

# Boundaries

THE PCA MEMBERSHIP MAGAZINE FOR PLAYERS PAST & PRESENT

**JOHN CRAWLEY**

INSIDE THIS ISSUE: "THE PCA HAS BEEN A FANTASTIC HELP IN SMOOTHING OVER MY JOURNEY FROM THE GAME"

PLUS: CAREER FOCUS ON SALES  
ROUTES INTO LORRY DRIVING

**HOW'S THAT, UMP? MIKE BURNS DELIVERS HIS VERDICT**

**NEW SEASON, NEW YOU:** THE IMPORTANCE OF STAYING MENTALLY & PHYSICALLY FIT  
& THE PROGRESSION OF THE PERSONAL DEVELOPMENT & WELFARE PROGRAMME



# REAL PEOPLE REAL PLACES REAL NEEDS



**PCA  
BENEVOLENT  
FUND**

The Heart of the Game

The Benevolent Fund is part of the PCA's ongoing commitment to help current and former players and their dependants in times of hardship, upheaval or to readjust to the world beyond the game.

Few vocations carry so much uncertainty as that of a professional cricketer. The demands of playing any sport for a living, leaves little time to consider and plan for possible disasters or upheavals in the future.

A significant amount of money is set aside from PCA fundraising for this purpose.

Benevolent issues are those that pull at everyone's heart strings and emphasise the important work the PCA does in generating vital funds.

The Fund is part of the PCA's on-going commitment to supporting players and their dependants who might be in need of a helping hand to readjust to a world beyond cricket.

It can also help current and past players who may have fallen on hard times or are in need of specialist advice or assistance.



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the rights of present,  
past and future first  
class cricketers.

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**THE COVER**  
THIS ISSUE'S COVER IS INSPIRED BY THE ICONIC MOVIE POSTERS OF WORLD-FAMOUS GRAPHIC DESIGNER SAUL BASS

## FROM THE EDITOR

Welcome to issue 10 of Beyond the Boundaries.

Here at the PCA, we've just completed our county visits, travelling the length and breadth of the country to meet with the membership. It's a busy time but incredibly important, as we both inform and canvass opinion on the latest issues of the day. All current players are filling out their annual survey, which covers a multitude of cricketing issues.

The domestic structure has once again come to the fore in the wake of the Morgan Review and we will ensure the playing membership, those at the very heart of the game, play a key role in shaping the future of professional cricket.

Since the launch of our membership scheme - announced in issue eight of BtB - we have generated over 500 pieces of information and new contacts, many of whom have helped us to rediscover past players. The membership cards, which provide free access to County Championship cricket, have proved to be a huge success. All we need from you is a photo, so please keep sending these in and keep an eye out for any past players who have lost touch with the PCA. We would love to hear from them and raise their awareness of the fantastic member services and offers available.

Once again, BtB is bursting with content. On page 20, we have a fascinating feature on how the PCA has taken full control of the personal development and welfare programme for the counties, charting how the team have been enhanced with the addition of three former professional cricketers.

Batsmen Matt Wood and Charlie Mulrairie, and bowler Nick Denning, combine their playing knowledge with crucial employment experience gained through a variety of different roles once their cricket careers had finished. Their understanding of their subjects, and what they face in the future, provides a fantastic resource to today's players as they plan for life after cricket. Congratulations should also go to Ian Thomas, who is now National Personal Development Manager.

Elsewhere, John Crawley is in focus as we chart routes into teaching on page 14, while an in-depth article on becoming a professional lorry driver can be found on page 31. We also have a major feature on health and welfare on page 10. To that end, members should look out for a refreshed addictive behaviours resource, details of which can be found on the website - [www.thepca.co.uk/addictive-behaviour-programme](http://www.thepca.co.uk/addictive-behaviour-programme)

Whether you are a current or past player, aged from 18 through to 80-plus, please continue to send your comments to us. We love to hear your views and welcome any suggestions on how we can continue to evolve our service.

Enjoy the magazine and have a superb summer.

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# BROAD TAKES ON PCA ROLE AS PRESIDENT

Former England opener and ICC Match Referee Chris Broad is the PCA's new President after being appointed to succeed Sir Ian Botham at the end of last season. Broad (pictured), who played for Gloucestershire and Nottinghamshire, took over from Botham in August last year, after the legendary all-rounder signalled his intention to step down and concentrate on his television and charity work.

PCA Chief Executive Angus Porter said: "Sir Ian has been a generous and active supporter of the PCA, and it has been a privilege to work with him as President.

"We are grateful for everything he has done for us and offer him our very best wishes as he continues to dedicate his energies to his

media career and his formidable charitable efforts."

Broad is the first PCA President who will serve for a reduced, fixed two-year term, which will allow the Association to benefit over time from the wisdom of a number of past cricketers, with wide-ranging backgrounds and experience.

The 54-year-old Ashes winner famously hit three centuries in the 1986-87 series Down Under before becoming an ICC match official in 2003.

PCA Chairman Vikram Solanki said: "Chris has played cricket at the highest level, winning 25 Test caps for England. His up-to-date appreciation of developments in cricket worldwide will be of tremendous value to the PCA and its members."

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## SUPPORTING A WORTHY CAUSE

Warwickshire players past and present will come together at Knowle & Dorridge CC at the end of the season for a Memorial Match in honour of the former Bears batsman and batting coach, Neal Abberley, who died last August.

Many of the Bears' famous treble winning side of 1994 are expected to line up against members of the current Warwickshire squad on Sunday September 9 to raise funds for the Warwickshire Old County Cricketers' Association (WOCCA) and 2012 beneficiary Neil Carter.

Jason Ratcliffe, Chairman of WOCCA, said: "Neal was a great servant to Warwickshire and I'm sure that he'd be delighted that we're creating a match in his honour.

"With past and present Warwickshire stars taking part, it promises to be a great day and we're hopeful of making it an annual fixture."

## IT'S DICKIE BIRD OBE

Former umpiring legend Dickie Bird has been awarded the OBE for his services to cricket and charity.

The former Yorkshire and Leicestershire batsman stood in 66 Tests and three World Cup Finals during a 28-year career as a first-class umpire, and after retiring set up the Dickie Bird Foundation to give grants to underprivileged children.

The Foundation awards grants to youngsters who might not otherwise be able to afford sports equipment and participate in the sport of their choice, irrespective of their social circumstances, culture or ethnicity.

Bird, 78, had previously received the MBE in 1986 and said: "I am stunned, utterly thrilled, and so very proud to be considered worthy for such an honour. I would like to thank all the Foundation trustees for their hard work in making it such a success."



## TEE OFF WITH OLD FRIENDS

The County Cricketers' Golf Society has been keeping friendships forged on the cricket field alive and kicking for the last 77 years. The fixtures are out for the 2012 season and membership is open to anyone who has played or currently plays professional cricket.

Matchplay foursomes over 36 holes either side of lunch is the most popular format and the society ensure that all matches are played on quality golf courses with superb hospitality and value for money guaranteed.

For more information, please visit the County Cricketers' Golf Society page at [www.thepca.co.uk/4712](http://www.thepca.co.uk/4712)

## JONES THE SEAM

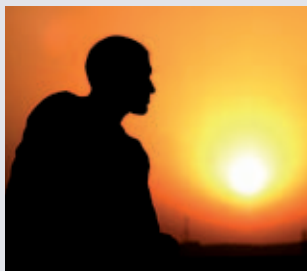
Fast bowler Steffan Jones sees himself as the 'perfect case study' on how to build the athlete within the cricketer, and has created his own website to share his experience with others. Jones, who played for Derbyshire, Somerset, Glamorgan and Northamptonshire during a 20-year career, always prided himself on his fitness and now has a sports science degree in addition to holding an ECB Level Three coaching certificate and qualifying as a Strength and Conditioning coach. He explained: "I've set up my own online cricket clinic with a view to opening a performance centre to

cater for the needs of all cricketers. I will design their Strength and Conditioning programs as well as their technical program and believe that strength and conditioning should be integrated into the cricket specific sessions."

Visit [www.sjenhancingperformance.com](http://www.sjenhancingperformance.com) for more.



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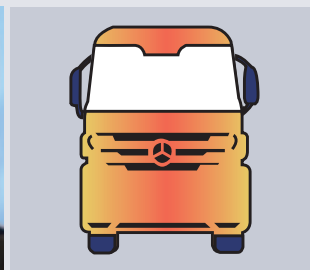
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## IN THE NAME OF ROME

PCA Legal Director Ian Smith will be running the length of Hadrian's Wall for the PCA Benevolent Fund this summer. Smith, who last year joined his colleagues on a 'Summer of Endurance' fundraising campaign, will take part in 'The Wall Run' and cover 69 miles on June 23 and 24, running from Carlisle

to Gateshead. He's also badgering his former PCA colleague Jim Hindson to take part, but first Hindson will have to recover from the Brighton Marathon in April, for which he is raising funds for Chance to Shine. You can make a donation at [mydonate.bt.com/fundraisers/jameshindson1](http://mydonate.bt.com/fundraisers/jameshindson1)





## LEGAL EAGLE SOLANKI TAKES FLIGHT

Worcestershire batsman Vikram Solanki has completed his Bachelor of Laws (Honours) from the Open University, gaining a 2:1 pass. The 35-year-old, who is Chairman of the PCA, was delighted with the achievement and believes studying actually helped him to switch off from cricket during the season.

He said: "It was a six-year degree and the way the Open University modules worked definitely helped me at times during the summer. If I'd had a bad day on the field, rather than dwell on it I would continue my studies, which left me feeling fresher for the next day.

"If I'm honest, when I started out, I didn't intend to do a law degree. You are prescribed a list of modules to choose from and I took law modules within that. But then I got close enough to be able to complete a degree in law."

Solanki is now back in the ranks at Worcestershire, after standing down from the captaincy in August 2010. And with the law degree now complete, what will the former England opener do with all that time on his hands? "I'll certainly not be sitting back and taking it easy," he added. "I enjoy studying and gaining qualifications and haven't ruled out looking at other courses. Watch this space."

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## GRIPS & TURNS

Former Derbyshire opener Peter Gibbs' latest novel 'Settling the Score' will soon be hitting the bookshelves.

Gibbs became a full-time playwright after retiring and has more than 100 broad television scripts to his name, writing more than 50 episodes of ITV drama 'Heartbeat'.

The novel is a fictional account of a first-class match set in the late 1960s and Gibbs described the plot as: 'An apparently humdrum mid-table game at the fag-end of the season becomes a febrile encounter involving personal rivalry, scandal, and betrayal. Three days, two nights, one hell of a row.'

The book, published by Methuen, will be on sale in May.



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## NOT ANY OLD OFFICE JOB FOR SHANTRY

Adam Shantry has recently taken up a new role with Paramount Office Interiors, after retiring through injury from the game in 2011. The 29-year-old former Glamorgan all-rounder, who also played for Northamptonshire and Warwickshire, is excited by his new challenge, which involves raising the company profile, forging links and developing relationships with new clients - all ultimately with the aim of increasing sales.

"It's a challenge that excites me immensely," said Shantry, speaking from his office in Cardiff. "Paramount are an interior fit-out specialist led by chartered professionals, whose core business is refitting and refurbishing office space for clients such as KPMG and the AA.

"The PCA have helped with the challenge of transferring the skills I have learned from professional cricket into my new job, such as performing in a pressurised environment for an extended period of time. The hours are certainly longer than when I worked in cricket, but on a positive note, I have yet to return from the office with several ice packs strapped to my body after a 20-over spell!"

