 01159-892364/ 07949-488408
trevortunnicliffe@hotmail.com

Oct 14: AUTUMN MEETING (Worplesdon).
Richard Baker 01442-871166/ 07710-213130
marathonman97@hotmail.com/ccgshonsec@gmail.com

Oct 19: Royal Ashdown.
Tony Pigott 01273-831340/ 07768-552688 tonypigott@aol.com

Oct 23: The Girls (The Berkshire).
Jon Hardy 07785-353626 jonhardyco@gmail.com

Oct 27: Enmore Park. TBC

Oct 29/30: Royal St Georges.
John Shepherd 01227-743122/ 07511-636469
j.shepherd@talktalk.net

FOWLER SETS HIS MIND ON EDUCATION

Former England Test players Chris Lewis and Graeme Fowler proved popular additions to the PCA team on the recent pre-season visits to the 18 first-class counties and MCC Young Cricketers.

The annual visits inform and educate county players about the services provided by the PCA and major changes in the game but they were given an extra dimension by the presence of Lewis and Fowler this year.

Lewis spoke to players about the importance of personal development and planning for life after cricket after he was jailed for 13 years in 2009 for smuggling liquid cocaine into England.

The former England all-rounder was released from prison last year and is committed to helping educate current players to ensure that they do not make the choices he did.

Fowler, the former Lancashire and Durham opening batsman, has already appeared in the PCA's Mind Matters series discussing depression and mental health issues.

He again helped to raise awareness of these important issues and the support that the PCA offers past and present players in a number of ways including the PCA Confidential Helpline.

"This is a new initiative to take a couple of people around with us to raise awareness of important issues. Chris and Graeme were very well received at all the clubs we went to and it is an initiative that we plan to continue going forward," said Jason Ratcliffe,



the PCA Assistant Chief Executive.

"Chris talked about the importance of Personal Development and highlighted to players the things that he didn't do when he was playing to plan for the future. When his cricket career finished he had not planned properly and his thinking became confused.

"The essence of Personal Development is about planning now to ensure that the transition from cricket is as smooth as possible.

"The first two years after you have finished playing are the hardest while you are trying to move into another area.

"Graeme Fowler and his family have already done some outstanding work with the PCA in our Mind Matters series, highlighting



the importance of mental health and well-being.

"It's a topical and important issue at the moment and having Graeme with us on the pre-season county visits was invaluable.

"Judging by the number and variety of questions they were asked, the presence of Chris and Graeme was appreciated by the players and a huge success."



STARS WALK DOWN MEMORY LANE

Former players from Gloucestershire and Yorkshire have been involved with projects aimed at reducing loneliness in the elderly by talking about their playing days.

The two county clubs have teamed up with the Sporting Memories Network for 'Chat,

Play, Unite' sessions.

Former Gloucestershire stars David Lawrence and Mark Alleyne took part in the event at Bristol while former England off-spinner Geoff Cope launched Yorkshire's initiative at Headingley.

The events were aimed at reducing social isolation, depression and dementia amongst the elderly population, strengthening

links between the older and younger generations and increasing participation in physical activity.

Charity Sporting Memories Network, which has previously ran sporting reminiscence sessions at Leeds care homes, has joined up with Yorkshire Cricket Foundation to support older people in the city living with social isolation, depression and dementia.

"I have many great memories of my time with Yorkshire, it was lovely to spend time with so many fans and to learn how even a simple image can spark so many conversations and new friendships," Cope said.

"I hope supporters and players alike will get involved in the project and share some of their own favourite moments of the club."

PCA MASTERS



GREENE KING SECURES MASTERS SPONSORSHIP

THE PCA HAS ANNOUNCED A NEW PARTNERSHIP WITH GREENE KING IPA THAT WILL SEE THE BRITISH BEER BRAND BECOME THE PCA ENGLAND MASTERS SHIRT SPONSOR FOR THE NEXT FIVE YEARS.

The news came shortly after the Suffolk-based brewer agreed a deal with the England and Wales Cricket Board to become the official beer of England cricket.

The announcement sees the involvement by Greene King in cricket expand beyond the international arena, with the renowned beer brand stepping into grassroots cricket by supporting recreational clubs through the PCA England Masters programme.

Captained by current England batting coach Mark Ramprakash, the PCA England Masters adds an extra dimension to the cricketing calendar, bringing together great names from the game, extending professional playing careers and helping clubs with their fundraising.

The deal also means Greene King will be prominent at all PCA events, supplying their products and enjoying sponsorship rights at the PCA's flagship events; the PCA Summer Garden Party and the PCA Awards, which will take place at Grosvenor

House, A JW Marriott Hotel on Wednesday September 28.

"We are delighted Greene King are committing their support to the PCA England Masters programme over the next five years and increasing their involvement to the wider cricket community," said PCA Commercial Director Johnny Grave.

"We are looking forward to working closely with the UK's leading pub and brewing company and taking the PCA England Masters team around the country as we aim to support former players while giving recreational clubs and communities a fantastic opportunity to raise substantial funds."

George Johnston, marketing director of Greene King brewing and brands, said: "We have championed sport at all levels for many years and we are proud to continue this tradition by partnering with the PCA to support grassroots cricket clubs, players and fans across the country."



The PCA and Greene King recommend drinking alcohol responsibly. More details can be found at: www.thepca.co.uk/7825.html | www.enjoyresponsibly.co.uk

WILSON PROSPERS WITH PCA SUPPORT

Former Worcestershire batsman Elliott Wilson is forging a new career as an independent financial advisor with the help of the PCA despite being hindered by a chronic back complaint.

The PCA's support, part of the Association's educational funding for past and present players, allowed Elliott to gain qualifications in corporate finance and financial advising.

He is now working as an independent financial advisor from his base in Cambridge and an office in St Albans even though he can only sit for an hour at a time and then needs to lie down for a similar length of time.

The discomfort is a legacy of the dreadful circumstances that ended Wilson's promising county career after he had made 779 runs, including two centuries, for Worcestershire in his first full season for them in 2000.

"When I was 22 I went over to Australia to play an off-season of grade cricket," Wilson said.

"While I was over there I had an injection into a disc in my back and one of the medical staff, who had flu, coughed on the needle.

"I actually got flu in my disc. It turned pretty bad when it got into the bone, they had to cut out the infection, and I needed a double fusion.

"It really was unpleasant. I had four months in hospital that year lying down because my spine was infected.

"I was pretty ill and, sadly, that finished my cricket career which was disappointing."

Wilson was unable to work for almost a decade after he retired from playing but he put his time to good use by becoming a voracious reader of books and also developing his skills as an artist, he is still represented by a London gallery, and has had multiple solo shows.

"To start with I wasn't very well for a significant amount of time. I had to have a lot of operations over a number of years so I really wasn't in a fit enough state to even consider going into a work environment. The infected area had caused the nerves to become so sensitive that I had to rip pages out of a magazine to hold them, as even the weight of a magazine would cause inflammation," Wilson said.

"It sounds odd but the only way I could move forward was mentally and so I ended up reading a ridiculously large amount of books.

"I set myself the challenge of reading for three hours a day and then got that up to four hours a day. I pretty much did that for a decade. I'm a pretty normal reader which is 40 pages an hour so, if you do the maths, that works out at around 1,000 books over a decade.

"So I did use that period to move forward. I really needed to achieve something and I did that through learning.

"I also did some art work in that time. I couldn't do more than maybe a couple of hours of painting a day because holding my arm up affected the damaged nerves in my back."

Wilson enjoyed his art but needed a regular income which is why he decided to become a financial advisor and sought help from the PCA to help fund his training.