To find out more about Paramount Office Interiors, visit <http://paramountinteriors.com> or contact Shants direct via [adam.shantry@paramountinteriors.com](mailto:adam.shantry@paramountinteriors.com)





# TEST GROUND MOVES FOR PCA

It's been all change at the PCA in recent months following two big office moves to Test grounds. First up, the association have uprooted from Primrose Hill to head south of the river to the Kia Oval, and they now have a second office, based in Birmingham, thanks to a deal being struck between the association and Warwickshire CCC.

Their main London office is now based in the Laker Stand at the Kia Oval, while visitors to the Midlands should head to Box 108/109 of the RES Wyatt Stand at Edgbaston. All staff contact details are unchanged though, so there's no need to delete anyone's number from your phone.

Player Services Executive Ali Prosser will be based at Edgbaston and said: "All PCA members, be they current or past players, are welcome to pop in to meet up with Jason Ratcliffe, Ian Smith or myself. Whether it's an informal chat over coffee or a chance to go into more depth on an issue - there will be someone around to talk to you."



## ROOKIE CAMP HELPS THE GREEN'UNS

The PCA's second annual Rookie Camp took place at Edgbaston in pre-season, with around 35 first year professionals attending the day-long conference.

Designed to give the players a formal introduction to professional cricket in England and Wales, the Camp outlines the minimum standards expected of them on and off the pitch, as well as the comprehensive support network that is on offer from the PCA.

Topics of discussion during the conference included the process of negotiating a new contract and managing your finances, the importance of having plans in place for personal development and how PCA Player Services can help.

Chris Watts, the operational executive of the ECB's anti-corruption unit, warned the youngsters about the dangers of match-fixing, while Radio 5 reporter Pat Murphy gave a valuable insight into how to handle the media.



## SAGGERS SELECTION

It's a case of poacher turned gamekeeper for Martin Siggers, who after retiring from the game in 2009 has now been added to the ECB's full list of first-class umpires for 2012. The former Durham, Kent and England seam bowler has impressed since being appointed to the reserve list and his promotion comes on the back of some 'outstanding performances' according to ECB Umpires' Manager Chris Kelly. Siggers has taken the place of former Glamorgan and Leicestershire all-rounder John Steele, who spent 15 years on the full list.

Other appointments to the reserve list include former Worcestershire and Nottinghamshire batsman Paul Pollard and Warwickshire and Somerset all-rounder Mike Burns.

## MEMBERSHIP ON THE RISE

While the PCA's membership drive continues to bear fruit, there's still plenty of former players from whom the association would like to hear. Contact details for the 3,500 members are continually being updated thanks to new information being passed on by ex-county colleagues, friends and family, but there remain some 1,500 for whom the PCA have only email addresses. Anyone who has played first-class cricket prior to 1967, or been contracted to a county after that date, is a member of the PCA and entitled to a range of benefits, including a membership card that provides free entry to county championship cricket.

Visit [www.thepca.co.uk/past\\_player\\_membership](http://www.thepca.co.uk/past_player_membership) to find out more, or get in touch with Jason Ratcliffe at [jratcliffe@thepca.co.uk](mailto:jratcliffe@thepca.co.uk) or Ali Prosser at [aprosser@thepca.co.uk](mailto:aprosser@thepca.co.uk)

## MEMBERS NEWS

# READ ALL ABOUT IT

Worcestershire players found out more when they took part in a PCA Personal Development workshop on Sports Journalism in the off-season.

Cricket writer Paul Bolton, a freelance journalist who regularly writes for the Daily Telegraph, talked to the players about the work of a modern day reporter, including how social media sites are being increasingly followed by the media to provide an easy supply of stories.

Advice was given to players on how to use sites such as Facebook and Twitter to better promote themselves, while still being protected from unwanted and potentially damaging media attention. The group then turned their hand to editorial, writing a 400-word article on the topical subject of match-fixing.

The workshop is one of a number of educational sessions that are run by the PCA as part of the Personal Development and Welfare programme (PDWP) during the off-season. If you're interested in taking part in similar workshops in the future, contact your Regional Personal Development Manager.



## WEB CONTAINS KNOTT

England's most-capped wicketkeeper Alan Knott has launched a new website at [www.alanknott.co.uk](http://www.alanknott.co.uk). The site charts Knott's illustrious career with Kent and England, during which he picked up 95 Test caps, and includes a detailed profile, a stats page and a fascinating memorabilia section.

Knott is regarded as one of the game's finest glovemen, and retired in 1985 having claimed 1,344 dismissals in first-class cricket.

He's since coached at elite level with England and was inducted into the ICC Cricket Hall of Fame in 2009. A Kent legend, he had a stand at Canterbury named after him last season.

Knott is also planning to host a number of events throughout the country. More information on 'Nights with Knott' can be found on his website.

## SEEING IT BIG

Members of the Yorkshire team switched their whites for football boots over the winter when they took part in a charity match in Bradford in aid of Marie Curie Cancer and Brain Tumour Research.

Anthony McGrath helped organise the game as part of a Celebrity-Legends XI against Fields AFC in December alongside Rich Pyrah, Oliver Hannon-Dalby and Ryan Sidebottom.

The former Tykes captain regularly plays five-a-side football during the off-season and squad members have joined Leeds United at their Thorp Arch training ground over the last few winters.

## JAMIE IN-SPIRES

Former Warwickshire player Jamie Spires is helping the next generation after joining Complete Cricket, a Midlands coaching company. As well as a range of challenging coaching programmes, they also offer masterclasses from current professionals like Darren Maddy. Find out more at [www.completecricketcoaching.co.uk](http://www.completecricketcoaching.co.uk)



## JACK WATSON

He was Durham's oldest surviving former player, and President of the Durham Old Players' Association, when he died aged 90. An off-spinner by trade, he played 131 matches for the county between 1945 and 1966 and 75 matches for Northumberland between 1949 and 1955. Remarkably Watson played league cricket well into his seventies and also worked as a football scout for a number of clubs, including Middlesbrough, Darlington and Sunderland.

## EDDIE DAVIS

The Northamptonshire batsman made 104 first-class appearances for his native county between 1947 and 1956. Davis, who was the younger brother of Percy, another county stalwart, made more than 4,000 runs including a career-best score of 171 against Leicestershire in 1949. He died in July aged 89.

## JOHN SWINBURNE

Schoolteacher and former Northants off-spin bowler John Swinburne passed away in September, aged 71. In his 29 appearances for the county, he claimed a creditable 83 wickets including 6-57 against Warwickshire in 1971.

## DOUG GREASLEY

A Yorkshireman who made his debut against his native county, Greasley went on to accumulate 1,659 runs in 58 matches for Northamptonshire before playing and coaching club cricket in Scotland. He died in Northampton aged 85.

# BASIL D'OLIVEIRA

Former Worcestershire and England all-rounder Basil D'Oliveira passed away after a battle with Parkinson's disease in November. He was originally born in South Africa but found his progress blocked in a segregated sporting system, although he did catch the eye of broadcaster John Arlott. That triggered a series of events that eventually saw him secure a job at Middleton CC in Lancashire. Soon after, Tom Graveney, who had played representative cricket abroad with D'Oliveira, persuaded Worcestershire to sign him.

Within two years, he was carving a successful career for England, and although he was surprisingly left out of the 1968 tour to South Africa, an injury saw him called up as a replacement. South Africa's right-wing regime, under Prime Minister John Vorster, announced that they would refuse D'Oliveira entry and the tour was called off by the MCC, beginning many years of sporting ostracism for South Africa.

D'Oliveira averaged 40 in Test cricket with a highest score of 158, and scored more than 23,000 runs in all cricket, taking 741 wickets. After retirement in 1979, he took up the role of senior coach at Worcestershire.



## PETER ROEBUCK

Tragic circumstances surrounded former Somerset captain Peter Roebuck's death in November - when he apparently committed suicide while working as a journalist on the South Africa v Australia Test series.

In his playing days, the right-handed batsman won five limited overs trophies with Somerset between 1979 and 1983, and scored more than 17,500 first-class runs in a 17 year career, passing 1,000 runs nine times. He was named as one of Wisden's Five Cricketers of the Year in 1988. He then forged a successful career as a cricket journalist and broadcaster, writing for a number of publications including the Sydney Morning Herald and Melbourne Age.

## SIMON MASSEY

A former Hampshire off-spinner, he died aged 50 from a suspected heart problem in January. He was on the Hampshire staff between 1980 and 1982, and then went on to play for Berkshire, while also qualifying as a coach and working in Surrey's coach education programme.

## GEOFF HILL

A left-arm spinner who made the first of his 42 first-class appearances for the Combined Services against Warwickshire at the Mitchells and Butlers' Ground in Edgbaston in 1957. Hill went on to play for the Bears on 41 occasions, scoring 247 runs and taking 107 wickets for them. He died in March aged 77 after a lengthy illness.

## ROY TATTERSALL

In taking an incredible 193 wickets in 1950, Tattersall helped to propel Lancashire to joint Championship winners - a title they shared with Surrey that season. He also represented England and in total took 1,369 first-class wickets, with a career-best of 9-40. He was 89 when he passed away in December 2011, having just contributed to the foreword of a book celebrating Lancashire's County Championship triumph last season.



# STAYING POSITIVE

THE PRESSURE TO SUCCEED ON A PERSONAL AND TEAM LEVEL IN CRICKET CAN BE ALL-CONSUMING. **JIM HINDSON** TALKS US THROUGH THE FACTS...

They say that football is a funny old game. Well... I reckon it's pretty straightforward compared to the unique demands that professional cricket brings to bear on its players.

Take Championship cricket for example. Players can spend days chasing around the field after their opponents, spurred on only by the anticipation of batting themselves. There are no guarantees in the middle though, and a 'nick off' will have you walking back to the pavilion thinking: 'How the hell does that work?'

In fact, form is incredibly transparent in our game. Batsmen enduring a low run of scores and bowlers getting belted are up in lights on the scoreboard, on the internet and on Twitter. We all know what kind of a day, month or even season a professional cricketer has had - maybe even before the player himself does. And don't even get me started on those dropped catches or misfields.

There are also injuries to overcome. Bowlers crash their joints repeatedly onto a surface that is designed to be as hard and unforgiving as possible, batsmen deal with thunderbolts unleashed at 90 miles per hour, and fielders pick up the pieces from there.

I'm sure you will all agree that our funny old game at times is just not that funny. But players should take some solace that these absolute tangles of our game, form and fitness, are there for all to see - in the public domain. Without realising it, team-mates make allowances and build support systems to help their peers get over these challenges.

Whether that manifests itself as looking at a mate's bowling action in the nets, giving him some throwdowns, or visiting him in hospital for a post-operation 'piss take', the ailing player is receiving sympathy and most important of all, treatment designed to get him playing to his full potential. A problem shared is a problem halved, and all that.

On the flipside of this, there are the hidden demands of the game. We all feel pressure

25%

OF PEOPLE WILL EXPERIENCE SOME SORT OF MENTAL HEALTH PROBLEM EVERY YEAR

4,400

PEOPLE TAKE THEIR OWN LIVES IN ENGLAND EACH YEAR





## HEALTH & WELLBEING

and stress in some form and deal with it differently. These symptoms are tougher to share - heaven forbid that us mighty professional sportsmen should show a chink in our armour.

The PCA have developed a number of support systems to assist players in providing vital pathways to recovery, not dissimilar to those for form and injury. It might sound like a bit of 'hippy crap' but the more open players are to their own

**"THE GAME HAS MADE HUGE STRIDES IN DISPELLING A LOT OF THE MYTHS RELATED TO WELLBEING AND MADE IT EASIER FOR PLAYERS TO TALK. BUT THE LAW OF AVERAGES SAYS THAT FOR ALL THE PLAYERS TALKING NOW, THERE WILL BE A NUMBER OF OTHERS WHO ARE STILL STRUGGLING TO COPE."**

wellbeing - which simply means a good condition of existence - the easier it will be. Let's face it, 'a good condition of existence' is not a lot to ask, but it's amazing how many of us put up with stuff and mentally grind ourselves into the ground.