He said: "People say: 'why are you going into finance?' but the reality is you have to earn a living, if you don't have the appropriate insurance in place which I didn't have and if you don't have family wealth behind you which I didn't have it really is quite scary how little money you get from the government.

"I just thought: right, how can I get round that? I thought that being a financial advisor really suited my situation because I could work around my problem.



"I could take meetings and stagger them through the day to give me the chance to lie down which I need to do.

"It works for me but it has all been made possible by the PCA funding which I think is a terrific initiative.

"It really helped me knowing that the qualification which costs thousands would be paid by the PCA. They really did make it possible.

The drive to get the qualification or to do the reading was never going to be a problem, but financing it was, and the PCA stepped up to that challenge, I'm so grateful. Thank you to everyone who has ever raised money for the PCA

"It gives a solution to a problem. It can seem a pretty negative experience having to ask for funding but if it is asking for funding to get a qualification then I think it's a pretty positive experience."

"I SET MYSELF THE CHALLENGE OF READING FOR THREE HOURS A DAY AND THEN GOT THAT UP TO FOUR HOURS A DAY. I PRETTY MUCH DID THAT FOR A DECADE"

COUNTY BENEFICIARIES 2016



Tim Ambrose (Warwickshire)

Born and raised in New South Wales but with an English mother, Ambrose first made his mark in county cricket as a busy middle order batsman and athletic wicketkeeper during six seasons with Sussex.

But he had to compete with Matt Prior for the wicketkeeping spot at Hove so Ambrose moved to Warwickshire in 2006 and has been a permanent figure in their side ever since.

He briefly replaced Prior as England's first choice wicketkeeper and played in 11 Tests, five one day internationals and a T20 international between 2008 and 2009.

Ambrose was a County Championship winner with Sussex in 2003 and again with Warwickshire in 2012. He won the NatWest T20 Blast with Warwickshire in 2014.

Charities: MIND, Warwickshire Youth Cricket and Fisher House

Sean Ervine (Hampshire)

Played 47 times for Zimbabwe, including five Test appearances, before he left his native country in 2004 and made his way to Hampshire.

All-rounder Ervine made his county debut in 2005 and has become a

dependable and popular member of the Hampshire squad ever since.

He helped Hampshire win the C&G Cup in 2005 by scoring centuries in the semi-final and final and played in further triumphant one day competition winning sides in 2009 and 2012 as well as winning the T20 Cup in 2010 and 2012.

Ervine briefly flirted with the idea of returning to international cricket with Zimbabwe in 2009/10 when he signed to play for Southern Rocks alongside his brother Craig but instead remained loyal to Hampshire.

Charities: Naomi House & Jacksplace and The Southampton Hospital Charity

Daryl Mitchell (Worcestershire)

Worcestershire through and through, Mitchell progressed through the youth system at New Road, via a scholarship contract at Worcester University into the first team squad.

When he succeeded Vikram Solanki as captain in 2010 Badsey-born Mitchell became the first Worcestershire-born captain of the county since 1925.

A reliable and adaptable opening batsman Mitchell is also a useful medium pace seamer who has proved

particularly effective in white ball cricket.

Mitchell, a former pupil of Prince Henry's School in Evesham, made his Worcestershire debut in 2005 and has scored more than 9,000 first-class runs with more than 2,500 in List A and 1,600 in T20 cricket.

Charities: PCA Benevolent Fund and Odd Balls



COUNTY BENEFICIARIES 2016



GALE



MITCHELL

Andrew Gale (Yorkshire)

The most successful captain in recent Yorkshire history, Gale has captained the White Rose county to back-to-back County Championships including their first in 13 seasons in 2014.

The former Heckmondwike Grammar School pupil played age grade cricket for England from Under-15 to Under-19 and toured South Africa with the England Performance Squad in 2009/10.

When he replaced Anthony McGrath as skipper in 2010, Gale became the youngest professional captain in Yorkshire's history.

Gale has led Yorkshire from the front, becoming a well-respected captain as well as contributing valuable runs as a top order left hand batsman.