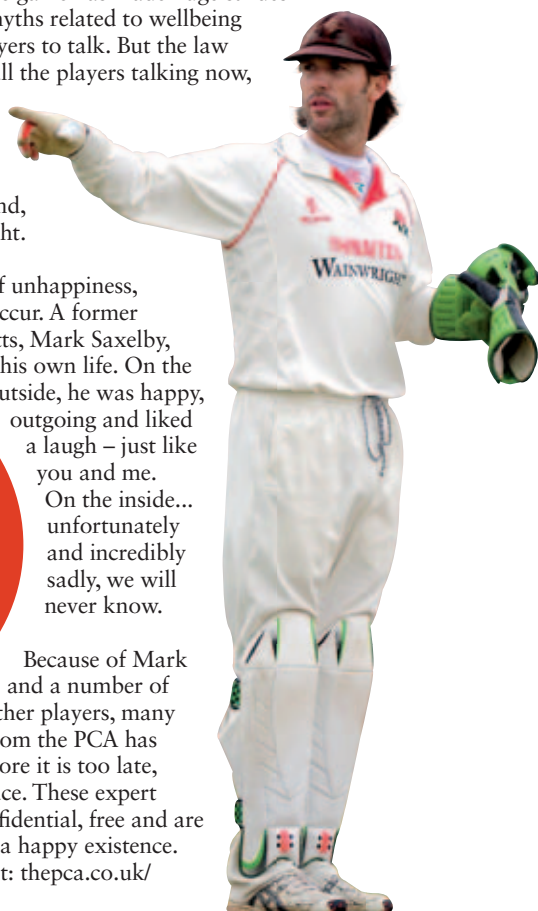
Fortunately, thanks to the likes of Marcus Trescothick and Luke Sutton (pictured), the game has made huge strides in dispelling a lot of the myths related to wellbeing and made it easier for players to talk. But the law of averages says that for all the players talking now, there will be a number of others who are still struggling to cope. Think of it as a metaphorical run-rate rising in their mind, with no release shot in sight.

In the most severe cases of unhappiness, unthinkable actions can occur. A former team-mate of mine at Notts, Mark Saxelby, took his own life. On the outside, he was happy, outgoing and liked a laugh - just like you and me. On the inside... unfortunately and incredibly sadly, we will never know.

Because of Mark and a number of other players, many of whom the PCA has thankfully intercepted before it is too late, support systems are in place. These expert support networks are confidential, free and are there to ensure you enjoy a happy existence. For more information visit: [thepca.co.uk/health-and-wellbeing](http://thepca.co.uk/health-and-wellbeing)

**1 in 5**

**OLDER PEOPLE ARE AFFECTED BY DEPRESSION**



## HOW THE PCA CAN HELP YOU

The PCA have a wide range of systems in place to provide support to members and help keep you mentally and physically healthy. Here are three examples of the network that is in place.

### PCA confidential helpline

Endorsed and supported by the PCA and the ECB, and set up specifically for the benefit of professional cricketers past and present, the confidential helpline is there for players who would like to talk to a professional counsellor and therapist in complete confidence.

If you are struggling with a personal problem such as drink, drugs or gambling dependency, family issues, bereavement, depression or anything else that may be affecting your game and your life in general, help is just a phone call away.

The service is completely free and available at any time. Call 0844 800 6873 if you're in the UK, or +44 (0) 1373 858 080 if you're abroad.

### Depression checklist

Statistics show that one in four people will experience some kind of mental health issue over the course of a year, and that depression affects one in five older people. The retirement of Derbyshire captain Luke Sutton last season was just one example of a professional cricketer seeking help for depression. Of course, we may all find ourselves feeling down, but when that feeling lasts over a period of weeks, or you've lost interest or enjoyment in doing things, then you may be suffering from depression. Don't let the problem get on top of you - seek help by talking to your GP, visit [www.nhs.uk/pathways/depression](http://www.nhs.uk/pathways/depression) or contact the PCA confidential helpline.

### Skin cancer

Skin cancer affects more than 100,000 people in the UK every year, with 2,500 people aged 16 or over dying because of the disease every year. The majority of skin cancers are entirely curable, if detected and treated early. If you notice a change in size, colour or shape in any mole or mark on your skin, don't ignore it - seek medical advice. Most importantly, don't forget to apply the sun lotion before you head out on the field - adequate sun protection all year round reduces the risk of cancer.

The PCA has an exclusive offer for members to receive skin and mole checks at a discounted rate from sk:n clinics. Contact Ali Prosser on 07769 880 888 or email [aprosser@thepca.co.uk](mailto:aprosser@thepca.co.uk) to arrange an appointment.

# Don't get caught out by prostate cancer



Every year 37,000 men are diagnosed with prostate cancer – that's enough men to fill Lord's.



Thank you to Nick Cook, ECB umpire, for supporting our campaign.

Show your support at  
[www.prostate-cancer.org.uk/cricket](http://www.prostate-cancer.org.uk/cricket)

Don't get caught out by prostate cancer

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CANCER CHARITY  
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# A DIFFERENT KIND OF MASTER

PROLIFIC BATSMAN JOHN CRAWLEY, WHO HAS TAKEN ON A NEW ROLE AT MAGDALEN COLLEGE SCHOOL, TELLS **JIM HINDSON** ABOUT HIS TRANSITION FROM PLAYER TO MENTOR.

I didn't think that John Crawley would ever need to get a job. I mean, come on, he was always a brilliant cricketer and surely those 'types' don't need employment when they finish playing. I first came across him during my Notts 2nd XI debut, back in 1990, when he made a classy 80 to guide Lancashire to victory in the Bain Clarkson Trophy - remember that?

In our next meeting, the tall right-handed bat, now Head of Cricket at Magdalen College School in Oxford, was already an established name. Once again it was a step up for me - this time my first-class debut against Cambridge University - and Crawley, who was skipping the side, had been identified as the gun player, the man to get out. In 1994, we locked horns for a third time and he was then an England player. I might add that it didn't stop me 'snaring' him, although by then he had made a cool double-century that helped Lancashire to a Championship victory.

As my career - and that of many of my peers - went into decline, Crawley continued at the top of his profession. He didn't have it all his own way, finding himself in and out of favour with England through the nineties and early noughties. However, 24,000 first-class runs and an average of nearly 50 during a 20-year career for Lancashire, Hampshire and England demonstrates what a talented player he was. He

remained at the top of his profession long after my modest claims to fame were consigned to a dusty Cricketers' Who's Who nestling in the loft, and I fully expected to see his name in lights forever more.

As Crawley explained from his new school, whose old boys include TV presenter Jim Rosenthal and movie director Sam Mendes, time does catch up with all of us, regardless of your stats in the game. "I was lucky enough to have had a good career and when I was involved with England and England A, you didn't really get much time to think about anything else other than playing. But, from around 2003 onwards, when I was out of the thoughts of the selectors, I put my mind to what I might do when I finished. It was at this time that I signed for Hampshire and worked in a business development role for Rose Bowl plc for a couple of years. I also studied for an MBA with Open University.

"Then, in 2008, I had a bad season and this continued in 2009, where 11 out of 15 dismissals in the Championship saw me nicking off to second slip off medium-paced seam bowlers. I worked incredibly hard to eradicate this technical flaw but after a year and a half of under-performing, I retired - despite Hampshire kindly offering me another contract and giving me a chance to set the record straight. But

I'd given it absolutely everything as a player and I knew it was time to go and let the younger guys press on."

So here Crawley was... at the crossroads where so many of us former players have stood and taken a moment, reluctant to let go of a sporting career and apprehensive of what comes next. Crawley agreed that no matter how good you are on the field, those first tentative steps onto 'Civvy Street' after life as a professional

**"I'M CONVINCED THAT CRICKETERS WHO HAVE A CLEARER IDEA OF WHAT LIES IN STORE FOR THEM OUTSIDE CRICKET PERFORM BETTER ON THE FIELD, THANKS TO BEING RELIEVED OF SOME OF THE PRESSURE AND WORRY."**

sportsman require courage and, to a certain degree, a decent helping of optimism that you will find something that pays well and that you can enjoy.

He added: "That transition out of the game is certainly tricky. It's like coming out of the forces - you go from being well-paid and at the top of your profession to having to start again. Fortunately, this is where the PCA

## TEACHER FEATURE

### PAST PLAYERS ON THE PCA



**MARTIN BICKNELL,**  
MASTER IN  
CHARGE OF  
CRICKET,  
CHARTERHOUSE

"My old Surrey team-mate David Ward talked about teaching in glowing terms so I thought I would pursue it. Being a professional cricketer and a senior squad member at Surrey, junior players look up to you. You can take some of that experience and use it when you're teaching."



**SCOTT BOSWELL,**  
HEAD OF CRICKET,  
TRENT COLLEGE

"Working in education involves some long hours during term time, but the perks of the job make it all worthwhile. Your communication skills need to be excellent - something I struggled with a bit as a player - to make sure you get your message across in an appropriate manner for the age group you're teaching. One key thing I've learned is that you have to approach each lesson afresh - you can't be mad at a pupil just because of their behaviour the previous day."



**JASON GALLIAN,**  
HEAD OF CRICKET/  
GEOGRAPHY  
TEACHER,  
FELSTED SCHOOL

"Felsted approached me to become Head of Cricket soon after my boys Tom and Harry joined the school. As a boarding school I'm here six days a week, working up to 10pm, but that's part of the job. You have to get involved with the school as much as possible - the headmaster called me and told me to pick a subject apart from cricket - so I've just finished my PGCE in geography. Apparently my pupils call me the tectonic plate specialist!"



come in: the organisation has been a fantastic help in smoothing over my journey from the game, providing advice and also funding up to 50 per cent of the courses I took.

"Players' transition out of the game worries me now more than ever. The whole mantra of sport has become incredibly professional, with kids being earmarked at 16 years of age as future stars. Only five per cent of these will make it - and only five per cent of that five per cent will make enough money not to have to worry about work again. In cricket, there are huge opportunities for Academy, Second XI and even established First XI players to gain qualifications and experience in the winter. I'm convinced that cricketers who have a clearer idea of what lies in store for them outside cricket perform better on the field, thanks to being relieved of some of the pressure and worry."

When he left the game, Crawley initially took up a wealth management role in the City with St James's Place Partnership before spending two years as Director of the Marlborough College Association, the outward facing department that supports Marlborough College's continuing development.

He explained: "I have been involved in cricket in the last couple of years but not as much as I would have liked, and I actually miss the game a lot. When the

opportunity came up at MCS as Head of Cricket, which also meant working alongside my old team-mate Phil DeFreitas, I jumped at the chance. I will also undergo some intensive induction training and will take some history lessons once I've settled in."

Crawley is also a mentor for the MCCU programme and Cambridge in particular, firmly believing in the pathways that allow bright individuals to combine studying alongside playing. He added: "Players with an education and a clear idea of the road ahead are far less likely to face more difficult choices and pursue solutions which they may regret in later life. Good planning is essential."

Looking back on a career that spanned two decades, Crawley concluded that his last few years at Hampshire provided a big clue as to what he would enjoy on leaving the game.

"Towards the end, I also took on the role of a mentor at Hampshire, working with the likes of Michael Carberry, Michael Lumb and Liam Dawson. I got a lot of satisfaction from watching the younger players develop. It's the sort of thing that rarely happened 20 years ago - because senior players would be worried about the younger guys taking their place in the first-team. The opportunity to mentor is something I'm looking forward to in my new role - and I know it will give me the sort of satisfaction I enjoyed back when I was playing."



# THE FACTS

COMPILED BY LYNSEY WILLIAMS

DON'T RULE OUT THE POSSIBILITY OF BECOMING A CRICKET MASTER IN A PRIVATE SCHOOL JUST BECAUSE YOU DON'T HOLD A TEACHING QUALIFICATION. ALL SORTS OF OPPORTUNITIES COULD STILL BE AVAILABLE IF YOU HAVE A UKCC LEVEL 3 OR LEVEL 4 ECB CRICKET COACHING QUALIFICATION, AND HAVE A GOOD COACHING CV.

HOWEVER, INCREASINGLY SCHOOLS ARE LOOKING TO GET AS MUCH AS POSSIBLE FROM EACH MEMBER OF STAFF, SO HOLDING OTHER QUALIFICATIONS RELEVANT TO THE SCHOOL AND COACHING QUALIFICATIONS FOR OTHER SPORTS LIKE FOOTBALL, RUGBY, HOCKEY AND RACKETS WILL MAKE YOU HIGHLY ATTRACTIVE AND MORE EMPLOYABLE TO SCHOOLS IN BOTH THE INDEPENDENT AND STATE SECTORS, AND HELP YOUR APPLICATION STAND OUT FROM THE CROWD.

THAT WILL ALSO CERTAINLY APPLY IF YOU HAVE SOME PREVIOUS TEACHING EXPERIENCE OR, IF NOT ALREADY QUALIFIED AS A TEACHER, ARE PREPARED TO UNDERTAKE TRAINING TO BECOME QUALIFIED.

**Routes into Teaching** Teaching is a challenging but very rewarding profession, with teachers playing an essential part in helping children and young people to acquire and develop the knowledge and skills they will need in later life.

**Key Skills & Qualities** Anyone considering teaching in schools as a career must:

- have a love of their subject, especially at secondary level
- have a desire to pass on knowledge and the ability to explain things clearly
- enjoy working with children and young people
- develop good working relationships with a wide range of people
- have good organisational and time-management skills
- have the ability to manage classes and deal with challenging behaviour
- have plenty of patience and a good sense of humour.

**Income** - The main salary range is from £21,588 to £31,552 a year (£27,000 to £36,387 in inner London). Teachers who reach the top of the main scale may apply to be assessed to progress to the upper pay scale. This ranges from £34,181 to £36,756 (£41,497 to £45,000 in inner London).

**Entry requirements** To become a qualified teacher in a state school at primary, middle or secondary you are required to have a degree and complete initial teacher training (ITT) to attain qualified teaching status (QTS). Independent schools may employ teachers without QTS although, in practice, this is uncommon.

## There are four main types of Initial Teacher Training options:

**Undergraduate** If you do not already have a degree you can get QTS at the same time as completing a degree, by doing one of the following types of course:  
BA (Hons) or BSc (Hons) with QTS in a subject area you wish to teach  
Bachelor of Education (BED) degree course (at a few universities).  
Courses generally take three or four years full-time or four to six years part-time.

**Postgraduate** If you have a degree or equivalent in a subject relevant to the National Curriculum you can get QTS by doing a Postgraduate Certificate in Education (PGCE) course. Courses can be one year full-time, two years part-time or flexible by distance learning (e.g. Open University).

**School Centred Initial Teacher Training (SCITT)** Similar to a PGCE as it takes one year and requires a degree, but involves classroom-based postgraduate training that is run by consortia of schools, rather than universities/colleges, for those who prefer to train as a student in a school full-time.

**Work-based** You can gain QTS while working in a school on a trainee salary on one of the following programmes:  
Graduate Teacher Programme (GTP)  
• requires a degree, popular with career changers and a mature students  
Registered Teacher Programme (RTP)  
• you must have completed two years of higher education (for example, a BTEC HND, foundation degree or two years of a

degree) and be prepared to complete your degree alongside initial teacher training.

Please note that number of places on employment-based programmes is limited and competition is strong.

## Basic entry requirements for all of the above ITT options are:

- 1) GCSEs (A-C) or equivalent in English and Maths and with ITT in primary education then a science GCSE (A-C) is also required
- 2) Passes in skills tests in numeracy, literacy and ITC (information & communications technology)
- 3) Clearance from the Criminal Records Bureau (CRB)
- 4) Some experience of working with children and/or in a school (either paid or voluntary - learning or teaching assistance, coaching, youth worker) with the relevant age group. With often great competition for ITT places the more experience you have the stronger your application will be.

**Training and Development** When you have completed your ITT course, you will need to successfully complete three terms in a teaching job before you are considered fully qualified. During this time you will be supported by a mentor. Throughout your teaching career you will need to keep up to date with new methods and ideas in education by doing in-service training.

For more information on every aspect of teaching & teaching training visit the Teaching Development Agency (TDA) website: [www.tda.gov.uk/get-into-teaching/teacher-training-options.aspx](http://www.tda.gov.uk/get-into-teaching/teacher-training-options.aspx) or contact them on 0800 389 2500

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For more information or to order a suit please contact Neil McCann on 020 8877 9292, 07931 736259, email [neil@mccannbespoke.com](mailto:neil@mccannbespoke.com) or visit the website [www.mccannbespoketailoring.com](http://www.mccannbespoketailoring.com)

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For more information, please contact Michael Lowdell on 0870 606 0680 or 07940 383096, or email [michaellowdell@lookers.co.uk](mailto:michaellowdell@lookers.co.uk)

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\*Free airport lounge access applies to hotel bookings only. For any fare or booking requests, contact details are as above.



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# WELCOME FROM YOUR PDWP TEAM

Beyond the Boundaries celebrates the significant landmark of our 10th issue in this edition. Over the years the bi-annual magazine has provided a platform to showcase cricketers carrying out their personal development plans and highlight the support available to them.

The aim has always been to provide thoughts and ideas for members to reflect on what they have done, or are considering for the future. With all 10 issues now available on the website, a catalogue of reading in this area is definitely worth revisiting.

The Personal Development and Welfare Programme recently went through a transition of its own. In January, six of the

Personal Development Managers became full-time PCA employees, with Kate Green and Purdy Miller remaining with the ECB to support the needs of the various elite England squads. I would like to thank them for all their hard work, and we look forward to working closely with them in their new roles.

Sadly, we're saying goodbye to Rachel Newnham, who is moving on to a Performance Lifestyle Adviser position at the Lawn Tennis Association after six years with the PCA. We'd like to thank her for her efforts on behalf of the members, and wish her all the best for the future.

As Rachel leaves, we welcome former Essex player Nick

Denning. He joins the team to support Sussex, Surrey and Hampshire.

This edition of BtB once again provides a variety of insights of possible career paths. What did you do towards your personal development last winter?

With changes to the standard playing contract now allowing the right to a half-day a week between October-March to be spent on Personal Development. With PCA educational funding and the availability of your PDM, there really was no excuse to not think about it.

All the best for the new season - enjoy it.  
**Thomo**



## YOUR PERSONAL DEVELOPMENT MANAGERS

### IAN THOMAS

Having experienced the ups and downs of playing county cricket, I found myself amazed by the insecurities during a player's career. Planning for the inevitable change of a career while playing will always be part of the life of a cricketer. I feel the Programme helps players with the insecurity of cricket and makes personal development a healthy thing to do alongside cricket, allowing for a smoother transition out of the game when needed. Most importantly, it takes away the stress while concentrating on cricket performance.

RESPONSIBILITY FOR:  
GLAMORGAN,  
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GLOUCESTERSHIRE  
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ithomas@thepca.co.uk

### LYNSEY WILLIAMS

I am passionate about the impartial role PDW plays in supporting players to achieve their aspirations both on and off the field. I believe in the importance of encouraging players to create, identify and seize opportunities when and where they can to better themselves as players and people, and in supporting individuals to become better prepared for and better able to manage the wide range of challenges they are likely to face at different stages of their playing career and beyond.

RESPONSIBILITY FOR:  
WORCESTERSHIRE,  
WARWICKSHIRE  
07990 883 971  
lwilliams@thepca.co.uk

### MATT WOOD

The transitions from elite sport to so-called 'normal life' must not be underestimated. The PDW programme is crucial in helping players through challenging times, both during and after their career. Elite sport can be a lonely place at times and it is important that the players know we are there to help and support them on and off the pitch. I feel passionately about this role and, as a former player, can truly understand its importance and value.

RESPONSIBILITY FOR:  
YORKSHIRE,  
LANCASHIRE,  
NOTTINGHAMSHIRE,  
DERBYSHIRE  
07826 535 783  
mwood@thepca.co.uk

### PHIL DICKS

I have been with Durham in one capacity or another since their minor county days. Now they are an established first-class county, I'm enjoying the challenge of helping the club and the individual players to fulfil their potential. I combine my roles of video analysis and PDW work to support players from academy to the pro staff.

RESPONSIBILITY FOR:  
DURHAM  
07703 477 195  
phildicks@me.com

### CHARLIE MULRAINE

Having played both cricket and rugby professionally, I am well aware of how uncertainty about the future can have a negative impact on performance on the field. Planning for the future isn't just about security for life after sport - many players have said doing this has actually helped them enjoy their cricket more. Knowing how to 'sell' your skills and experience, to build networks and to get on with people are key tools for continuing your success beyond the game.

RESPONSIBILITY FOR:  
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### NICK DENNING

Understanding the need for players to have one eye on what is coming next in their lives is essential. Having had a number of experiences in different industries as an employee and self-employed person, and having felt the highs and lows of the transition from playing to working, I am confident I can help players prepare for the 'real world' from an impartial and knowledgeable viewpoint.

RESPONSIBILITY FOR:  
HAMPSHIRE,  
SURREY, SUSSEX  
07785 619 443  
ndenning@thepca.co.uk

### TBC

The PCA are looking to recruit a new PDM with responsibility for delivering the Personal Development and Welfare Programme within the South to County professional cricketers, academies and past players (Middlesex CCC, Essex CCC, Kent CCC and MCC YC's).

The Personal Development and Welfare programme aims to equip aspiring and current professional cricketers with the skills needed to deal with the special demands of competing at the highest level whilst also preparing them for life after their sporting career.



# YOUR BEST-EVER SUPPORT NETWORK

A chronological progression of how the Personal Development and Welfare Support programme has grown within cricket, leading up to significant changes being made to the structure at the start of this year...

.....

### 1992

Career Assistance Program for Athletes (CAPA). The CAPA program was based on extensive interviews with Olympic athletes in the United States.

### 1994

Australian Inception of Athlete Career & Education Programme - ACE.

### 1999

UK Sport contract of ACE UK.

### MAY 2001

UK Sport contract with ECB & PCA.

### MAY 2003

UK Sport license changed to 'Performance Lifestyle' (PL) with ECB & PCA.

### JAN 2003

One co-ordinator & three PL Advisers for 18 Counties. Utilisation rate 15%.

### 2005

ECB PL Strategy Document, Version 18 states three specific objectives which also draw parallels with many of the International Athlete Lifestyle Programmes.



The earliest record of athletes' future careers being supported was in America and Australia with the inception of the Career Assistance Programme for Athletes (CAPA) in America in 1992 and the Athlete Career Education (ACE) Programme in Australia in 1990. The CAPA programme was born from needs analysis with their Olympic athletes. They quickly realised that the benefits of supporting athletes to achieve dual aspirations had a huge influence on their performer's life, emotions and performances.

The Athlete Career and Education (ACE) programme was first introduced in Australia at the Victorian Institute of Sport (VIS) in 1990. Like the American CAPA Programme the National ACE programme was developed in 1994, and implemented in Australia in 1995 after an extensive international evaluation of:

- Research findings in the area of athlete transition and identity foreclosure; and
- Recognised centres with athlete life-skill programmes and amalgamation of existing programmes at the VIS and the Australian Institute of Sport (AIS).