Charities: PCA Benevolent Fund, Yorkshire Cricket Foundation and Yorkshire Children's Trust

Darren Stevens (Kent)

Darren Stevens (Kent) Began his career with his native Leicestershire in 1997, Stevens' career has blossomed since he joined Kent in 2004.

A consistent middle order batsman and useful seam bowler Stevens has excelled in all forms of the game. He was scored more than 13,000 runs

and taken more than 300 wickets in first-class cricket with more than 3,500 runs and almost 100 wickets in various Twenty20 competitions around the world. Stevens toured Australia, Malaysia and Sri Lanka with the ECB National Academy in 2002/03 but it was another seven years before an England Lions call came.

Charities: PCA Benevolent Fund, The Brain Tumour Charity and Ellenor Charity

Phil Mustard (Durham)

Sunderland-born Mustard made his Durham debut in 2002 and played his entire career for his native county.

He helped Durham win their first silverware and back-to-back County Championships in 2008 and 2009.

An aggressive left-handed batsman and reliable wicketkeeper, Mustard played 10 one day internationals and two Twenty20 internationals and was back-up Test wicketkeeper for a time.

Mustard, known as 'The Colonel' was appointed Durham captain midway through the 2010 season. He handed over the reins to Paul Collingwood in 2012.

Charities: PCA Benevolent Fund, Children's Heart Unit Fund, The Chronicle Sunshine Fund



MUSTARD

Pro-active women set the standard

NOW THAT THE ENGLAND WOMEN'S PERFORMANCE SQUAD IS FULLY PROFESSIONAL WE TAKE A LOOK INTO HOW THE CULTURE OF PERSONAL DEVELOPMENT IS DEVELOPING WITHIN THE GROUP.

Tammy Beaumont, EWPS PCA rep and vice-captain Heather Knight, shared their thoughts with us on what personal development means to the squad.

Many of the players in the squad started out as amateurs, having to juggle careers with playing cricket and this is how Tammy managed to balance life as a part-time cricketer: "Since reaching full professional status, we potentially have more time now to spend on personal development. Before that we had to juggle a second career, many of us within coaching (mainly as Chance to Shine Ambassadors) around our training and playing commitments, which left us less time to spend developing ourselves or our non-cricket careers long term. Although we don't have specific time blocked off for PD we are still encouraged to where possible." Many of the girls originally managed to complete university education before turning professional.

Tammy was able to get plenty of time to learn, train and play. "After completing my degree in Chemistry & Sports Science at Loughborough University, I completed a Sports Massage Qualification, which before we became professional I used as a source of income."

Since turning fully professional there has still been time for both of them to continue their development. Tammy has recently completed her Level 3 coaching like many professional players, but Heather has had the chance to have some particularly exciting experiences.

"The PCA helped to fund me getting involved in some charity work. I went to Rwanda back in 2013 to help out with the Rwanda Cricket Stadium Foundation. It was an amazing experience and has led to me meeting some incredible people and getting involved in some more things including setting the World Record for the highest ever cricket game at the top of Mount Kilimanjaro!!"

Building on the need to develop a second career before the transition to full professional status has clearly paid dividends within the squad with a strong emphasis on personal development. "There's always been a large emphasis on personal development within the England Performance Squad. We've always had access to a Personal Development and

Welfare Coach, Purdy Miller. She's been our 'go to' person, helping us with any academic or career aspirations and is always pushing us to look beyond cricket to make sure we are prepared for when our cricket career may come to an end. As well as that, Purdy has been able to help a lot of us juggle our University commitments with our England ones, making sure we are able to do both to the best of our ability," said Tammy.

Heather's slightly more independent view suggests the culture is strong, "I wouldn't say there's a massive emphasis on it, but there's the support there to go and get involved in personal development. I've found that getting involved in other things outside of cricket has been really good for me in terms of my game on the pitch. It's healthy to not be thinking about cricket 100% of the time."