The programme was formed due to concerns that Australia's elite athletes were missing out on essential life-skill development in pursuit of sporting excellence, and that their transition out of sport was often traumatic. It was not until 1999 that the first structure for supporting British Athletes was established. With the support of UK Sport, a network of ACE advisers were employed across a number of sports and sporting institutes to meet the same goals of the ACE programme in Australia. Since this introduction, the UK Sport ACE Programme gained good support and evolved to become an essential part of an athlete's development across a multiple amount of sports.

In 2001 the ECB and PCA entered into a contract with UK Sport to run the ACE programme within cricket. This was a limited resource with only two people to cover the counties and England squad's needs.

#### The Performance Lifestyle Years

In 2003 UK Sport license changed to 'Performance Lifestyle' (PL) with the ECB & PCA programme adopting this title. At this point there was one co-ordinator and



three full-time Performance Lifestyle Advisers covering all 18 counties and England needs. Research at this point showed that the utilisation rate by professional players was 15 per cent.

The Performance Lifestyle programme in cricket had three primary aims:

LEARNING FOR THE FUTURE... PCA MEMBERS HAVE BEEN GIVEN THE CHANCE TO PARTICIPATE IN PERSONAL DEVELOPMENT WORKSHOPS ALL OVER THE COUNTRY

#### 2009

Utilisation rate up to 78%.

#### JAN 2010

MBTi – Psychometrically qualified Practitioners.

#### OCT 2010

ECB & PCA – Personal Development & Welfare Programme Re-brand: one co-ordinator, six and a half PDW Coaches.

#### MAR 2011

Joint ECB-PCA Inaugural Rookie Camp.

#### JUNE 2011

PCA Survey shows the service is well known, valued and respected amongst players and coaches. Over 80% of players and coaches regard the service as good or great value.

#### 2011

PCA run a multi-faceted Personal Development Programme open to all current and former professional cricketers.

#### 2012

Restructuring of staff to meet the needs of the ECB & PCA - two ECB and six PCA.

## PDM REVOLUTION

1. Lifestyle Support: To ensure that players combine the demands of cricket with all other personal aspirations and support them in becoming self-managed professionals.

2. Education Guidance: To provide guidance and support for those players currently studying or those that wish to do so.

3. Employment & Career Advice: To enable a cricketer to explore career aspirations alongside the game.

Cricket benefited from being part of the UK Sport PL Programme up until the end of 2009. Along with other professional sports the association linked multiple sports together. However, a restructure of UK Sport meant that the professional sports went their separate ways to operate their own programmes.

At this point the use of the programme had grown to a utilisation rate of 78 per cent among professional cricketers.

### The Birth of the PDWP

In 2010 a re-brand process established the PCA & ECB Personal Development and Welfare Programme. A new title was born and the PCA & ECB co-funded one co-ordinator and seven Personal Development and Welfare Coaches.

Over the last three years the programme has established its own aims and objectives and core seven areas where support can make a difference. The main purpose of the programme is to:

- To improve the performance of cricketers through easing and minimising potential distractions during their playing career.

- To better prepare cricketers for life after cricket.

Throughout last year it became clear that demand was increasing with the continued initiatives linked to the PDWP taking place at both the PCA and the ECB.

A PCA Survey in 2011 discovered the service was well known, valued and respected among players and coaches. More than 80 per cent of players and coaches regarded the service as “good” or “great value”.

That matched with the increased utilisation on various ECB pathway programmes, and it was necessary for the programme staffing to be reviewed in order to meet the successful usage it had created.

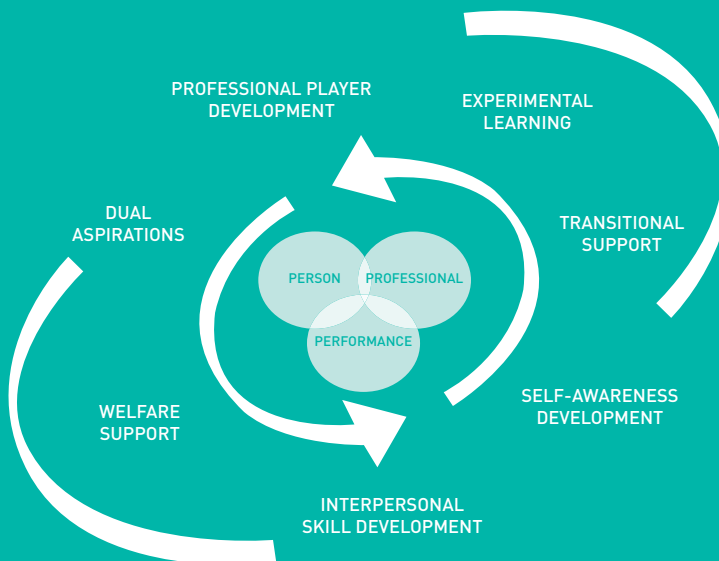
It was decided that the best possible outcome was for the ECB to employ two Personal Development and Welfare Coaches to meet the programmes needs along the ECB pathways.

In January 2012 the PCA also decided to take full responsibility for the programmes’ provisions at county level by appointing Ian Thomas as the National Personal Development Manager.

Along with a team of six Personal Development Managers the aims and objectives of the programmes will continue to be met and the future, for both players and the PDM team, looks to be full of innovation and continuing development.

**A PCA SURVEY  
IN 2011 DISCOVERED  
THE PDWP SERVICE  
WAS WELL KNOWN,  
VALUED AND  
RESPECTED AMONG  
PLAYERS AND  
COACHES**

## THE PERSONAL DEVELOPMENT AND WELFARE PROGRAMME SEVEN AREAS OF SUPPORT



# Q&A

In the third of a series of Q&A interviews, we chat to the latest recruit to the PCA's Personal Development Programme to find out what makes them tick...

## NO.3 - NICK DENNING

### HOW DID YOUR CAREER FINISH?

I was released by Essex and went overseas to play in Australia for the winter. I came back to the UK and trialled around but the emphasis was on youth and as a 25-year-old, I didn't fall into that category. David Capel at Northants was brutally honest with me, which I appreciated. He said he'd got 19 and 20-year-olds who were doing the same job as me and he would be giving them a shot. I appreciated his honesty.

### WHAT DID YOU DO NEXT? I

completed a Sports Therapy Diploma, which I added to the University degree I'd already got on my CV, and I worked in Sports Therapy for a few years. My plan was to become self-employed and run my own business but it didn't quite transpire that way. My qualifications are recognised professionally but are not as well known to the public, who were more familiar with the likes of chiropractors - even though I was doing a very similar job. In the end, a lot of my work was at night, so I figured I could get another job to supplement my income. I worked for BUPA for a couple of years and then joined Now Health International as a clinical adviser.

### HOW DID YOU BECOME A PDM MANAGER?

In the last couple of years, I've been doing a lot of coaching and felt that my life had come full circle, realising that cricket was my passion. I saw the PDM job advertised with the PCA and spoke to Jason Ratcliffe who suggested I throw my hat in the ring with the experience I'd gained after leaving the game.

### WHAT ARE YOU LOOKING FORWARD TO IN THIS ROLE?

Being back among like-minded people I think. And having the opportunity to have a positive impact on players who will go

through the same transition that I went through - that's a huge motivating factor for me. The Personal Development programme was set up while I was playing but was not as defined and effective as it is now.

### BEST PIECE OF ADVICE YOU'VE BEEN GIVEN?

Always have an eye on the next chapter. You might be playing brilliantly but it only takes an injury and suddenly your life turns upside down.

### I WISH SOME CRICKETERS COULD BE MORE...

I'd like younger players to take in what's happening outside of their cricketing bubble. Cricketers are incredibly well supported but it can all be lost tomorrow. Awareness of the outside world will help keep players feet grounded - which can only be positive.

### HOW DO YOU USE YOUR SPARE TIME?

I do a lot of coaching - including the Berkshire Women and I also work on the Emerging Players Programme. I got married not so long ago and we are expecting our first child - so I'm guessing life is going to get a whole lot busier. Oh, and I try to follow Arsenal but we're having a tough time at the moment.

#### Born:

Ascot, Berkshire

**Counties covered:** Hampshire, Surrey, Sussex

**Years worked:** In first year

#### Previous career:

Was a professional cricketer for Essex and clinical adviser for NOW Health International





# NO CRICKET? NO PROBLEM

The winter months aren't all about getting fit for the new season  
- players have valuable time available to develop others skills,  
as a few outlined to Beyond the Boundaries...

COMPILED BY IAN THOMAS

## LEE DAGGETT NORTHAMPTONSHIRE

Having completed my physiotherapy degree at Christmas, I have had a month or so to reflect on the whole experience of managing it alongside my cricket career. At the time, I knew I wanted to become a physio but in committing to this four-year degree I had worries about whether I was taking on too much, and in addition, whether I would be able to fund the fees. In truth, I'm not sure I would have enrolled without someone having completed the programme before me, which James Pipe had done. That, plus the financial assistance I received from the PCA, gave me the push I needed to begin the course and now I've finished, it was the best decision I've ever made.

There are a lot of things in cricket that we can't predict, the same goes with these 'off-the-field' types of commitment, but I hear so many cricketers say they wished they had taken a certain course or invested in a winter working somewhere, which, at the time, seemed such a big step.

The fact is that we will never know unless we give it a go. And really, while we are playing a sport we love and getting paid for it, what's the worst that can happen?



## KYLE HOGG LANCASHIRE

Over the last two winters I have done work experience for SJM Concerts who promote nearly every gig and festival in the country. The role involves making things run smoothly on the day from the load at 6am to the band coming off stage at 11 pm. We act as the go-between for the venue and the tour manager.

So far we have worked with Stereophonics, Madness, Elbow and James, to name a few. I would love to continue with this line of work when my playing career ends and eventually become a tour production manager. Through the PCA funding, I will continue my education in this area when cricket commitments allow - but now I can't wait for the start of the season.

## LAURIE EVANS WARWICKSHIRE

This winter, fuelled with a desire to do something new and my passion for food, I decided to do some work experience in a kitchen to discover what it would be like to be a chef. And with encouragement from the PDWC and support from Warwickshire CCC, I was offered the opportunity to gain experience in the Edgbaston kitchen.

From the start the Head Chef treated me the same as any another chef and about a week and a million peeled potatoes and onions later, I did my first 'live kitchen' - Christmas dinner for 300 people. That day started at 9am and finished at 10pm. It was a truly immense day's work, delivering at 100 per cent for about 75 per cent of the day with no breaks for tea or coffee along the way. That experience really gave me a taste of the pressure and what it is like to work as a chef. I thoroughly enjoyed it and I'm currently working there about 2-3 days a week but as the season draws closer, I will do less. However, my goal was certainly achieved and hopefully I will come away with an NVQ and something I can put on my CV. More importantly it was a life experience - and a very valuable and eye-opening one.



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## JAIK MICKLEBURGH

### ESSEX

Having spent the previous three winters abroad I felt it would be a good time for me to look further away from the game. The few months building up to Christmas was a great opportunity to achieve that and I worked with my Personal Development Manager, Tristan Coulter, throughout the season and then his replacement Rachel Newnham at the back end of the summer.

We looked at a number of career paths and some of the qualifications required for these. We identified exactly what would be best to do and I signed up to a Gym Instructor course and Level 2 Cricket Coaching. The gym instructor course was run by Premiere Fitness and gave me an insight into the key fundamentals of the body and how it works to perform at its full potential. It has also helped me to improve my fitness levels, ready to come back in good shape for the 2012 season.

In January I travelled to Pune for three weeks under the Graham Gooch Scholarship Scheme, which involved training every day with five games spread across the duration. I felt I developed my skills and came back a better player. That would not have been possible without 'Goochy's' continued support and I cannot thank him enough. Throughout February I attended the ECB Level 2 coaching course, which involved going back to the basics of the game and the coaching skills required to qualify as a coach. The first few sessions were challenging, trying to get into the role of a coach, but once I got the hang of that things seemed a little easier. I have my final assessment at the end of September, which gives me the whole summer to work on some areas that need improving.



## AZEEM RAFIQ

### YORKSHIRE

I gained work experience during the winter with Active Barnsley. They are an organisation committed to delivering sports days and camps in the community for both able and disabled kids. I learned about how - and what - the company could apply for in funding and the criteria of what was required for each bid. I also attended meetings about arranging sports camps and activities for school holidays and a sports day for disabled people. I found it really helpful to learn new skills alongside my training with Yorkshire and it has given me a taste of this line of work. Hopefully next year I will be able to back this up with an academic qualification, as I would like to learn more about management and organisation.

# TURN TO THE EXPERTS

Looking for specialist help in developing your career opportunities away from the game? Your regional Personal Development Manager has the answer - the Expert Referral Network.

WORDS: TERRY BOWLES

An Expert Referral Network has been loosely in place over the past couple of years, designed to put players in touch with opportunities that could lead to them improving their knowledge and skills, and steps have now been taken to make it more structured.

Key elements of the network are Sporting Edge, the organisation founded by former England cricketer Jeremy Snape that supports leaders and teams in professional sport and high-pressure business settings, and 1-2-1 Interview Training.

Sporting Edge are providing a range of services to members this year, including player support and high impact workshops. Their performance coaching is underpinned with sports psychology and they have great experience of working with a wide range of athletes.

Michael Caulfield, one of the lead consultants at Sporting Edge, recently presented the first workshop for PCA members on coping with career transitions - called Dealing with Transition and Change - at Edgbaston.

More than 20 members attended, including Mark Ramprakash, Rikki Clarke, Steve Kirby and Raj Maru, and benefited from a thoughtful and insightful day.

Glamorgan's Mark Wallace was particularly impressed and said: "If you are going to invest anything into preparing for your future make sure you invest your time in attending the PCA workshops. Get ready today... be ready tomorrow."

If your job interview skills are a little rusty, you really should take



advantage of the 1-2-1 Interview Training service being provided by Personal Development Manager and PCA career partner Charlie Mulraine.

With massive competition in the current jobs market, the ability to successfully promote your skills and positively influence potential employers has never been so important.

Mulraine, a former professional cricketer and current PDM for Leicestershire and Northamptonshire, has been successfully co-ordinating the PCA's work placement programme for more than six years and will teach you how to:

- Create instant rapport with your interviewer
- Apply techniques to increase your confidence and ability to influence
- Understand the mindset of the interviewer
- Effectively communicate your skills

and experience with authority

- Sell yourself without selling your soul

The Worcestershire Squad recently took part in a day's training on interview skills, which was delivered by Mulraine.

Getting the players to develop a strong understanding of how to approach an interview and the ways they can effectively communicate was the objective of the day. The role-play situations created a real-life pressurised interview, and as well as learning some key skills, fun was had by all.

If you are interested in taking advantage of the opportunities that the Expert Referral Network offers, your Regional Personal Development Manager can refer you to Sporting Edge or 1-2-1 Interview Training. Alternatively, they can arrange a workshop for your county if there is sufficient interest.

A HELPING HAND: PLAYERS CAN NOW GET ASSISTANCE FROM THE EXPERT REFERRAL NETWORK



# COULD YOU SELL SNOW TO THE ESKIMOS?

**Gavin Hamilton** has successfully made the transition from international cricket with England and Scotland to National Field Sales Manager and Head of National Accounts with Caledonian Brewery. He talks about his challenges and how cricket helped his progress.

INTERVIEW: MATTHEW WOOD

## WHEN DID YOU FIRST BECOME INTERESTED IN SALES AND WHAT ATTRACTED YOU TO THE IDEA?

Like most cricketers towards the end of their careers, I started casting a net to see what work I could possibly do in the winters as we were then only on nine-month contracts. Fortunately the MD for Caledonian was an ex-Scotland cricketer and he offered me a small regional sales job in London. I accepted and did that for two consecutive winters. I really enjoyed it and was surprised how much I could learn in a short space of time.

## WHAT HAS YOUR CAREER PATH BEEN SINCE YOU FINISHED PLAYING?

Originally I wasn't sure I would do the job long-term. I started as a regional manager up north where I lived, and then progressed up the ladder to Regional Sales Manager then Business Development Manager. For the last two years I've been doing the top job in the sales department... National Field Sales Manager.

## HOW HAS BEING A PROFESSIONAL CRICKETER HELPED YOU IN YOUR NEW ENVIRONMENT?

I guess there are certain skills I've carried along the way. A week in sales can replicate a week in cricket pretty easily. Some good days, some not so good. My cricket career certainly had those and now I feel I can keep perspective better and accept it for what it is. The travel and working hours also remind me of life as a cricketer, which I quite like as it keeps it fresh.

## WHAT SKILLS WOULD YOU SAY ARE IMPORTANT TO MAKING A CAREER IN SALES?

Communication, for sure, and touring the world has helped me immensely. We played in a strong dressing room at Yorkshire, which could be harsh at times with the banter. Having experienced other countries and met loads of people during my career, that has given me confidence for the business world. In my opinion life experiences are as, or even



GAVIN HAMILTON'S NEW CAREER SEES HIM VISIT PLENTY OF PUBS ON BEHALF OF CALEDONIAN BREWERY



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## CAREER FOCUS SALES

more important than education certificates in this job. Having a personality people can relate to and warm to is crucial. People have to feel comfortable in your company and vice versa.

### WHAT IS A GOOD DAY FOR YOU AT WORK NOW?

A mixed bag really. It could be sometimes performance-related with some really big new business or simply everything just running smoothly. I have nine 'reps' that work under me who I have to look after so making sure the team are working efficiently can also be satisfying. I am often planning ahead so it is nice when things work out as I had planned.

### WHAT IS THE NEXT CHALLENGE IN YOUR CAREER?

Jobs are endless in this industry and I would like to keep climbing the ladder. A top senior management job in the future... why not?

### WHAT ADVICE WOULD YOU GIVE CURRENT PLAYERS WHO MAY BE THINKING OF A JOB IN SALES AFTER THEIR CAREER IS OVER?

Give it a go. Get out there and put some experience under your belt to see if it is for you. Lots of cricketers find jobs in this sector. You will be surprised how many boxes you tick in an interview. You have to learn about the products and once you have you're on another career ladder. The first 18 months away from cricket were the most challenging times in my life but now I can look forward and be proud of what I've achieved. Cricket was a fantastic start to my working life - but it doesn't last forever.



GAVIN HAMILTON  
IN HIS PLAYING  
DAYS - HITTING  
OUT IN A  
ONE-DAY  
INTERNATIONAL  
AGAINST  
ENGLAND

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## TIPS FOR SUCCESS

Personal Development Manager Charlie Mulraine outlines the four skills critical to clinching the deal as a sales executive...

### Set realistic deadlines and stick to them

(e.g. if you promise to call someone back at 9.30am, make sure you do.) No potential buyer likes to have to chase a salesman

### Attend a presentation skills course

Understand that influencing is more about understanding how other people think, feel and act

### Treat every communication as a sales opportunity

emails, telephone calls, letters and face-to-face meetings

### Do you want fries with that?

Always be aware of cross-selling opportunities. It is easier to sell more of your solutions to an existing customer than to make a sale to a new customer

## SALES - THE LOWDOWN

Regional Personal Development Manager Charlie Mulraine outlines the path to follow for anyone interested in becoming a professional salesman.

Carving out a career in sales is an attractive option for many professional sports people. It is a results driven business, specific qualifications are not on the whole essential and you have the opportunity to earn a lot of money. But surely there has to be more to success than just having the 'gift of the gab' and a winning smile?

To help me explore this, I asked two experienced sales people - Bulent Osman, Business Troubleshooter with Business Inspired and former International Sales Director with 3i Infotech, and Matthew Gwynn, Director of Business Development for PMD Magnetics - to unpack the DNA of the perfect sales person.

### WHAT ARE THE TYPICAL RESPONSIBILITIES?

- Presenting the value of the company and products/services to prospective customers.
- Writing compelling sales proposals, including pricing the solution.
- Conducting senior level meetings to positively position and differentiate the company's offerings against the competition.
- Managing a sales process to a successful conclusion (i.e. winning the deal).
- Taking responsibility for the sale: ensuring it is worth investing the company's resources in, co-ordinating all activities, reporting on progress to senior management and doing everything possible to win the deal.

### WHAT SKILLS AND EXPERIENCE DO I NEED?

The will to win, work hard, be tenacious, smart, willing to co-ordinate several resources and organise a sales campaign.

The communication skills required to influence and convince senior

people. Use of body language (appearance, eye contact, gestures etc.), the tone of voice and finally, the words we speak are crucial. Some of these skills come naturally, but we can all improve and communicate confidently.

Eagerness to learn: it's essential to learn about your company's products and services, what makes them different and compelling, and why your prospective customer should buy from you.

The personality to be a great team player. As in sport, selling can be a team effort, although the sales person must take the lead, and accept responsibility for the end result.

Finally, it's about integrity, authenticity and passion. People buy from people, so the best sales people are genuine, honest, authentic and show true passion. They must exude passion for their company, job, products and services. It's about passion to help their customers make the right choices and, if appropriate, select their company's products.

### DO I NEED SPECIFIC QUALIFICATIONS?

There are no mandatory qualifications required for a career in sales although the ability to work confidently with PowerPoint, Excel, Outlook as well as being able to conduct internet research will certainly enhance your employability.

### CAN I BE SUCCESSFUL AND NOT SELL MY SOUL?

Just to be clear, sales is not about selling at all costs. One of the key skills to learn is 'qualifying'. By this we mean identifying and engaging with only those prospective customers that have a need, a desire and the ability to pay for a product like yours. If they do not, it's vital to 'qualify out' and use your most precious asset - your time - to find those that do. The very best sales people are those that know when to say 'no', rather than just saying 'yes'.

## MOVING BEYOND THE CODE

### Some thoughts on where cricket needs to get to in its fight against corruption, from PCA Legal Director Ian Smith

Against the unfortunate background of spot fixing scandals in England in the last two years, it was inevitable that anti-corruption education for all players would be ramped up to ensure we were doing all we could to combat this terrible threat to our game.

What started as a pre-season presentation to the 18 first class counties in March 2010 (before anyone knew about Mervyn Westfield or Pakistan had begun their ill-fated tour) has evolved and grown into a comprehensive programme.

It's safe to say that the education that the PCA and ECB have provided has ensured that practically no participant in English cricket is ignorant of the rules that apply to them.

We've seen the ECB's Anti-Corruption Code introduced and the formation of the ACCESS Group to give English domestic cricket the equivalent of the ICC's ACSU. We've seen two further pre-season presentations to all the players and the completion, by every registered first class professional, of the PCA online anti-corruption tutorial, and that same tutorial is now being used to introduce all Academy players to the subject.

So, if everyone knows the rules, have we succeeded? Can we relax in the knowledge that English cricket is safe? Of course not. Knowing the rules and procedures will still only enable the unscrupulous and immoral to make a better risk assessment of their likelihood of getting caught if they cheat.

We need to move beyond just knowing the rules, to a position where, through strong leadership and the early learning of good values upheld by the team, we can be sure that, when faced with temptation (which they inevitably will be), the cricketer makes the right choice. We need dressing rooms to become places where the wrong choice is unthinkable.