With the way the England Women's programme is structured, they tend to have shorter tours either at home or away. What does everyone get up to with their down time? "It's pretty individual to be honest, some of the



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THE WOMEN'S GAME

girls are still studying back home so they have to find time to keep up to date with that. Some people like to relax with a book or whatever the box set of the month is. We're very lucky to go to some amazing places, so it's always nice to get out of the grind of hotel rooms and see some of the countries we visit as well.'

"When on tour we often take the opportunity to see some of the country's culture and main attractions. Recently in Cape Town we planned a team trip to Robben Island after watching Nelson Mandela: Walk to Freedom together. Besides that there is an unofficial book club. Most of us relax in our downtime with a good book, and very rarely is it your typical romantic novel. There are a couple of favourites making their way around the group at the moment: *Legacy*, the All Blacks guide to success and *The Program: Seven Deadly Sins - My Pursuit of Lance Armstrong* by David Walsh."

Tammy's experience has helped her develop the view that there is a positive culture within the squad. "There is an appreciation for personal development. A career in cricket can be short-lived and there will always be life after cricket so it's important to prepare for it. I think having only been professional for two years we can appreciate this even more."

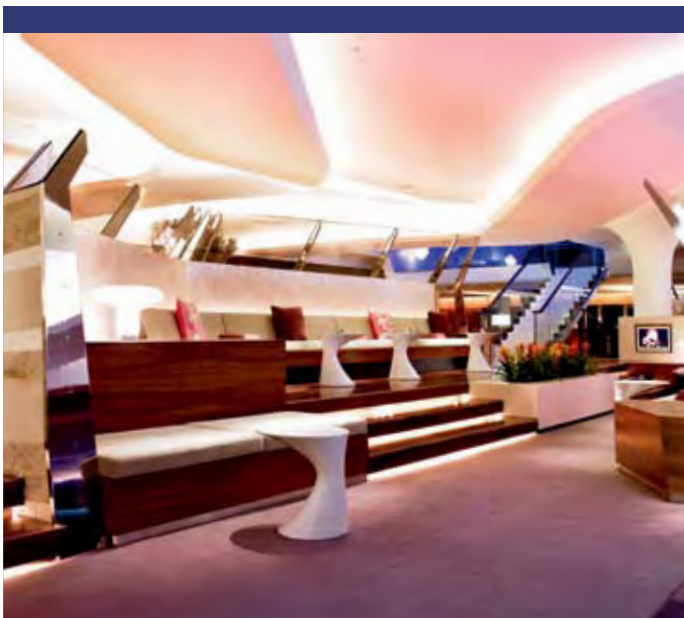
And finally, what advice do they have for aspiring young players trying to decide between education and a career in cricket? Heather was able to do both. "I was very lucky that I could study my degree alongside the beginning of my England Cricket career, it was a challenge at times, but it definitely helped me on the pitch that I had something to concentrate on outside of cricket and I've always got my degree in the bank once cricket finishes. I don't think there necessarily has to be a choice between the two. There are many people that have successfully combined the two."

Tammy also believes the two can work together: "Personally these days I don't think that you have to necessarily choose one or the other. More than half of us in the England Performance Squad have been able to balance University and International tours and England training either currently or in the last few years. Even if University is not for you, there are so many other opportunities now which are available to develop yourself while within the game."





thepca.co.uk website is a great source of information for current and past players, and it is also where you will find the full list of great offers available exclusively to Members... here are a selection of the latest deals designed specifically for you



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The visiting service means a tailor can come to your office or home in and around London as well as major cities around the world whilst still providing a great personal service. All garments are fully measured and fitted to your unique specifications. Ideal for the modern day sports professional.