# PUTTING THE 'P' IN PERSONAL

**Steve Snell** arrives at one of life's crossroads after being told: "Time's Up" by Gloucestershire.

I've started the day like so many in the last year or so. There are feelings of hope, but also lack of motivation, anxiety, anger and financial stress circulating inside me. These thoughts have dominated my life since I was released from Gloucestershire in 2010, and continue to do so with some of the themes mentioned humming stronger than others at various points.

Writing this down is the first time I have actually acknowledged outwardly that I am worried, that the future away from the structure of a day-to-day life as a professional cricketer terrifies me. I am worried about my family: how am I going to provide for them? What if I make the wrong career choice? The thought of going down the 'wrong path' is perhaps the scariest thought of all.

I've been fortunate in the sense that I do have options. I'm an ECB Level Four coach, I have engaged in some work for the BBC and can still earn a living from playing occasionally. Even with that in my locker, when I wake up there is no one to tell me where and when I need to be, everything I do - and earn - comes from the desire to motivate myself. In a strange sense this is liberating. I'm the master of my fate now. No S & C coach 'beasting' me on a day-to-day basis. I could be anything I wanted to be in theory!

So... what to do with the time?

In reality it's not so productive. Having no structure can equal liberty yes, but for me the feelings of anxiety, anger, hope etc are at times fuelled by countless hours filling time in coffee shops, wistful dreams of gainful employment and far too much time spent on the internet.

The truth is it's hard to let go of the life of being a professional cricketer. Bloody hell, that's a great life! But once 'you're out' as Kenny Powers would say ... it's a hard pill to swallow. As soon as I left the bubble of pro cricket, recognising that using my time productively to forge a second career was fairly easy. Doing it is by far the hardest part. I have just come off the phone from Ian Thomas (Personal Development Manager) and my immediate thoughts are;

'C'mon 'Snells', pick up the phone. They can only say 'no'. The motivated thoughts are back. That's a great feeling. I have a plan for the next few days, I'm going to call so and



so, re-write my CV and make use of the transferable skills I have. Every time I speak with 'Thommo' I have this feeling. Ideas buzzing around my head, the encouraging words and the belief that there are people in the game who are concerned for my welfare and genuinely want to see me make a success out of myself.

But how long are these motivated thoughts to last? 'Thommo' can't do it for me. My meetings with him are so productive. They stimulate ambition, goals and processes to achieve these. The point I guess I'm trying to make is that it's easier to rely on the Personal Development Programme to inspire you and help generate ideas. I think 'help' is the key word here.

Personal development means exactly that, it's about me. I am the person who needs to act upon the excellent help and advice that I receive from the PCA.

If I don't, I'm just wasting time. Again!

A YEAR AFTER BEING RELEASED BY GLOUCESTERSHIRE, STEVE SNELL GOT AN UNEXPECTED OPPORTUNITY WITH SOMERSET IN THE CHAMPIONS LEAGUE TWENTY20



## CAREER FOCUS LORRY DRIVING

# KEEP ON TRUCKIN'

## CRICKETERS ARE USED TO BEING ON THE ROAD, BUT COULD IT BECOME THE CAREER FOR YOU?

Of course you can drive, but could you do it for a living? Thousands of people make a career from doing so and here's a glimpse at what it takes to make you road-worthy.

What do these three celebrities have in common... Chris Eubank, Sean Connery and Chris Tarrant? As random as it may seem, they all worked as lorry drivers before they were famous. Ideal for people that don't want to be stuck in an office all day, this job gets you driving and exploring the country - all in the name of work.

With a shortage of drivers and an industry keen to find more recruits and appeal to young drivers, there's never been a better time to consider a career as a lorry driver.

### SO, WHAT WILL I ACTUALLY BE DOING?

Working as a lorry driver, you will be responsible for the safe delivery of goods nationally or internationally, it's that simple.

As a lorry driver you can expect to:

- deliver shop or building materials (multi-drop deliveries)
- drive box container or curtain-sided vehicles
- drive tankers that contain liquids such as fuel or milk
- drive tankers that contain powders such as cement or flour
- transport livestock
- deliver temperature-controlled goods such as salads, flowers or frozen foods
- ensure goods are safely secured
- Keep your vehicle in good condition

- Load and unload the vehicle
- Take the quickest route to your destination, so map reading always an advantage

### THE NITTY GRITTY

Most drivers work for a manufacturer, distributor or road haulage firm. Working an average of 48 hours per week, drivers can't spend more than nine hours per day on the road, although they can work more hours if they're engaged in non-driving duties.

"There is more credit and satisfaction in being a first-rate truck driver than a tenth-rate executive." - B C Forbes

If you're a long-distance driver you may have to sleep in your cab, which will be equipped with a sleeping area so you can still get a decent night's snooze.

Experience will bring the opportunity to drive bigger loads further distances. Logistics covers a huge range of jobs and, with the right training and an in-depth knowledge of the industry, you could look at progressing to operations manager or distribution manager.

### MONEY, MONEY, MONEY

Newly-qualified drivers will start off with a salary in the region of £14k per year which can increase to £35k per year with experience.

## CAREER FOCUS LORRY DRIVING

### THE GOOD POINTS...

"The best thing is not having a boss breathing down your neck all the time and the freedom of the open road. Having to make decisions yourself and structure your day to suit the job is also rewarding," says Pat Nicholson from the Professional Driving Association.

### ...AND THE BAD

"The worst thing is the long, unsociable hours and the animosity we get from the general public when we're in their way."

### IS THERE STUDY INVOLVED?

You need to be aged 18 or over, have a clean driving license and pass a medical test to work as an LGV (large goods vehicle) driver. You'll also need to earn a few certificates, including holding a LGV licence in categories C

(smaller, rigid vehicles) or C+E (larger, articulated vehicles), and a Certificate of Professional Competence - a practical and theory test taken every five years to prove a driver's suitability. Basic motor maintenance skills would also be useful.

To find out more about the opportunities available, contact your Personal Development Manager

### OK, I'M INTERESTED... BUT IS IT REALLY THE JOB FOR ME?

You'll need to be self-motivated and happy to spend long periods of time alone as it's often just you and the road.

A love of driving is essential. If you hate being on the roads before you've even started the job, you'll hate it even more when you have to drive through the night. A keen awareness of health and safety issues is also a big advantage in this career.

## ROUTES INTO BECOMING A LORRY DRIVER

### WHAT YOU NEED TO DO TO BECOME A PROFESSIONAL DRIVER?

It is important that you have the correct training and instruction before taking your practical test and gaining a licence. A list of Driving Standards Agency (DSA) approved LGV training organisations and instructors is available on the Business Link website. To obtain a licence to drive a lorry you will have to pass the following tests:

- theory and hazard perception tests
- medical test
- practical driving test
- the Driver Certificate of Professional Competence (Driver CPC)

### WHAT LICENCE DO I NEED?

There are different classes of licence based on the maximum authorised mass (vehicle weight plus load) that you are carrying. The C1 licence is also known as a LGV (Large Goods Vehicle) licence and the C Licence is also known as a HGV (Heavy Goods Vehicle) licence.

You must be aged over 21 and hold a full (not provisional) category B entitlement (car) before you can take an LGV test. You may also need to add a trailer entitlement (+E) to your licence, so you'll need to hold the full category entitlement for the vehicle before you take the trailer test.

### WHAT ARE THE DIFFERENT CLASSES?

C1 - Lorries between 3500kg and 7500kg with a trailer up to 750kg.  
C1+E - Lorries between 3500kg and 7500kg with a trailer over 750 kg - total weight not more than 12000kg  
C - Vehicles over 3500 kg with a trailer up to 750 kg.  
C+E - Vehicles over 3500 kg with a trailer over 750 kg.  
For example, to drive an articulated vehicle, you would need to pass category C (LGV), and then pass category C+E (HGV) to obtain the required licence.

### HOW DO I GO ABOUT GETTING A LICENCE?

A lot of companies offer full training but just check that they are registered with and approved by the Driving Standards Agency (DSA). Some companies also offer training that will lead to employment with them. For both licences, you first have to pass medical and theory tests. After that, practical training is undertaken, usually in an intensive five-day block before your practical test. Once you have your licence you must then pass your Certificate of Professional Competence (CPC) Course, which is a legal requirement for all lorry drivers. If at any stage you lose your car licence you will also automatically lose your LGV licence.

### WHAT ARE THE COSTS?

C Class training courses cost on average £1,200 whilst C1 training costs around £900. You may also have to pay test fees on top if they are not included in the training package. The CPC costs around £150. LGV drivers usually earn between £25k and £28k per year, while HGV drivers can expect to earn slightly more, up to £30k per year.

### WHY BE A LORRY DRIVER?

Logistics is a huge industry – just think of the number of lorries you see on the road. Lorry driving suits those who don't want a 9am-5pm desk job, who are happy on their own and enjoy having time to think or listen to music. The downside is the long, often unsociable hours and possible long periods away from home.

### OTHER DRIVING JOBS

Driving instructor  
Taxi driver  
Bus or coach driver  
Community/school minibus driver  
Courier

### HELPFUL WEBSITES

[www.direct.gov.uk/en/Motoring/Drivingforaliving](http://www.direct.gov.uk/en/Motoring/Drivingforaliving)  
[www.dft.gov.uk/dsa](http://www.dft.gov.uk/dsa)  
[www.skillsforlogistics.org](http://www.skillsforlogistics.org)



# KEEPING IT IN THE COUNTY FAMILY

CLEVER USE OF FACEBOOK IS HELPING THE WARWICKSHIRE OLD COUNTY CRICKETERS' ASSOCIATION REACH PLENTY OF NEW FACES IN JUST A FEW MONTHS. HERE'S HOW...

Every PCA member feels a special bond to their former county. Whether it's making your debut, taking your first 'five-fer' or receiving your county cap, the memories of times shared in dressing rooms up and down the country are unique and long-lasting.

But it can be all too easy to lose touch with your old team-mates if you don't know where to turn for information. Thankfully, the PCA's hard work in reaching out to former players is bearing fruit, with a number of county past player societies leading the way in bringing former professionals back together.

The success of the PCA's Past Player Days in recent seasons demonstrates what can be achieved with support and enthusiasm from members. Something as simple as getting in touch with old friends and passing on contact details is all that's needed to get the ball rolling, and the baton has been willingly taken up by enterprising individuals like ex-Gloucestershire wicketkeeper Andy Brassington and Keith Cook, Cricket Operations Manager at Warwickshire.

Cook helps runs the Warwickshire Old County Cricketers' Association

alongside PCA Deputy Chief Executive Jason Ratcliffe. WOCCA now have more than 170 members on Facebook, with the social networking site proving a valuable tool to spread information about meetings, matches and their annual golf day.

Said Cook: "WOCCA has been running since 1958 and I think it's fair to say it's one of the stronger old player societies on the county scene.

"The Facebook page was only set up at the end of 2011 but has grown very quickly, driven by Jason's input and the enthusiasm of the members.

"We've got links on there to videos of the 1993-94 Championship-winning sides that are on Youtube and it's definitely something that has been self-perpetuating. Allan Donald actually found out about it while he was with New Zealand as their bowling coach, and sent a message through to wish everyone well."

It all goes to show that just like in their playing days, a strong team working together for a common goal will achieve great things.



# STANDING TO BENEFIT

BEYOND THE BOUNDARIES PROFILES THE EIGHT WORTHY  
CRICKETERS AWARDED A BENEFIT OR TESTIMONIAL IN 2012,  
ALONG WITH THE CHARITIES OF THEIR CHOICE.

### **JAMES ANDERSON** **LANCASHIRE**

England's premier strike bowler has been picking up famous scalps since his first-class debut for Lancashire at the age of 19 (Mark Ramprakash lbw for a first ball duck) after being plucked from league cricket with Burnley CC. On course to overtake Sir Ian Botham as England's leading wicket-taker in Tests by the time he retires. His chosen charities are Activate Sport Foundation, Nordoff Robbins and Chance to Shine.

### **NEIL CARTER** **WARWICKSHIRE**

The PCA Player of the Year for 2010, Carter seems to have got better with age. In more than 100 first-class appearances, the 37-year-old all-rounder has topped 300 wickets and is closing in on 3,000 runs. With ball in hand, he has developed his swing bowling after starting out as a fast bowler while, with the bat, the South African-born player's destructive hitting has often seen him promoted to the top of the order as a pinch hitter. Carter is backing the PCA Benevolent Fund and Marie Curie Cancer Care.

### **ROBERT CROFT** **GLAMORGAN**

The only player in Glamorgan's history to have taken more than 1,000 wickets and scored more than 10,000 runs in first-class cricket, Croft (pictured right) may turn 42 in May - Jive Bunny was at number one when he made his Glamorgan debut in August 1989 - but still intends to play on for two more years. He's supporting Velindre Cancer Trust during his testimonial.

### **ALEX GIDMAN** **GLOUCESTERSHIRE**

The current Gloucestershire county captain struck 67 on his first-class debut after coming through their youth set-up along with brother Will, and has passed 1,000 runs on four occasions since. Named captain of England A for their tour of India in 2003-2004, he can name two C&G Trophy Final victories at Lord's among his career highlights. The Lord's Taverners and The Pied Piper Appeal are to benefit from his backing.

### **GERAINT JONES** **KENT**

Wicketkeeper-batsman Jones was a key member of the side that ended England's long losing streak against Australia by winning back the Ashes in 2005. The 35-year-old returned

to the country of his birth, Papua New Guinea, earlier this year to play for them in ICC World Twenty20 qualifiers. Has almost 7,500 and 500 victims to his name in first-class cricket and in July 2006 set a world best of having batted in 46 innings without making a duck. He's helping the PCA Benevolent Fund and The Neuroblastoma Society.

### **MATT MASON** **WORCESTERSHIRE**

The strapping seamer was forced to announce his retirement in June last year due to a shoulder injury, but not before taking 314 first-class wickets in 98 games in a decade of service after being persuaded to join the club's staff by Tom Moody. Mason (right) will be helping to develop the next generation of talent at New Road from his position as the county's bowling coach. The Worcestershire Breast Unit Campaign is his chosen testimonial charity.

### **GRAHAM NAPIER** **ESSEX**

The big-hitting all-rounder set several records in his Twenty20 Cup knock of 152 not out from 58 balls, including the highest T20 innings in England, the highest number of sixes (16), the most runs scored in boundaries (136) and the most sixes in a domestic one-day innings. The 32-year-old has added more than 3,700 runs in first-class games, not to mention taken 238 wickets. Napier is backing the Royal British Legion and the PCA Benevolent Fund.

### **MATT PRIOR** **SUSSEX**

A fixture in the England Test side as a fast-scoring wicketkeeper-batsman, Prior has spent most of the winter touring with England for series against Pakistan and Sri Lanka. Became the first English wicketkeeper to hit a century on debut in early 2007 with 126 against the West Indies at Lord's, and has gone on to pass 2,500 runs at the top level in addition to more than 150 dismissals. Prior is getting behind Chestnut Tree House and the PCA Benevolent Fund.

RIGHT PAGE  
(CLOCKWISE  
FROM TOP LEFT):  
ALEX GIDMAN,  
GRAHAM  
NAPIER, MATT  
PRIOR, JAMES  
ANDERSON,  
NEIL CARTER,  
GERAINT JONES









## DRESSING ROOM NOTICES



### Support your peers

Four beneficiaries will be contributing to the PCA Benevolent Fund this season. Thanks to Neil Carter, Geraint Jones, Graham Napier and Matt Prior for supporting the worthy cause, which supports all players past and present in times of trouble.

Help by raising money and awareness - contact Jason Ratcliffe on **07768 558 050**



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### NATWEST PCA AWARDS DINNER

THURSDAY 20TH SEPTEMBER  
BATTERSEA EVOLUTION



### PCA Masters Fixtures

**Thursday 24th May**

MCC Corporate challenge, Lord's  
**May (TBC)**

Liverpool CC, Liverpool

**Thursday 7th June**

Compass Corporate six-a-side, Kia Oval

**Monday 11th June**

Hampshire CCC, Newclose, Isle of Wight

**Wednesday 14th June**

Normandy CC, Normandy, Surrey

**Wednesday 4th July**

St Cross CC, Winchester

**Thursday 5th July**

Cornwall CCC, Truro

**Wednesday 25th July**

PCA Garden Party, Hurlingham Club

**Friday 27th July**

Stamford School, Stamford

**Tuesday 31st July**

Guiseley CC, nr Leeds

**Thursday 23rd August**

Ipswich CC, Ipswich

**Tuesday 4th September**

Sheffield Collegiate, Sheffield

[thepca.co.uk/pca\\_masters](http://thepca.co.uk/pca_masters)

### Travel Policy

Applicable to current and full PCA members, there have been important changes to the PCA Travel Policy.

**Key points:**

**24-hour Emergency Number is now +44 (0)208 763 3155**

**The policy number is now RKK806998**

Visit: [www.thepca.co.uk/travel\\_policy](http://www.thepca.co.uk/travel_policy)

**Skin Clinic**  
Past players are eligible for skin and mole checks at a discounted rate of £70 at their local skin clinics

Contact Ali Prosser for more: 07769 880 888  
[aprosser@thepca.co.uk](mailto:aprosser@thepca.co.uk)

### Past Player Days

Next PCA Player Day - Cheltenham, 12th July  
Contact Ali Prosser for info  
e: [aprosser@thepca.co.uk](mailto:aprosser@thepca.co.uk)  
t: 07769 880888



### ADIDAS EYEWEAR

adidas Eyewear has teamed up with the PCA to offer all members an exclusive 50% off RRP.

To find out more, contact Karren Hudswell on [k.hudswell@adidas-ep.com](mailto:k.hudswell@adidas-ep.com) or 020 8987 2448

### County Cricketers' Golf Society

Renew old friendships, play on great courses across the country and raise funds for the PCA Benevolent Fund. Membership just £10 a year. Find out more from Graham Cottrell, Honorary Secretary  
t: 01280 822 624  
e: [g.cottrell@homecall.co.uk](mailto:g.cottrell@homecall.co.uk)  
w: [thepca.co.uk/4712](http://thepca.co.uk/4712)



### Got a story to tell?

Any funny tales from the dressing room? The PCA are looking to commission a compilation of stories for a book. Proceeds would go to the PCA Benevolent Fund.

Give Jason Ratcliffe a call - 07768 558 050



## PCA Negotiator

Jason Ratcliffe and Ian Smith have assisted over 160 players to negotiate their contracts in the last two years - from making a simple phone call through to full negotiation. Call **Jason or Ian** for more.

**Ian Smith**  
Legal Director

Mobile: 07798 698 201  
Email: ismith@thepca.co.uk



**Angus Porter**  
Chief Executive

Mobile: 07584 262 083  
Email: aporter@thepca.co.uk

**Jason Ratcliffe**  
Assistant Chief Executive

Mobile: 07768 558 050  
Email: jratcliffe@thepca.co.uk



## Members offers password

[www.thepca.co.uk/member\\_offers](http://www.thepca.co.uk/member_offers)

User name: pca  
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[www.thepca.co.uk/job\\_opportunities](http://www.thepca.co.uk/job_opportunities)

### Budding Journos

Fancy having your work published?

The PCA is looking for contributors to their website now - call Jason Ratcliffe to find out more on 07768 558 050.

**FTI MVP Rankings** - last year's final tables - who's going to win in 2012?

**England** - [www.thepca.co.uk/mvp-11](http://www.thepca.co.uk/mvp-11)

**County** - [www.thepca.co.uk/county-mvp-teams-11](http://www.thepca.co.uk/county-mvp-teams-11)

**BENEVOLENT FUND GOLF DAY**  
WOBURN GOLF CLUB,  
MONDAY 24TH SEPTEMBER

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## MIA

Anyone got contact details?

Nicholas Paul Harvey

Born 21st November 1973

Played for: Berkshire (2001)

David James Jonathan Thompson

Born 11th March 1976

Played for: Surrey (1994), Essex (1999-2000)

Lawrence Kilner Smith

Born 6th January 1964

Played for: Worcestershire (1985-1987)

Contact Ali Prosser with info  
e: [aprosser@thepca.co.uk](mailto:aprosser@thepca.co.uk)  
t: 07769 880888



## BURNS, M

**B** FORMER SOMERSET CAPTAIN MIKE BURNS RETIRED AT THE END OF THE 2005 SEASON BUT WILL SOON BE BACK ON THE COUNTY CIRCUIT AS A FIRST-CLASS UMPIRE, HAVING BEEN PROMOTED TO THE RESERVE LIST THIS SUMMER. HERE IS HIS PAST PLAYER STORY.

### LEAVING THE GAME?

I was in my benefit year at Somerset in 2005 and the Twenty20 Cup was about to begin when I pulled my hamstring - probably only the second injury of my career. Brian Rose, the Director of Cricket, opted to go with some younger players and I found myself out of the side. I played a few more games later in the summer but decided to retire at the end of the season. I was a bit disappointed at the time, as I felt I still had more to offer - but there you go, these things happen.

### CAREER HIGHLIGHTS?

I played in three Lord's finals but to be honest, the home semi-finals are just as memorable to me. Seeing a full house at the County Ground with everyone cheering you on was special - so beating Surrey's team of 10 internationals in 1999, and my old county Warwickshire in 2001, was great.

### CAREER LOW?

I suppose being eased out at the end of my career (above). Captaincy in 2003 and 2004 wasn't easy, as the team were struggling at the time - but my memories are by and large positive.

### ANY REGRETS?

Looking back on it, I think I could have done a bit more with my talent. Growing up, I had never really spent time watching county cricket and establishing what it took to be successful. I started at Warwickshire and was just delighted to be part of the squad and playing Second XI cricket, rather than really pushing for first team selection.

### WHAT DO YOU DO NOW?

I was fortunate that the bat manufacturers Bradbury Cricket are based at Taunton. I joined them as a salesman. I learned a lot from getting out of my comfort zone and working in a business environment. But umpiring was always on the agenda and after I finished at Bradbury in 2009, I did the Umpiring Level 1 and 2 courses, umpired as many matches as I could with the Somerset Academy, Second XI and with the England Performance Programme and have found myself being pushed through the ranks to the first-class reserve list for this season. I think the ECB are keen to have as many former professionals on the umpiring panel as possible. I also do some coaching with the Somerset Academy.

### BEST FRIEND IN THE GAME?

I've made plenty, but I'd have to say Graeme Welch, who I bonded with as soon as I joined Warwickshire, and Darren Benness, the Strength and Conditioning Coach at Somerset.

### BEST PLAYER IN YOUR TIME?

I was fortunate to play alongside or against players like Brian Lara, Ricky Ponting, Mushtaq Ahmed, and Graeme Smith, so there's a few to choose from. But I do remember Mike Hussey as one of the worst to play against - he got a double and a triple hundred for Northants against us at the County Ground, and it felt like we would never get him out. With the ball, Andy Caddick had everything - pace, bounce, seam and swing - and having spent plenty of time at short leg for him, I got to see him at work up close, which was a pleasure.

### CAREER FUNNY?

I remember Mushtaq got into a running argument with Neil Killeen one year when Somerset were up at Durham. There was plenty of chatter going on between them when Mushtaq hit 'Killer' out to square leg. He continued jabbering away at Neil and eventually ended being run out by about half the pitch, going for a third - all because he'd been looking at Neil rather than the ball!





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