McCann Bespoke are delighted to offer all PCA members 25% off their first purchase and 10% off thereafter. **CODE: PCA2016**



LATEST MEMBERS OFFERS



2UNDR UNDERWEAR 15% DISCOUNT

The PCA has teamed up with 2UNDR to offer a 15% discount across 2UNDR's range of high performance men's underwear

The Product: 2UNDR is a brand new high performance men's underwear line which is set to change the way British Sportsmen protect their best assets. 2UNDR uses the most advanced techniques and materials to provide the ultimate support and fit for professional and every day Cricketers both on and off the pitch.



Available in the Swing Shift – everyday use where comfort is king; the Gear Shift – a true “all-rounder” and a hybrid for all occasions; the Power Shift – designed for the active Sportsman.

Use code PCA15 at www.2undr.eu

Jimmy Anderson, Ambassador:
“I’ve always enjoyed wearing 2UNDR’s, it’s fantastic underwear on and off the pitch”

James Taylor, Ambassador:
“Nothing comes close to 2UNDR for support and comfort”



ALL SPORT INSURANCE SERVICES

With over 75 years' experience in insurance broking, All Sport Insurance Services has been created to provide sports professionals with a solution to their insurance requirements.

Led by Andrew Pearce, All Sport Insurance provides sports professionals with a bespoke personal service and the team are available seven days a week, fifty-two weeks of the year to respond to your insurance needs.

All Sport Insurance understands the difficulties sports professionals can incur when buying insurance, particularly motor, and over the years we have worked with insurers to resolve this. We have negotiated facilities where we can provide personal quotations for Private Car, Home Insurance and many other products and our services are recommended by the PCA. Cover can be enhanced with the purchase of Policy Enhancements such as Legal Expenses Insurance, Breakdown Cover and Excess Protection should they be required, and the cost of premiums can be spread over installments. Visit our new web site www.allsportinsurance.co.uk and follow us on twitter @Allsportinsure.

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Jonny Bairstow, England and Yorkshire CCC

For a personal quotation please contact:
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**ALL SPORT
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PCA Members can get a 35% discount on all Win or Lose products including Socks, Polos, T-shirts, Cashmere Knitwear and Scarves by inputting the code WINPCA35 on checkout at www.win-or-lose.com



DRESSING ROOM NOTICES



The PCA England Masters Fixture list Summer 2016

1st June: Woodhall Spa, Lincolnshire
 8th June: Phil Mustard XI, South North CC, Northumberland
 17th June: Bramhall CC, Cheshire
 3rd July: Old Wimbledonians, London
 21st July: PCA Summer Garden Party, Hurlingham Club
 22nd July: Brentwood CC, Kent
 29th July: Penrith CC, Cumbria
 17th August: Bromley CC, Kent
 19th August: Hyde CC, Greater Manchester
 26th August: Banstead CC, Surrey

Fixtures updated throughout the year at www.thepca.co.uk/pca_masters

PCA Past Player Day 14 July 2016

This year the past player day will take place at Cheltenham on 14 July on day two of the County Championship match Gloucestershire v Essex. Please contact Ali Prosser to book your place at this day, aprosser@thepca.co.uk



Follow the leaderboard on the PCA website as it develops throughout the season, and see if anyone can knock Durham's Chris Rushworth from his perch in 2016!

County MVP - www.thepca.co.uk/county-mvp
England MVP - www.thepca.co.uk/england-mvp



PCA Awards Dinner

Save the date: Wednesday 28 September 2016, The Grosvenor Hotel, London.



PCA BENEVOLENT FUND
 The Heart of the Game



Help your own charity

Raise money and awareness for the PCA Benevolent Fund and support players past and present in times of need.

Call Jason Ratcliffe on 07768 558 050

Virgin Atlantic is delighted to offer all PCA Members discounted flights and holidays to over 30 wonderful worldwide destinations.

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Keep in touch

Find players past and present and stay in contact with the PCA by searching for our facebook page. Follow us on Twitter: @PCA and Instagram: thePCA

PCA Negotiator

Jason Ratcliffe has assisted over 220 players to negotiate their contracts in the last three years - from making a simple phone call through to full negotiation.

Call **Jason** for details on 07768 558 050.

adidas Sport eyewear has teamed up with the PCA to offer all members an exclusive 50% off RRP.

For information, your new contact is: James Tuffy at J.tuffy@adidas-ep.com or phone 020 8987 2449.



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User name: pca
Password: offers



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Assistant Chief Executive

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Chief Executive

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Email: dleatherdale@thepca.co.uk



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THE PCA ADDRESS BOOK
THIS ISSUE WE LAND ON AN 'H'

Reuben Herbert

Fringe player during Essex glory years now successful businessman in the sports clothing industry

H

YOU PLAYED FOR ESSEX IN AN ERA WHEN THEY WON THEIR FIRST MAJOR TROPHIES. WHAT WAS THAT LIKE?

It was an interesting dressing room to be in!

When I joined in 1975 Essex wasn't a successful club. We won our first trophies in 1979 which opened the floodgates as the belief which grew out of the achievement fed into further success.

Although I didn't play many games, it was obvious how important the camaraderie was as the club evolved into a period of sustained success. We had people with common objectives who got on very well together, some great characters but also some really good professionals.

WHAT WAS IT LIKE PLAYING FOR ESSEX IN THE MID-1970S?

When I started we didn't even have indoor net facilities on the ground, we used to go to leisure centres at Harlow or Ilford for indoor nets. We didn't have a coach until Mike Denness was appointed in 1980 so it was a very different world then. Essex was more of a community club back then, and I think this fed the soul of the club and helped the team stay more bounded during difficult periods of a match or season.

We coached ourselves and everything we did was self-motivated. We didn't have anyone organising nets when the first team were playing. Nothing was easy back then, but it helped me to become wiser to the ways of the world probably ahead of time for my years.

HOW DO YOU REMEMBER YOUR ESSEX CAREER?

The big disappointment for me was that I played only five Championship games in seven years. I would like to have played more Sunday League games to get myself into the feel of playing at that level, but the excellence of the team, and Keith Fletcher's admirable loyalty to his first-choice players meant it didn't happen. The same team played virtually every game in every competition, and the trust they built between each other became a key factor in their success.

Despite joining the staff as an opening batsman, Essex wanted me to become a spinning all-rounder to take over from Ray East or David

Acfield. But when I tried to develop my bowling my batting dipped and it took me a couple of years to really get both sides of it together. Just as I felt I got the whole thing together and I was playing decent cricket I got sacked.

HOW DID YOU FIND OUT YOU WERE BEING RELEASED?

I got called in to the office at the close of play on the first day of a Second XI match at Chelmsford and was told they had decided not to renew my contract. In fact I got a hundred and six wickets in that game and topped the Second XI batting and bowling figures in 1981.

WHAT DID YOU DO THEN?

I went proing in Holland and Scotland and played Minor Counties cricket for Suffolk. I had trials lined up with Somerset and Gloucestershire in 1984 but I broke my cheekbone batting for Suffolk and missed most of that season. I couldn't see myself getting back into county cricket so I decided to set up a sports clothing company with my mum. She had the technical skills of making garments and I did the sales and marketing. We started by selling cricket shirts in Essex but expanded into hockey and other sports and then moved the manufacturing business to Rotherham which is where I am based now.

ARE YOU STILL IN THE SAME BUSINESS?

We have now made a link with a factory in China. They were looking for a sales and marketing arm of their business. We worked together on setting up what is now the Zeon brand. Our production is now done by our partners in Hong Kong.

We have developed product ranges in 30 different sports. Our main sports at the moment are swimming, athletics, rowing and netball but we are launching a cricket range next year which is very exciting for us.

WHAT SKILLS LEARNED FROM PROFESSIONAL CRICKET HAVE HELPED YOUR BUSINESS CAREER?

Self-motivation which is vital for running a business, teamwork because trust is a key, learning from mistakes and resilience.

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